

INTERACTIVE PDF

STRIDE
ONE STEP AHEAD | [STRIDEEUROPE.COM](https://www.strideeurope.com)

CATALOGUE 2022

ALL PRICES EXCLUDE VAT



INTERACTIVE PDF

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ROYAL ANTWERP FC
Antwerp (BE)



TURF: Tufted 65m x 6m
Liquid floor: Epoxy





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ONE STEP



ABOUT US

AHEAD.



STRIDE provides the finest gym equipment and builds high-end training facilities for elite teams and professionals in the movement industry. Don't let our branding daunt you though, we cherish every customer. From home workout aficionado to mass gym owner, we've got you covered.

No matter your aim, we can step up your game.

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MOBILITY



BALANCE PAD

Art. Nr.	Item	Price
STR-BALPAD	STRIDE Balance Pad	€46,17

Soft foam cushion used for stability, support and rehabilitation



SPECS

Size: 49cm x 36cm x 6cm
Material: PU foam

ADJUSTABLE WOODEN SLANT BOARD

Art. Nr.	Item	Price
STR-ADJWDSLANT	STRIDE Adjustable Wooden Slant Board	€106,13

Adaptable stretching board with antislip surface



SPECS

Size: 180cm x 60cm x 1cm
4 positions

SLIDING DISCS

Art. Nr.	Item	Price
STR-SLIDEDISCS	STRIDE Sliding Discs	€19,40

Designed for use with hands or feet, on almost any type of surface.



DUO BALL

Art. Nr.	Item	Price
STR-DUOBALL	STRIDE Duo Ball	€16,58

Compact massage roller for targeted trigger point massage along the spine.



SPECS

Size: 15,24cm/6 inch
Material: Silicone

LACROSSE BALL

Art. Nr.	Item	Price
STR-LACRBLACK	STRIDE Lacrosse ball black	€4,53
STR-LACRBLUE	STRIDE Lacrosse ball blue	€4,53
STR-LACRYELLOW	STRIDE Lacrosse ball yellow	€4,53



SPECS

Size: ø 6,4cm
Weight: 150gr
Material: Rubber / Silicone

DEEP ROLLER

Art. Nr.	Item	Price
STR-DEEPROLL	STRIDE Deep Roller	€34,21

Massage roller for intense triggerpoint application



SPECS

Size: 45cm x 13cm
Weight: 1kg
Material: EVA + PVC

EXERCISE MAT (WITHOUT HOLES)

Art. Nr.	Item	Price
STR-EXMAT	STRIDE Exercise Mat (without holes)	€27,84
STR-EXMATHO	STRIDE Exercise Mat (with holes)	€27,45

Comfortable and light mat for all-purpose exercises



SPECS

Size: 180cm x 60cm x 1cm
Material: PU foam

BALANCE DOME

Art. Nr.	Item	Price
STR-BALDOME	STRIDE Balance Dome	€198,00

A versatile tool to improve body stability, balance and strength



SPECS

Size: ø 63cm
64cm x 64cm x 14cm
Weight: 8kg

BALANCE BALL

Art. Nr.	Item	Price
STR-BALBALL	STRIDE Balance Ball	€33,98

Exercise Ball to improve your torso strength, balance and posture



SPECS

Size: 65cm

AB MAT

Art. Nr.	Item	Price
STR-ABMAT	STRIDE Ab Mat	€22,73

The perfect support for the correct and back-friendly execution of abdominal muscle training



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MOVEMENT



WOODEN PLYO BOX (SMALL)

Art. Nr.	Item	Price
STR-PLYWOODS	STRIDE Wooden Plyo Box (small)	€109,90
STR-PLYWOODR	STRIDE Wooden Plyo Box (regular)	€125,59

Small Wooden Plyo Box
Dimensions: 40 x 30 x 36 cm

Regular Wooden Plyo Box
Dimensions: 51 x 61 x 76 cm



SOFT 3-IN-1 PLYO BOX

Art. Nr.	Item	Price
STR-PLYOSOFT3IN1	STRIDE Soft 3-in-1 Plyo Box	€175,87

3-in-1 versatility soft plyo box
for all kinds of step- and jump
exercises



SPECS

Size: 90cm x 75cm
Height: 15cm / 30cm /
45cm / 60cm
Weight: 3 kg / 5kg /
9kg / 11kg
Material:
PVC cover + EPE inside

SOFT PLYO BOX SET

Art. Nr.	Item	Price
STR-PLYOSOFTSET	STRIDE Soft Plyo Box SET (15, 30, 45 and 60cm)	€749,00

4 stackable soft boxes for step
and jump exercises





SAFETY TUBE

Art. Nr.	Item	Price
STR-SAFTUBL	STRIDE Safety Tube Yellow (Light)	€15,83
STR-SAFTUBM	STRIDE Safety Tube Green (Medium)	€18,40
STR-SAFTUBH	STRIDE Safety Tube Black (Heavy)	€22,45



TACTICAL VEST 5,5KG

Art. Nr.	Item	Price
STR-TACTVEST55	STRIDE Tactical Vest 5,5kg	€148,83
STR-TACTVEST75	STRIDE Tactical Vest 7,5kg	€162,23
STR-TACTVEST95	STRIDE Tactical Vest 9,5kg	€171,22

Weight vest with velcro straps and extra padding



AGILITY LADDER

Art. Nr.	Item	Price
STR-AGILLAD	STRIDE Agility Ladder	€34,15

The STRIDE Agility ladder is ideal for use during warming-up and for fitness, coordination and agility training



SPECS
Length: 4m



WOODEN GYM RINGS (PAIR)

Art. Nr.	Item	Price
STR-WOODRING	STRIDE Wooden Gym Rings (pair)	€68,20



SPECS

Size: ø 24cm
 Max load: 400kg
 Strap size: 3,8cm x 5m

SUSPENSION TRAINER

Art. Nr.	Item	Price
STR-SUSPTRAIN	STRIDE Suspension Trainer	€163,90



SPECS

Rubber handles

SUSPENSION ANCHOR

Art. Nr.	Item	Price
STR-SUSPANCH	STRIDE Suspension Anchor	€36,03



SPECS

Size: 21cm x 12,5cm x 20,5cm
 Comes with bolts



MOVEMENT

PLOW SLED

Art. Nr.	Item	Price
STR-PLOWSLED	STRIDE Plow Sled	€356,48



SPECS

Size: 118cm x 83cm

Weight: 30kg

TORQUE ENDLESS ROPE TRAINER

Art. Nr.	Item	Price
GYB-TORQUEROPE	Torque Endless Rope Trainer	€1.249,00



TORQUE TANK M4 GROUP TRAINER

Art. Nr.	Item	Price
GYB-TORQUETANK	Torque Tank M4 Group Trainer (with performance handles)	€2.350,00







BATTLE ROPE

Art. Nr.	Item	Price
STR-BATROPE	STRIDE Battle Rope	€126,15

High quality rope for effective fat burning and increased endurance

9m long, 18kg



SPECS

Full Length: 9m

Material: Terylene with nylon strap

BATTLE ROPE HOLDER

Art. Nr.	Item	Price
STR-ROPEHOLD	STRIDE Battle Rope Holder	€39,47

This wall-mounted hanger enables you to store your battle rope on the wall which saves you a lot of space.



BATTLE ROPE ANCHOR

Art. Nr.	Item	Price
STR-ROPEANCH	STRIDE Battle Rope Anchor	€24,95



COMES
WITH
BOLTS



MOVEMENT

AQUALINE AQUABAG M (BLACK)

Art. Nr.	Item	Price
UI-AQUABAGM	Aqualine Aquabag M (black)	€112,31



AB WHEEL

Art. Nr.	Item	Price
STR-ABWHEEL	STRIDE Ab Wheel	€60,76

Exercise wheel for training your entire body with handles for hands and feet



STEP UP

Art. Nr.	Item	Price
STR-STEPUP	STRIDE Step Up	€107,50

The perfect addition to individual fitness training and variable step aerobics



EACH STEP CAN BE ADJUSTED TO 3 HEIGHTS

15cm



20cm



25cm



RESISTANCE BANDS

Art. Nr.	Item	Price
STR-BAND6XXS	STRIDE Resistance Band XXS Orange (6kg; 6,4mm)	€3,80
STR-BAND9XS	STRIDE Resistance Band XS Red (9kg; 13mm)	€7,55
STR-BAND20S	STRIDE Resistance Band S Purple (20kg; 22mm)	€11,90
STR-BAND225M	STRIDE Resistance Band M Green (22,5kg; 32mm)	€18,15
STR-BAND24L	STRIDE Resistance Band L Black (24kg; 45mm)	€25,40
STR-BAND28XL	STRIDE Resistance Band XL Blue (28kg; 64mm)	€36,70

RESISTANCE BAND SET

Art. Nr.	Item	Price
STR-BANDSET	STRIDE Resistance Band SET	€93,15

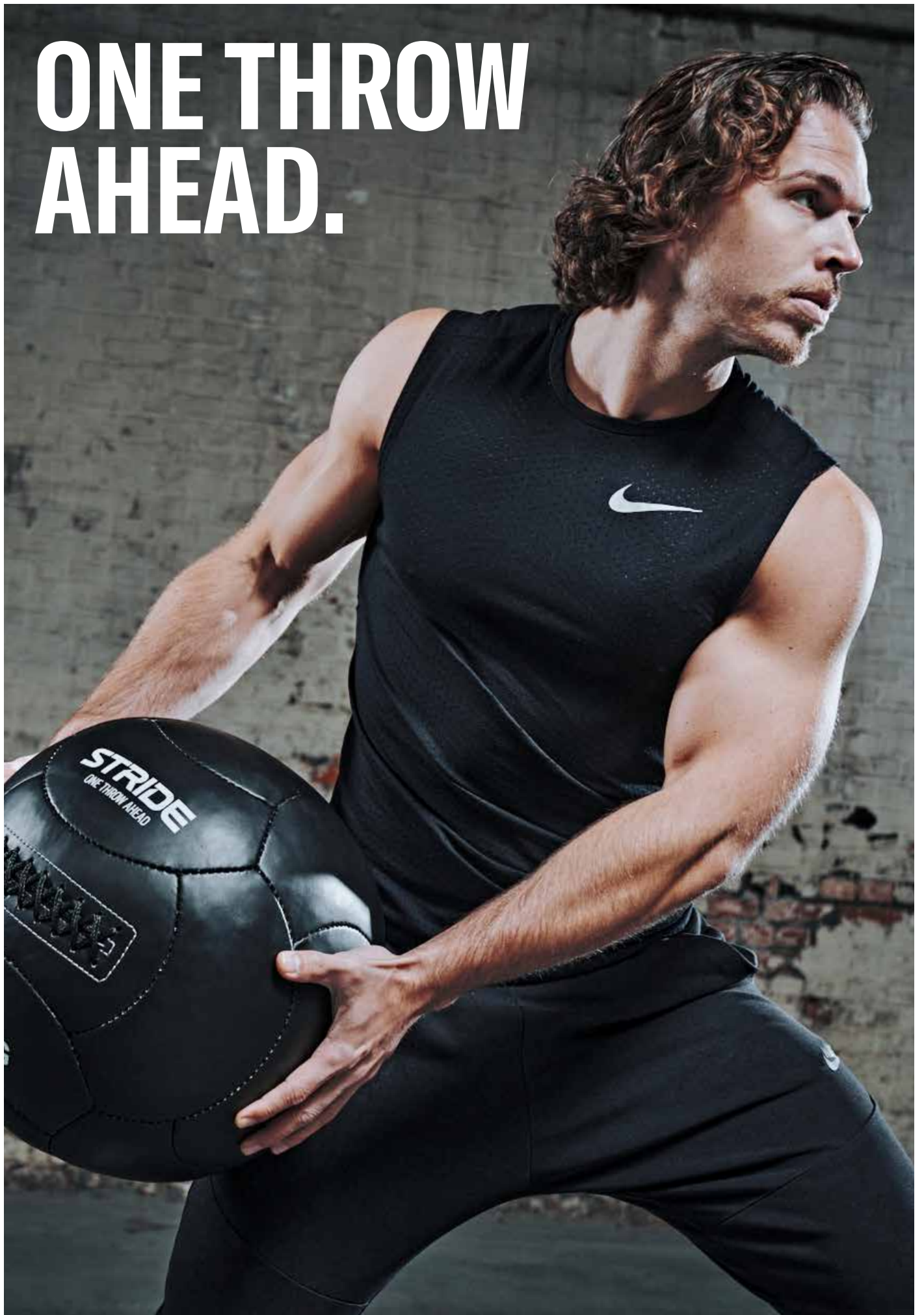


MINI BANDS

Art. Nr.	Item	Price
STR-MINIBGR	STRIDE Mini Band Extra Light (GREEN) set of 10	€33,01
STR-MINIBBLU	STRIDE Mini Band Light (BLUE) set of 10	€37,82
STR-MINIBYEL	STRIDE Mini Band Medium (YELLOW) set of 10	€42,31
STR-MINIBRED	STRIDE Mini Band heavy (RED) set of 10	€46,22
STR-MINIBBLA	STRIDE Mini Band extra heavy (BLACK) set of 10	€52,33



ONE THROW AHEAD.



SLAM BALL (4KG)

Art. Nr.	Item	Price
STR-SLAMBALL4	STRIDE Slam Ball (4kg)	€23,56
STR-SLAMBALL6	STRIDE Slam Ball (6kg)	€27,49
STR-SLAMBALL8	STRIDE Slam Ball (8kg)	€29,00
STR-SLAMBALL10	STRIDE Slam Ball (10kg)	€31,00
STR-SLAMBALL12	STRIDE Slam Ball (12kg)	€33,00
STR-SLAMBALL15	STRIDE Slam Ball (15kg)	€48,00
STR-SLAMBALL20	STRIDE Slam Ball (20kg)	€69,03
STR-SLAMBALLSET1	STRIDE Slam Ball SET 1 (7pcs; 4kg - 20kg)	€261,09
STR-SLAMBALLSET2	STRIDE Slam Ball SET 2 (5pcs; 4kg - 12kg)	€144,06

Extra resistant and grippy, developed for throwing exercises



SPECS
Material: PVC
Sand inside

WALL BALL (3KG)

Art. Nr.	Item	Price
STR-WALLBALL3	STRIDE Wall Ball (3kg)	€60,50
STR-WALLBALL5	STRIDE Wall Ball (5kg)	€78,86
STR-WALLBALL7	STRIDE Wall Ball (7kg)	€89,78
STR-WALLBALL9	STRIDE Wall Ball (9kg)	€99,67
STR-WALLBALLSET	STRIDE Wall Ball SET (3, 5, 7 and 9kg)	€328,80

Wall Balls are made for high-speed, high-intensity and explosive trainings



SPECS
Material: High quality PVC
Rubber inside

ELITE MEDICINE BALL (2KG)

Art. Nr.	Item	Price
STR-ELMEDBALL2	STRIDE Elite Medicine Ball (2kg)	€65,00
STR-ELMEDBALL4	STRIDE Elite Medicine Ball (4kg)	€75,00
STR-ELMEDBALL6	STRIDE Elite Medicine Ball (6kg)	€85,00
STR-ELMEDBALL8	STRIDE Elite Medicine Ball (8kg)	€95,00
STR-ELMEDBALL10	STRIDE Elite Medicine Ball (10kg)	€105,00
STR-ELMEDBALL12	STRIDE Elite Medicine Ball (12kg)	€65,00
STR-ELMEDBALLSET	STRIDE Elite Medicine Ball SET (Set of 6 balls; 2kg-12kg)	€540,00



NEW!
LED SLAM WALL
WITH INDIRECT
LIGHT



LED SLAM WALL 2M X 2M

Art. Nr.	Item	Price
STR-LEDWL2x2	STRIDE LED Slam Wall 2m x 2m	€967,00
STR-LEDW2x3	STRIDE LED Slam Wall 2m x 3m	€1.234,00

Watch out:
No noise or
vibration reduction
guaranteed.

SPECS
depth: 2 cm
dimensions:
2x2m or 3x2m
with custom logo

TACTICAL BAG

Art. Nr.	Item	Price
STR-TACTBAG	STRIDE Tactical Bag	€89,00



SPECS
Content: 75L
Water resistant

TRAINING CONE

Art. Nr.	Item	Price
STR-TRAINCONEGREEN	STRIDE Training Cone Blue (5pcs)	€38,28
STR-TRAINCONERED	STRIDE Training Cone Orange (5pcs)	€38,28

Training cones are an indispensable companion for a creative, varied and performance-oriented training



SPECS
Height: 23cm
Size: ø 17cm

BANANA SPEED HURDLE

Art. Nr.	Item	Price
STR-HURDLE6	STRIDE Banana Speed Hurdle 6" (1pc)	€9,00
STR-HURDLE9	STRIDE Banana Speed Hurdle 9" (1pc)	€11,00
STR-HURDLE12	STRIDE Banana Speed Hurdle 12" (1pc)	€13,00
STR-HURDLE15	STRIDE Banana Speed Hurdle 15" (1pc)	€16,00

STRIDE Hurdles are great for plyometric training and a wide variety of speed, coordination, and agility work

6" = 15.24cm in height
9" = 22.86cm in height
12" = 30.48cm in height
15" = 38.10cm in height

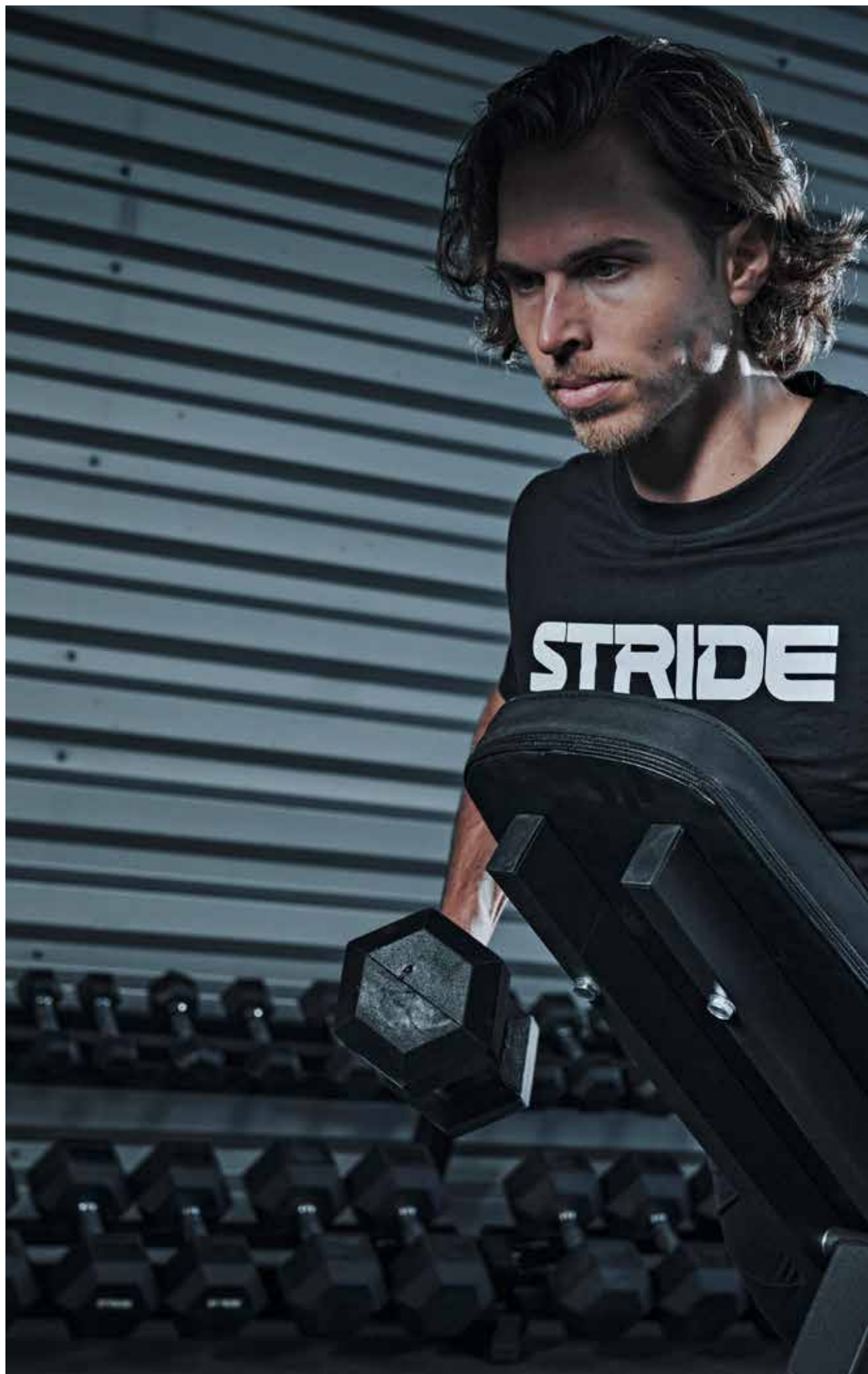




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STRENGTH



INCLINE/DECLINE BENCH

Art. Nr.	Item	Price
STR-INCDECBENCH	STRIDE Incline/Decline Bench	€535,47



FLAT BENCH

Art. Nr.	Item	Price
STR-FLATBENCH	STRIDE Flat Bench	€195,30



HEX RUBBER DUMBBELL

Art. Nr.	Item	Price
STR-HEXDB10-PAIR	STRIDE Hex Rubber Dumbbell (pair; 1kg)	€9,00
STR-HEXDB20-PAIR	STRIDE Hex Rubber Dumbbell (pair; 2kg)	€20,00
STR-HEXDB25-PAIR	STRIDE Hex Rubber Dumbbell (pair; 2,5kg)	€18,67
STR-HEXDB30-PAIR	STRIDE Hex Rubber Dumbbell (pair; 3kg)	€27,50
STR-HEXDB40-PAIR	STRIDE Hex Rubber Dumbbell (pair; 4kg)	€37,50
STR-HEXDB50-PAIR	STRIDE Hex Rubber Dumbbell (pair; 5kg)	€35,16
STR-HEXDB60-PAIR	STRIDE Hex Rubber Dumbbell (pair; 6kg)	€55,00
STR-HEXDB70-PAIR	STRIDE Hex Rubber Dumbbell (pair; 7kg)	€65,00
STR-HEXDB75-PAIR	STRIDE Hex Rubber Dumbbell (pair; 7,5kg)	€50,67
STR-HEXDB80-PAIR	STRIDE Hex Rubber Dumbbell (pair; 8kg)	€75,00
STR-HEXDB90-PAIR	STRIDE Hex Rubber Dumbbell (pair; 9kg)	€86,00
STR-HEXDB100-PAIR	STRIDE Hex Rubber Dumbbell (pair; 10kg)	€70,31
STR-HEXDB125-PAIR	STRIDE Hex Rubber Dumbbell (pair; 12,5kg)	€85,33
STR-HEXDB150-PAIR	STRIDE Hex Rubber Dumbbell (pair; 15kg)	€101,33
STR-HEXDB175-PAIR	STRIDE Hex Rubber Dumbbell (pair; 17,5kg)	€117,33
STR-HEXDB200-PAIR	STRIDE Hex Rubber Dumbbell (pair; 20kg)	€133,33
STR-HEXDB225-PAIR	STRIDE Hex Rubber Dumbbell (pair; 22,5kg)	€152,00
STR-HEXDB250-PAIR	STRIDE Hex Rubber Dumbbell (pair; 25kg)	€168,00
STR-HEXDB275-PAIR	STRIDE Hex Rubber Dumbbell (pair; 27,5kg)	€178,67
STR-HEXDB300-PAIR	STRIDE Hex Rubber Dumbbell (pair; 30kg)	€200,00

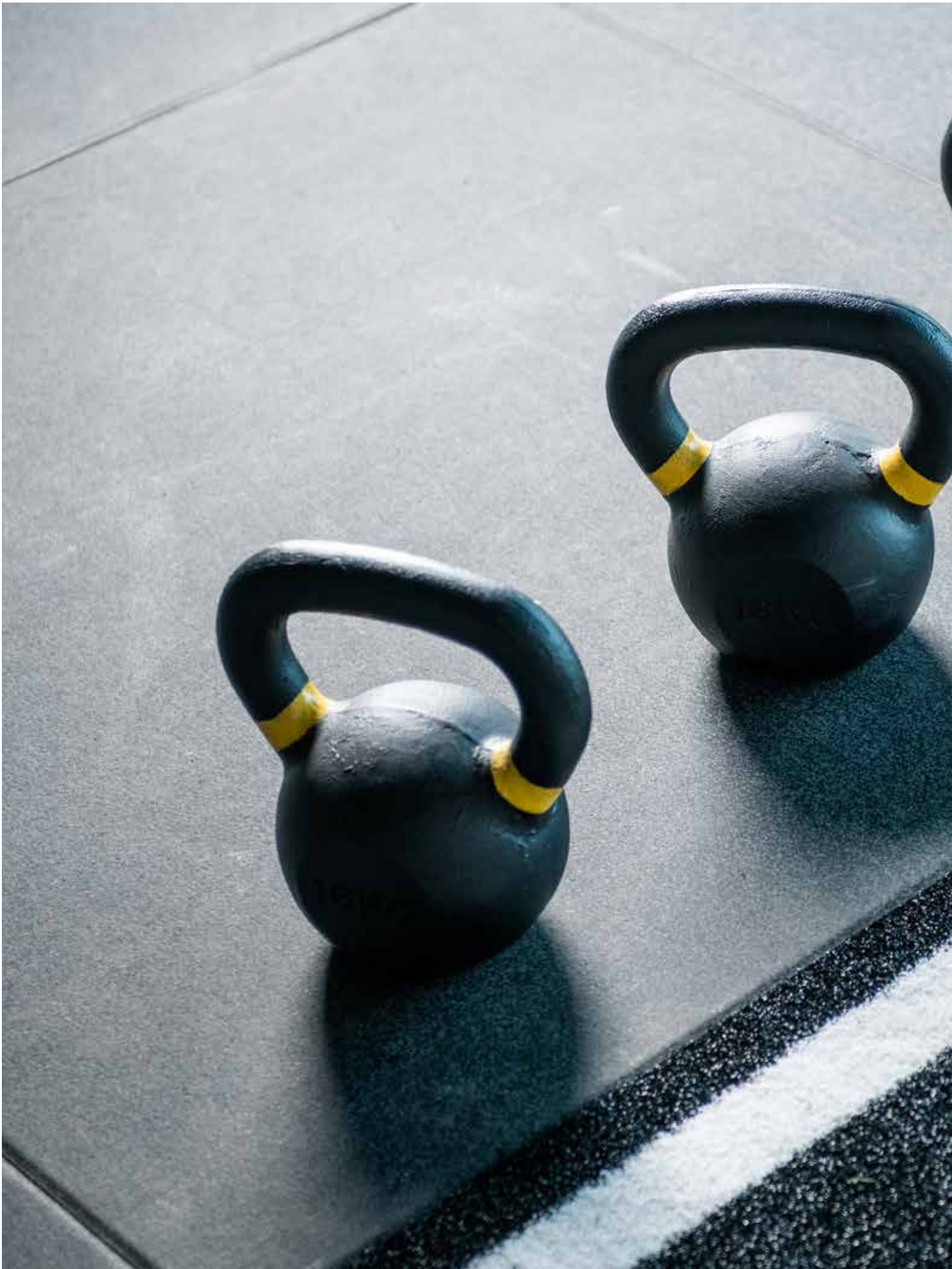
STR-HEXDBSET1	STRIDE Hex Rubber Dumbbell SET 1 (set of 10 pairs; 1kg-10kg)	€480,47
STR-HEXDBSET2	STRIDE Hex Rubber Dumbbell SET 2 (set of 8 pairs; 2,5kg-20kg)	€612,14
STR-HEXDBSET3	STRIDE Hex Rubber Dumbbell SET 3 (set of 12 pairs; 2,5kg-30kg)	€1.310,80





**CHECK OUT OUR
STORAGE SECTION
FOR DUMBBELL RACKS**





BLACK IRON KETTLEBELL

Art. Nr.	Item	Price
STR-BLACKKB4	STRIDE Black Iron Kettlebell (4kg)	€15,00
STR-BLACKKB6	STRIDE Black Iron Kettlebell (6kg)	€22,50
STR-BLACKKB8	STRIDE Black Iron Kettlebell (8kg)	€30,00
STR-BLACKKB10	STRIDE Black Iron Kettlebell (10kg)	€37,50
STR-BLACKKB12	STRIDE Black Iron Kettlebell (12kg)	€45,00
STR-BLACKKB16	STRIDE Black Iron Kettlebell (16kg)	€60,00
STR-BLACKKB20	STRIDE Black Iron Kettlebell (20kg)	€72,50
STR-BLACKKB24	STRIDE Black Iron Kettlebell (24kg)	€87,50
STR-BLACKKB28	STRIDE Black Iron Kettlebell (28kg)	€102,50
STR-BLACKKB32	STRIDE Black Iron Kettlebell (32kg)	€117,50
STR-MOLKBSET	STRIDE Molded Kettlebell SET (set of 9pcs 4kg - 32kg)	€644,55



MOLDED KETTLEBELL (4KG)

Art. Nr.	Item	Price
STR-MOLKB4	STRIDE Molded Kettlebell (4kg)	€17,41
STR-MOLKB6	STRIDE Molded Kettlebell (6kg)	€27,99
STR-MOLKB8	STRIDE Molded Kettlebell (8kg)	€34,82
STR-MOLKB12	STRIDE Molded Kettlebell (12kg)	€52,23
STR-MOLKB16	STRIDE Molded Kettlebell (16kg)	€69,64
STR-MOLKB20	STRIDE Molded Kettlebell (20kg)	€84,15
STR-MOLKB24	STRIDE Molded Kettlebell (24kg)	€101,56
STR-MOLKB28	STRIDE Molded Kettlebell (28kg)	€118,97
STR-MOLKB32	STRIDE Molded Kettlebell (32kg)	€137,77
STR-MOLKBSET	STRIDE Molded Kettlebell SET (set of 9pcs 4kg - 32kg)	€644,55

**CHECK OUT OUR
STORAGE SECTION
FOR KETTLEBELL RACKS**





ADJUSTABLE SINGLE LEG SQUAT STAND

Art. Nr.	Item	Price
EF-20-08991	EF Adjustable single leg squat stand	€330,00



POWERBLOCK PRO EX

Art. Nr.	Item	Price
FIT-PBPROSET2	PowerBlock Pro EXP Set 5-70 (1-32kg)	€799,00



GLUTE HAM BUILDER

Art. Nr.	Item	Price
STR-GLUTEHAM	STRIDE Glute Ham Builder	€1.088,76

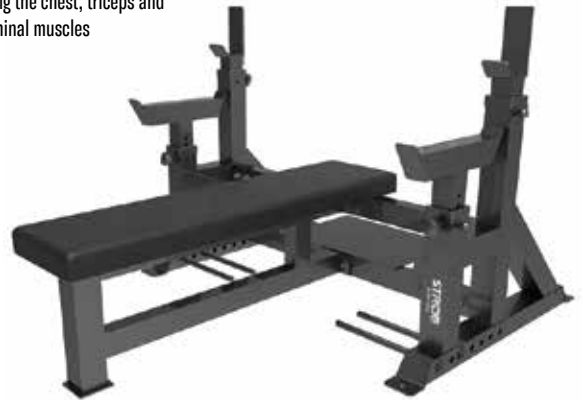
SPECS
 Length: 197cm
 Width: 91cm
 Height: 132cm
 Weight: 67kg



BENCH PRESS

Art. Nr.	Item	Price
STR-BENCHPRESS	STRIDE Bench Press	€757,25

The ideal weight bench for training the chest, triceps and abdominal muscles



SPECS
 Size: 160cm x 121cm x 125cm

MOLDED BLACK RUBBER BUMPER PLATE

Art. Nr.	Item	Price
STR-MOBUMPLATE5-PAIR	STRIDE Molded Black Rubber Bumper Plate (pair; 5kg)	€48,72
STR-MOBUMPLATE10-PAIR	STRIDE Molded Black Rubber Bumper Plate (pair; 10kg)	€97,44
STR-MOBUMPLATE15-PAIR	STRIDE Molded Black Rubber Bumper Plate (pair; 15kg)	€121,79
STR-MOBUMPLATE20-PAIR	STRIDE Molded Black Rubber Bumper Plate (pair; 20kg)	€162,39
STR-MOBUMPLATE25-PAIR	STRIDE Molded Black Rubber Bumper Plate (pair; 25kg)	€202,98
STR-MOBUMPLATESET	STRIDE Molded Black Rubber Bumper Plate SET (set of 5 pairs; 5kg-25kg)	€633,33



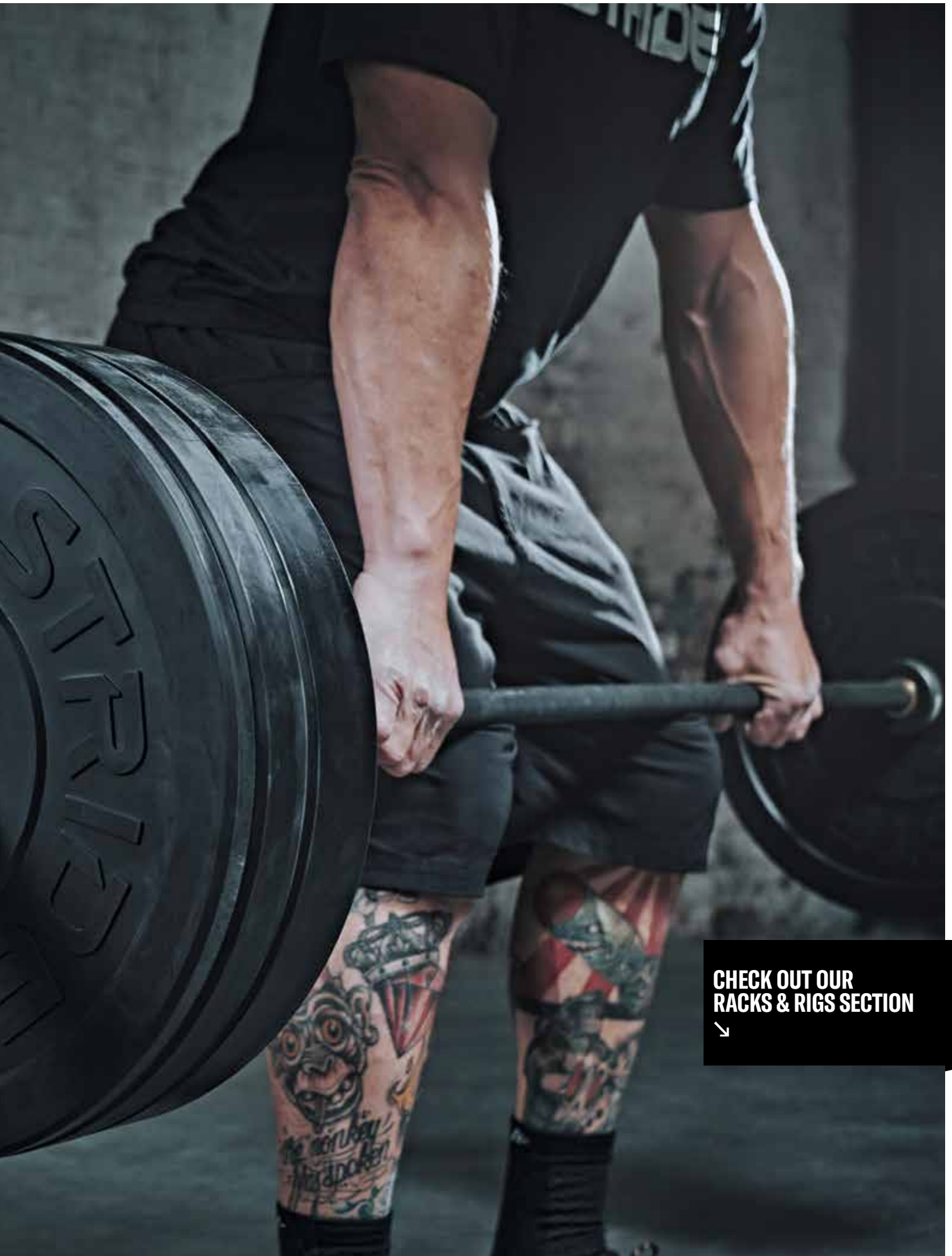
FRACTIONAL PLATE

Art. Nr.	Item	Price
STR-FRACPLATE5-PAIR	STRIDE Fractional Plate (pair; 0,5kg)	€15,00
STR-FRACPLATE10-PAIR	STRIDE Fractional Plate (pair; 1kg)	€30,00
STR-FRACPLATE15-PAIR	STRIDE Fractional Plate (pair; 1,5kg)	€45,00
STR-FRACPLATE20-PAIR	STRIDE Fractional Plate (pair; 2kg)	€60,00
STR-FRACPLATE25-PAIR	STRIDE Fractional Plate (pair; 2,5kg)	€75,00
STR-FRACPLATESET	STRIDE Fractional Plate SET (set of 5 pairs; 0,5kg-2,5kg)	€210,00



SPECS
Size: ø 51mm





**CHECK OUT OUR
RACKS & RIGS SECTION**



STRENGTH

OLYMPIC MEN'S BARBELL BLACK (20KG)

Art. Nr.	Item	Price
STR-BARMEN20	STRIDE Olympic Men's Barbell BLACK (20kg)	€303,79
STR-BARWOMEN15	STRIDE Olympic Women's Barbell BLACK (15kg)	€284,27



SPECS

Size: 2,2m
Weight: 15kg / 20kg
Max load: 750kg

OLYMPIC BARBELL CHROME (20KG)

Art. Nr.	Item	Price
STR-BARMEN20CHRO	STRIDE Olympic Men's Barbell CHROME (20kg)	€318,97
STR-BARWOMEN15CHRO	STRIDE Olympic Women's Barbell CHROME (15kg)	€298,20



SPECS

Size: 2,2m
Weight: 15kg / 20kg
Max load: 750kg

BUDGET OLYMPIC BARBELL (20KG)

Art. Nr.	Item	Price
STR-BUDGBAR20	STRIDE Budget Olympic Barbell (20kg)	€190,58

STRIDE Budget Barbell has a max load of 250kg



SPECS

Size: 2,2m
Weight: 20kg
Max load: 250kg

OPEN HEX BARBELL

Art. Nr.	Item	Price
STR-HEXBAROPEN	STRIDE Open Hex Barbell	€199,71



SPECS

Size: 2,23m
Weight: 22,5kg

EZ BARBELL

Art. Nr.	Item	Price
STR-EZBAR	STRIDE EZ Barbell	€93,18



SPECS

Size: 1,2m
Weight: 10kg
Max load: 136kg

OLYMPIC HEX BARBELL

Art. Nr.	Item	Price
STR-HEXBAROLYMP	STRIDE Olympic Hex Barbell	€163,75



SPECS

Size: 147cm x 70cm x 15cm
Weight: 22,5kg

BLACK BEAST BARBELL 20KG

Art. Nr.	Item	Price
STR-BEASTBAR	STRIDE Black Beast Olympic Men's Barbell	€349,00



SPECS
 Size: 2,2m
 Weight: 20kg
 Max load: 750 kg

SAFETY SQUAT BARBELL

Art. Nr.	Item	Price
STR-SAFSQBAR	STRIDE Safety Squat Barbell	€268,07



SPECS
 Size: 1,8m x 28mm
 Weight: 7,5kg
 Aluminium handle
 Steel sleeves

TECHNIQUE BAR 7,5KG

Art. Nr.	Item	Price
STR-TECHBAR	STRIDE Technique Bar 7,5kg	€135,45



DROP BLOCK (PAIR)

Art. Nr.	Item	Price
STR-DROPBLOCK	STRIDE Drop Block (pair)	€164,76



LANDMINE SINGLE

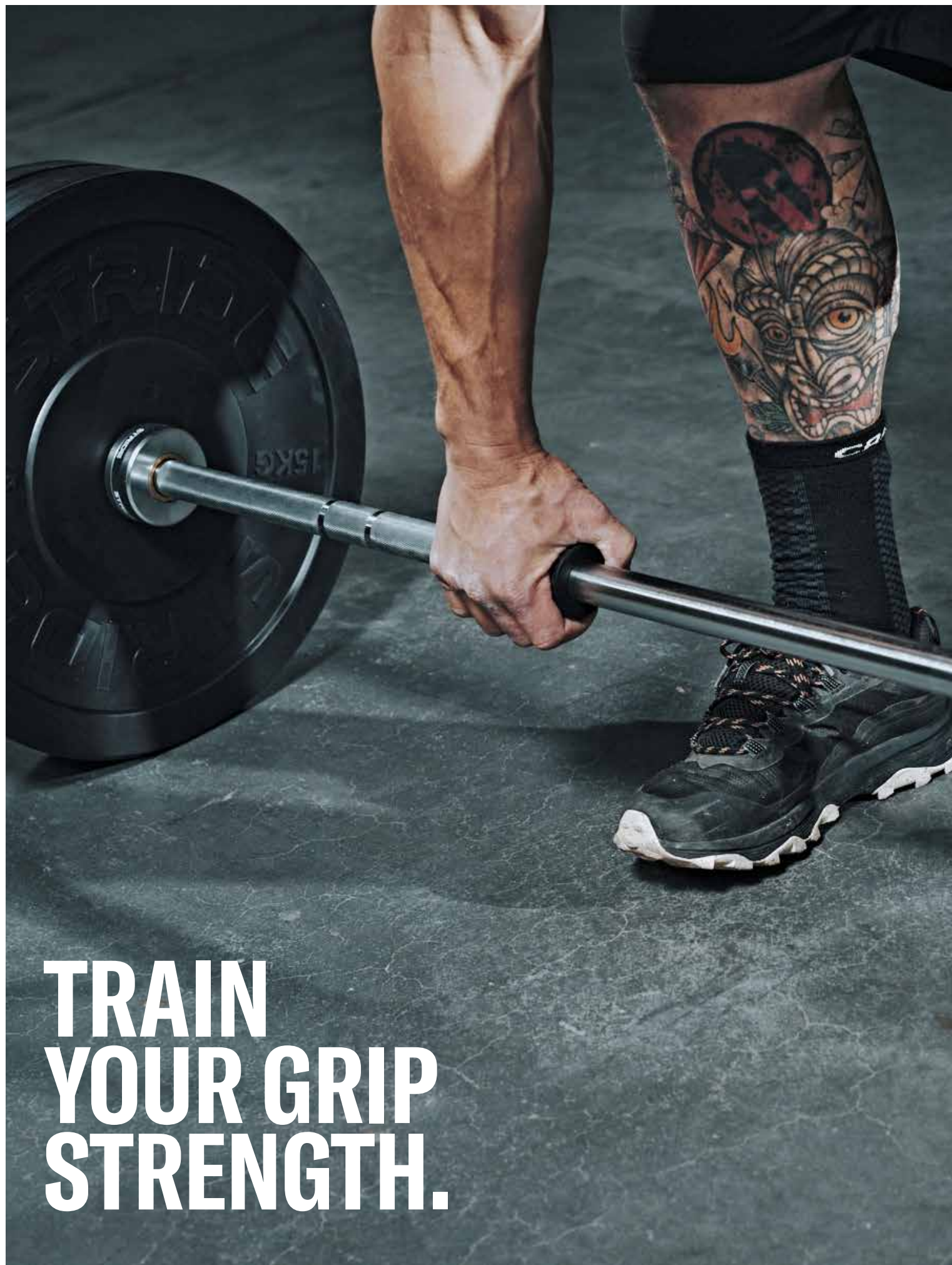
Art. Nr.	Item	Price
STR-LANDMINE	STRIDE Landmine Single	€237,88



NECK PAD

Art. Nr.	Item	Price
STR-NECKPAD	STRIDE Neck Pad	€30,80





**TRAIN
YOUR GRIP
STRENGTH.**

FAT GRIPS (PAIR)

Art. Nr.	Item	Price
STR-FATGRIP	STRIDE Fat Grips (pair)	€23,84

Use Fat Grips to doubling the thickness (for bars, dumbbells, etc.) for a greater test of arm and grip strength



GLOBE GRIPS (PAIR)

Art. Nr.	Item	Price
STR-GLOBEGRIP	STRIDE Globe Grips (pair)	€36,48

Improve your grip strength with these barbell attachments



BLACK LOCK COLLAR

Art. Nr.	Item	Price
STR-LOCKBL	STRIDE Black Lock Collar for 50mm barbell shafts	€36,34

Standard size 50mm barbell shafts
Easy open/closing system







ECLIPSE GYM
Hedel (NL)

Owner: Oskar Kubicki
All flooring, all equipment,
dressing rooms, etc.

Rubber: Connector Tile black
Custom Led Lighted Rack

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CARDIO





RUN ROCKET

Art. Nr.	Item	Price
FIT-RunRocket	[RR] Run Rocket	€1.896,69

SPECS

Length: 94cm
 Width: 71cm
 Height: 101,5cm
 Weight: 74,8kg



INTERVAL TIMER

Art. Nr.	Item	Price
STR-TIMER	STRIDE Interval Timer	€244,62

SPECS

Size: 82cm x 22cm x 43cm
 Weight: 14,5 kg



JUMP ROPE (ALUMINIUM)

Art. Nr.	Item	Price
STR-JUMPROPEALU	STRIDE Jump Rope (aluminium)	€19,65

Light weighted rope for absolute cardio and endurance training.



SPECS

Rope size: 300cm x 2,7mm
 Handle length: 16cm

CONCEPT2 ROWERG

Art. Nr.	Item	Price
CON2-ROW(D)	Concept2 RowErg	€1.033,00



DC ATHLETICS TRAIL BLAZER TREADMILL

Art. Nr.	Item	Price
DCA-TREADMILL	DC Athletics Trail Blazer treadmill	€2.313,22



ASSAULT AIR BIKE

Art. Nr.	Item	Price
SPS-assaultbike	Assault Air Bike	€949,00
SPS-bikescreen	Assault Air Bike Wind Screen	€37,87
SPS-assaultbikePRO	Assault Air Bike PRO	€1.144,00

ASSAULT AIRBIKE PRO. Stronger and more robust than the classic. Comes with an LCD screen that connects with the Assault Fitness App through bluetooth



CONCEPT2 SKIERG

Art. Nr.	Item	Price
CON2-SKIERG	Concept2 SkiErg	€816,00
CON2-SKISTAND	Concept2 SkiErg Floor Stand	€190,00



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PERFORMANCE



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BOXING



BOXING BAG 180CM

Art. Nr.	Item	Price
STR-BOXBAGSTAND	STRIDE Boxing bag 180cm (standard)	€245,00



SPECS

Weight: 45kg

Height: 180cm

HYDRO BOXING BAG

Art. Nr.	Item	Price
ABB-HYDROBAG55	Hydro Boxing Bag 55kg	€130,00
ABB-HYDROBAG85	Hydro Boxing Bag 85kg	€150,00



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STORAGE



HEX DUMBBELL RACK

Art. Nr.	Item	Price
STR-HEXDBRACK	STRIDE Hex Dumbbell Rack	€307,26



SPECS

Size: 150cm x 60cm x 16cm

Weight: 35kg

EF DUMBBELL RACK

Art. Nr.	Item	Price
EF-20-04912	EF Dumbbell Rack	€566,79



ROLLABLE MEDICINE BALL RACK

Art. Nr.	Item	Price
STR-MEDBALLBRACK	STRIDE Rollable Medicine Ball Rack	€219,88



SPECS

Size: 152cm x 52cm x 96cm

Main tube: 50cm

Weight: 13,5kg



STORAGE

EF HEAVY DUTY RACK 1,05M

Art. Nr.	Item	Price
EF-20-03745	EF Heavy Duty Rack 1,05m	€862,50



KETTLEBELL RACK (3 SHELVES)

Art. Nr.	Item	Price
STR-KBRACK	STRIDE Kettlebell Rack (3 shelves)	€376,38



SPECS

Size: 137cm x 61cm x 91cm
(3 shelves)

BALLS AND BELLS RACK

Art. Nr.	Item	Price
STR-COMBORACK	STRIDE Balls and Bells Rack	€947,29



FOR MEDICINE
BALLS, KETTLEBELLS,
DUMBBELLS, BANDS
AND ROPES.

SPECS

Length: 215cm
Width: 45cm
Height: 170cm
Weight: 136kg

BAND AND TUBE RACK

Art. Nr.	Item	Price
STR-BANDRACK	STRIDE Band and Tube Rack	€55,37



SPECS

Length: 60cm

Weight: 4,5kg

BARBELL HOLDER VERTICAL

Art. Nr.	Item	Price
STR-BARHOLD2	STRIDE Barbell Holder Vertical II (for 9pcs)	€198,35



SPECS

Size: 53cm x 52,5cm x 17cm

Weight: 15kg

BARBELL HORIZONTAL GUN RACK

Art. Nr.	Item	Price
STR-BARGUNRACK	STRIDE Barbell Horizontal Gun Rack (for 8pcs)	€121,88



SPECS

Holder 8 pieces

Size: 140cm x 16cm x 9cm

Weight: 13kg

MAT HOLDER

Art. Nr.	Item	Price
STR-MATHOLD	STRIDE Mat Holder	€55,01

This wall mounted mat hanger helps you to store yoga mats efficiently.



SPECS

Size: 50cm

PLATE TREE STORAGE

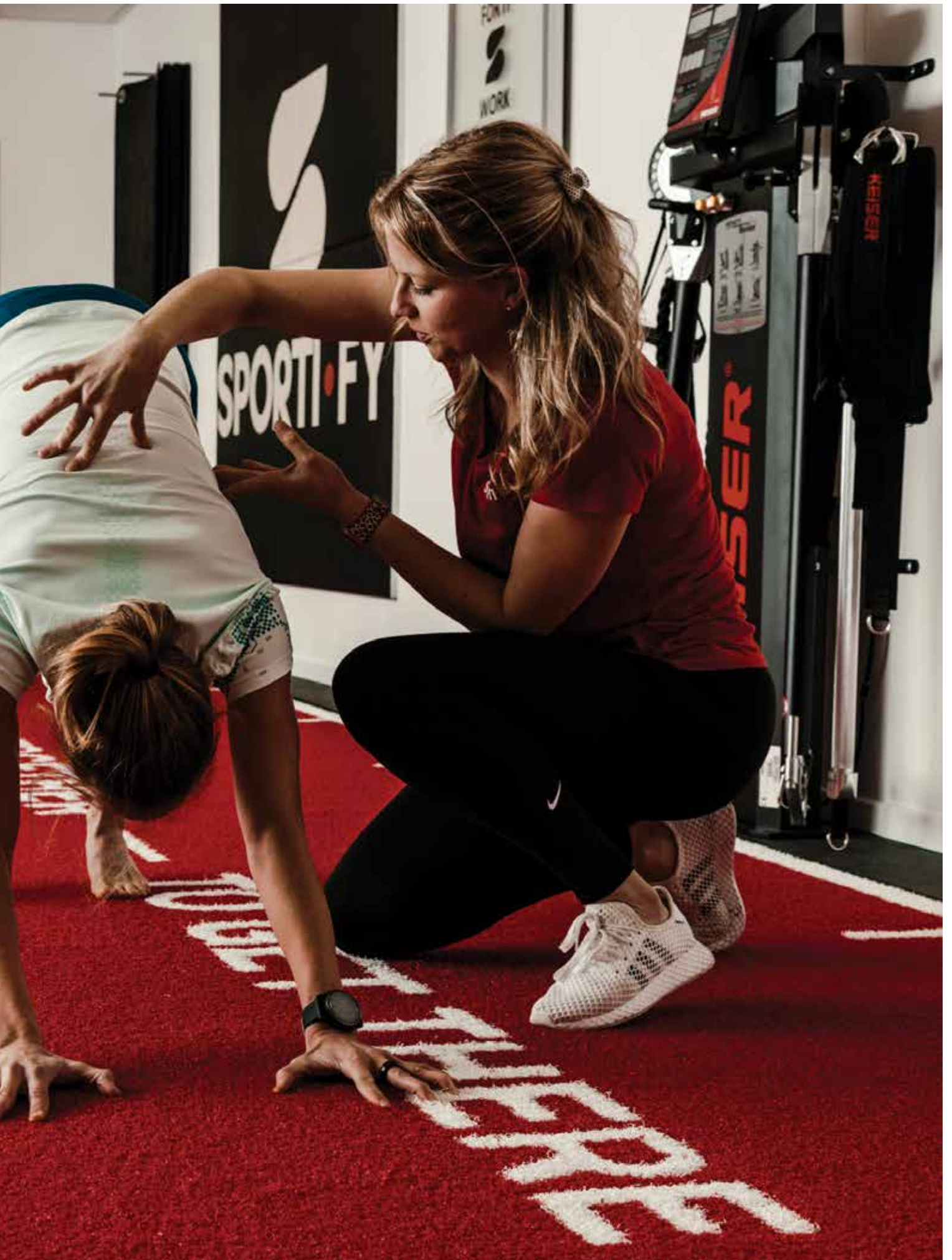
Art. Nr.	Item	Price
STR-PLATETREE	STRIDE Plate tree storage	€279,56





SPORTI-FY
Waasmunster (BE)

Owner: Freke Peeters
All flooring
All equipment
TURF: Custom In-Laid Turf



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RACKS AND RIGS



MULTI GRIP PULL UP BAR

Art. Nr.	Item	Price
STR-PULLUPMULTI	STRIDE Multi Grip Pull Up Bar	€227,42



SPECS

Length: 110cm

Width: 28cm

Weight: 15kg

UPCLIMB PULL UP BAR

Art. Nr.	Item	Price
STR-PULLUPCLIMB	STRIDE Upclimb Pull Up Bar	€269,34



SPECS

Length: 200cm

OLYMPIC WEIGHT LIFTING PLATFORM

Art. Nr.	Item	Price
STR-LIFTPLAT	STRIDE Olympic Weight Lifting Platform	€878,35



SPECS

Total size: 180cm x 240cm

Wooden platform size (1 piece): 120cm x 180cm x 3cm

RACKS AND RIGS

HALF RACK

Art. Nr.	Item	Price
EF-HALFRACK	STRIDE ELEMENTS Half Rack	€2.350,00
EF-HALFRACKPLATF	ELEMENTS Wooden Platform (for EF Half rack)	€837,50
EF-HALFRACKWP	ELEMENTS Stride Half Rack (with inserted wooden platform)	€3.187,50







BASIC HALF RACK

Art. Nr.	Item	Price
STR-HALFRACK	STRIDE Basic Half Rack	€998,23

L 177cm x W170cm x H234cm



POWER RACK

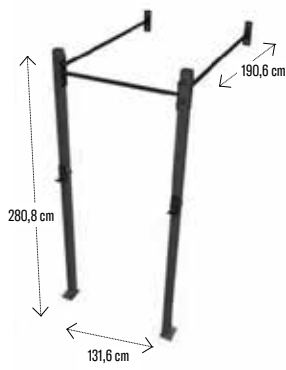
Art. Nr.	Item	Price
STR-POWERRACKWP	STRIDE Power Rack (with inserted wooden platform)	€2.999,00



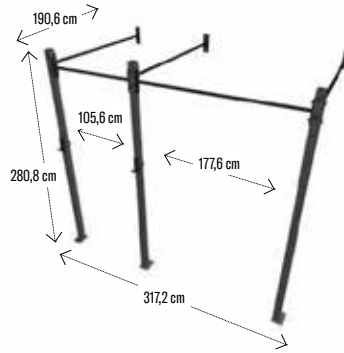
WALL MOUNT HD CROSS TRAINING RIGS



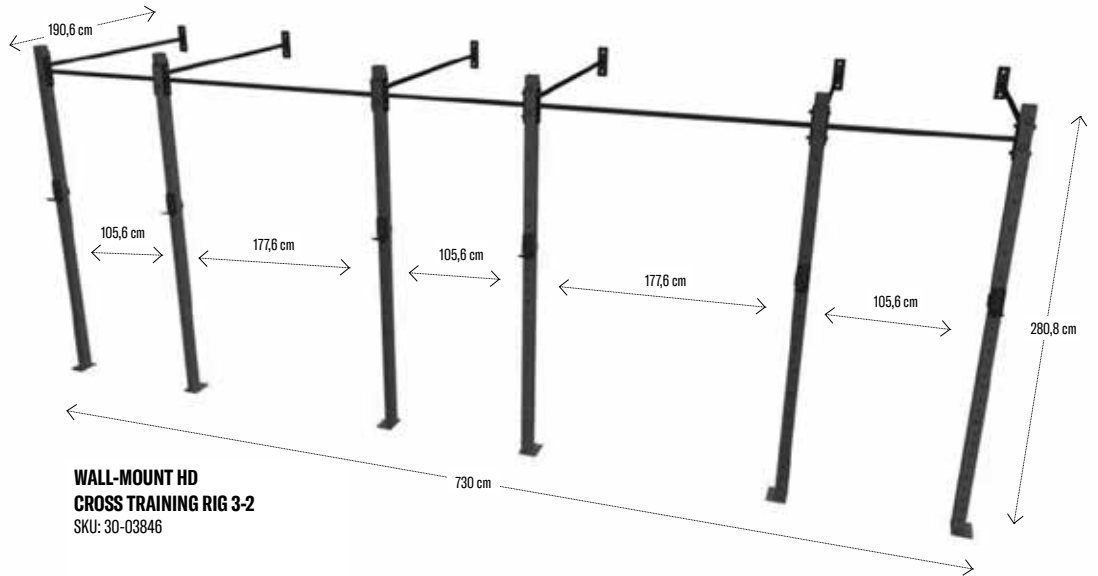
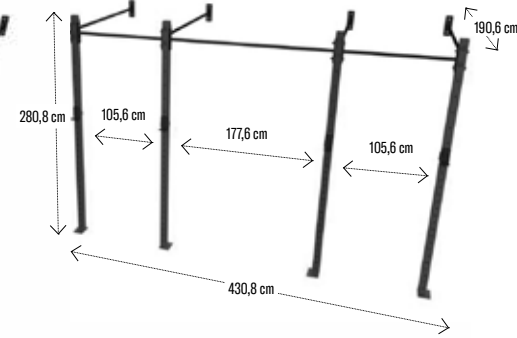
**WALL-MOUNT HD
CROSS TRAINING RIG 1-0**
SKU: 30-03843



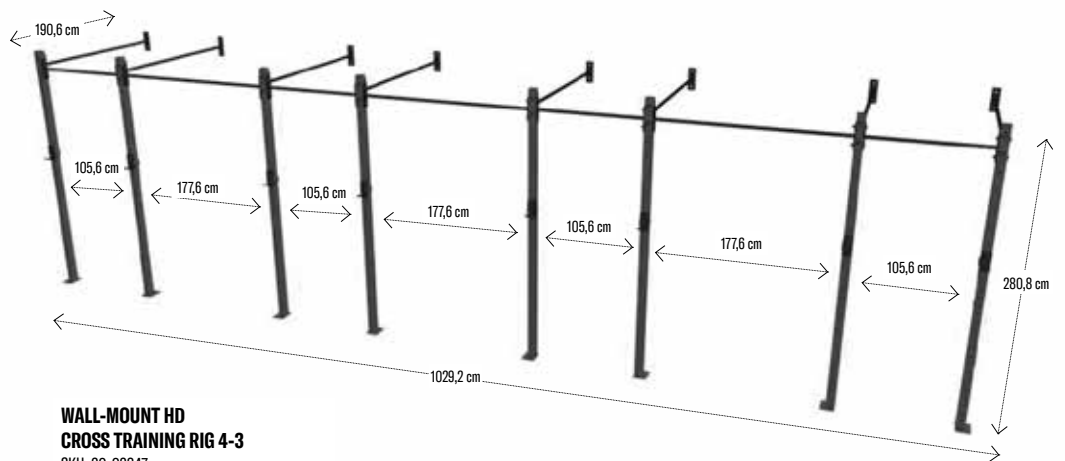
**WALL-MOUNT HD
CROSS TRAINING RIG 1-1**
SKU: 30-03844



**WALL-MOUNT HD
CROSS TRAINING RIG 2-1**
SKU: 30-03845

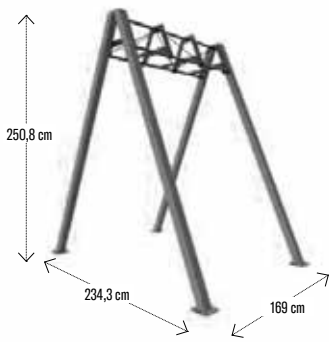


**WALL-MOUNT HD
CROSS TRAINING RIG 3-2**
SKU: 30-03846

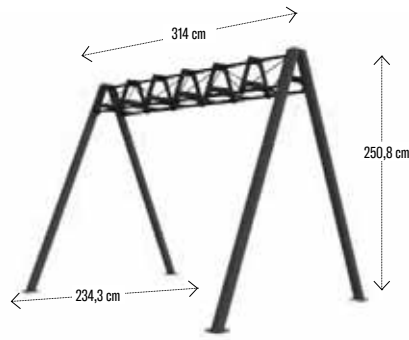


**WALL-MOUNT HD
CROSS TRAINING RIG 4-3**
SKU: 30-03847

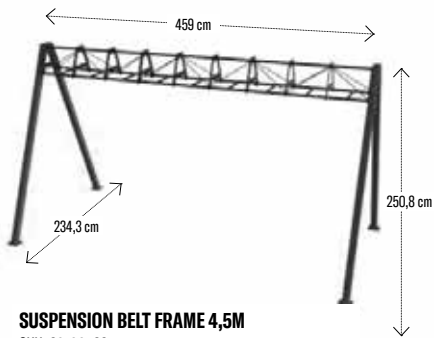
SUSPENSION BELT FRAME



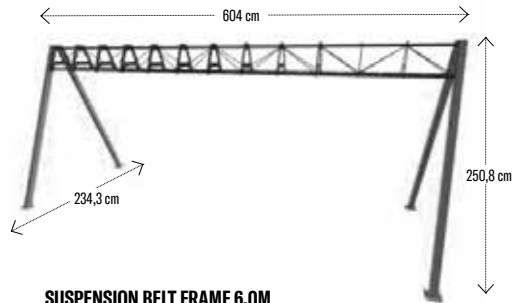
SUSPENSION BELT FRAME 1,5M
SKU: 20-00567



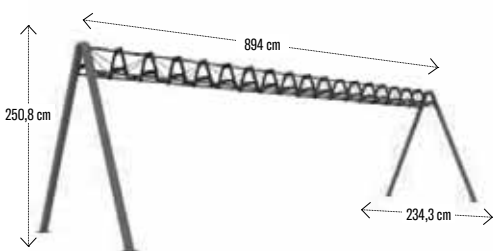
SUSPENSION BELT FRAME 3,0M
SKU: 20-00104



SUSPENSION BELT FRAME 4,5M
SKU: 20-00568



SUSPENSION BELT FRAME 6,0M
SKU: 20-00569



SUSPENSION BELT FRAME 9,0M
SKU: 20-00128



SUSPENSION BELT FRAME BEAM 1,45M
SKU: 20-00102



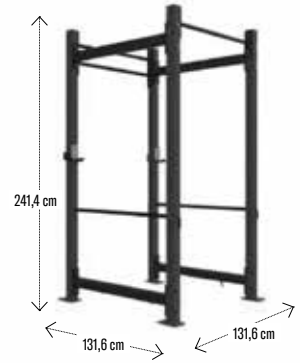
POWER RACKS & SQUAT RACKS



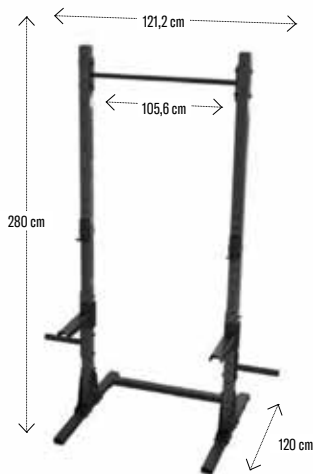
POWER RACK WITH SHELVES
SKU: 30-03030



POWER RACK STANDARD
SKU: 30-03855



SQUAT RACK BASIC
SKU: 30-05040



SQUAT RACK PRO
SKU: 30-04554



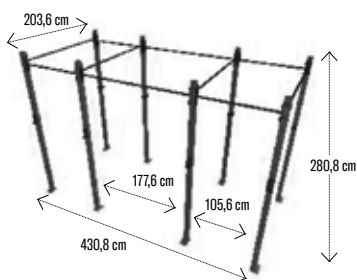
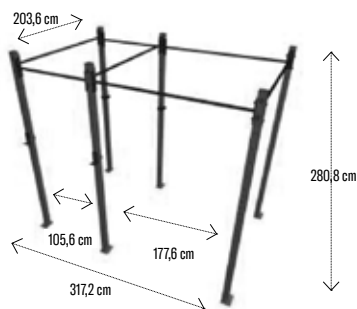
POWER RACK EXTENDED
SKU: 30-03856

HD CROSS TRAINING RIGS

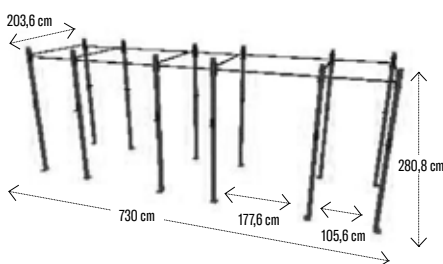
HD CROSS TRAINING RIG 1-0
SKU: 30-03849



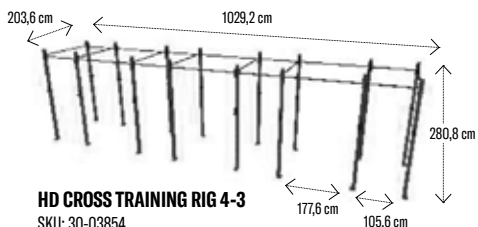
HD CROSS TRAINING RIG 1-1
SKU: 30-03851



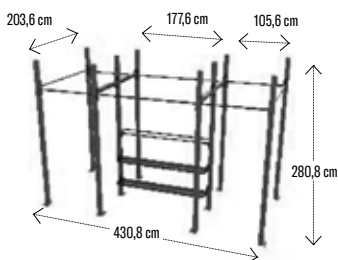
HD CROSS TRAINING RIG 2-1
SKU: 30-03852



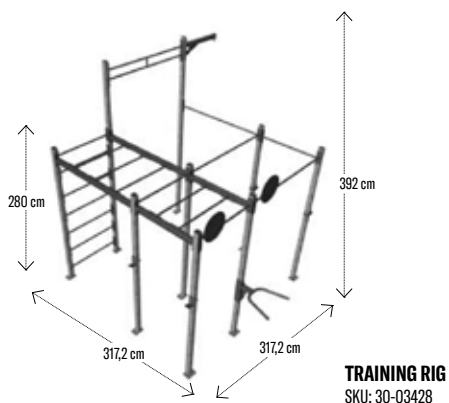
HD CROSS TRAINING RIG 3-2
SKU: 30-03853



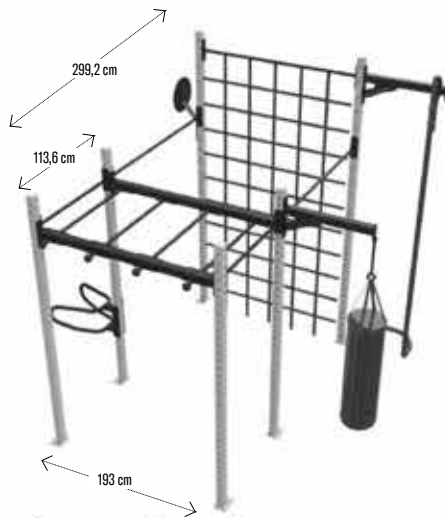
HD CROSS TRAINING RIG 4-3
SKU: 30-03854



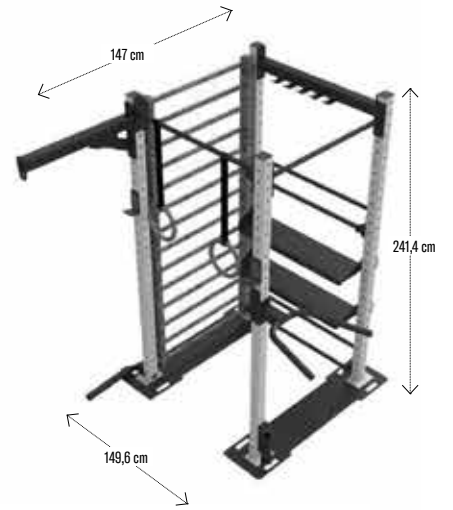
HD CROSS TRAINING RIG 4-1
SKU: 30-03848



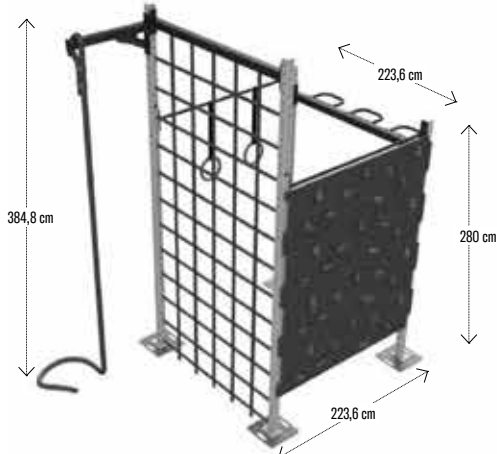
HOME & BACKYARD GYM



BACKYARD FUNCTIONAL TRAINING RIG
SKU: 30-03979



**BACKYARD FUNCTIONAL TRAINING RIG
W/O FLOOR MOUNT**
SKU: 30-05518



**BACKYARD FUNCTIONAL TRAINING RIG
W/O FLOOR MOUNT**
SKU: 30-05624



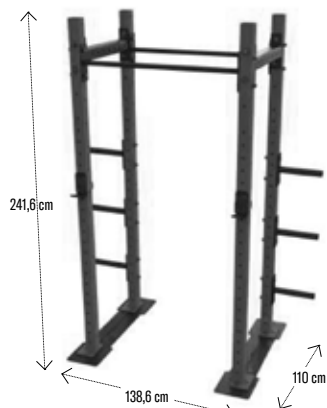
HOME TRAINING RIG
SKU: 30-05626



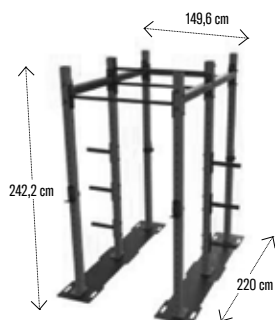
HOME TRAINING RIG WITH STORAGE
SKU: 30-05557



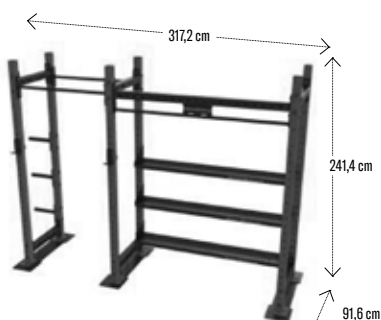
POWER RACK WITH PULL-UP BAR
SKU: 30-03027



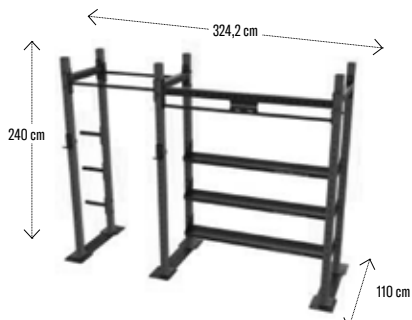
POWER RACK WITH PULL-UP BAR
SKU: 30-03098



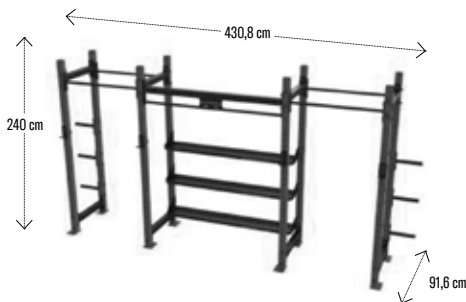
POWER RACK WITH PULL-UP BAR 2
SKU: 30-03032



POWER RACK WITH SHELVES 1-1
SKU: 30-03028



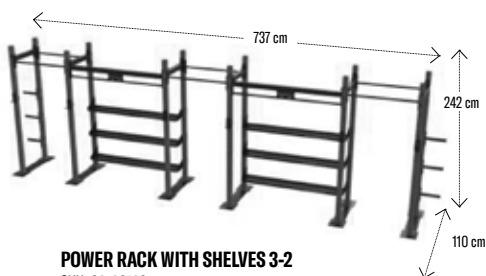
POWER RACK WITH SHELVES 1-1
SKU: 30-03101



POWER RACK WITH SHELVES 2-1
SKU: 30-03029



POWER RACK WITH SHELVES 2-1
SKU: 30-03102



POWER RACK WITH SHELVES 3-2
SKU: 30-03103



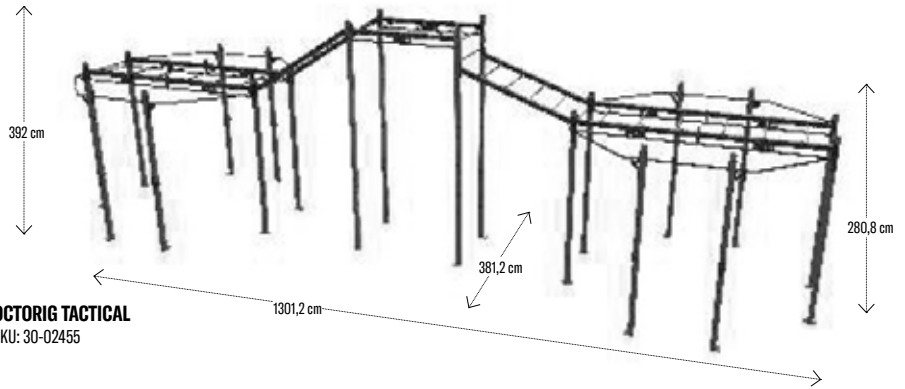
OCTORIG SYSTEM



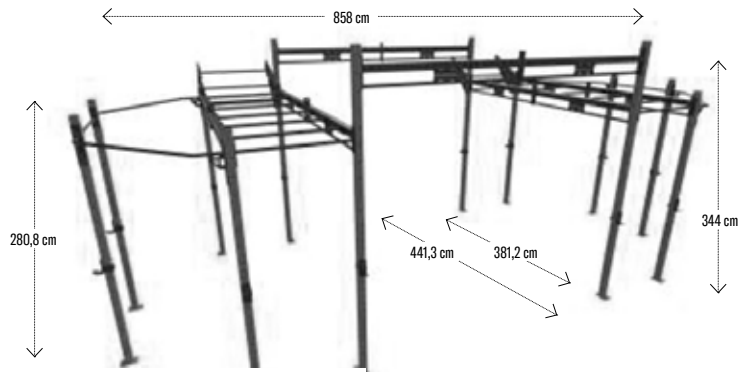
OCTORIG STANDARD
SKU: 30-00736



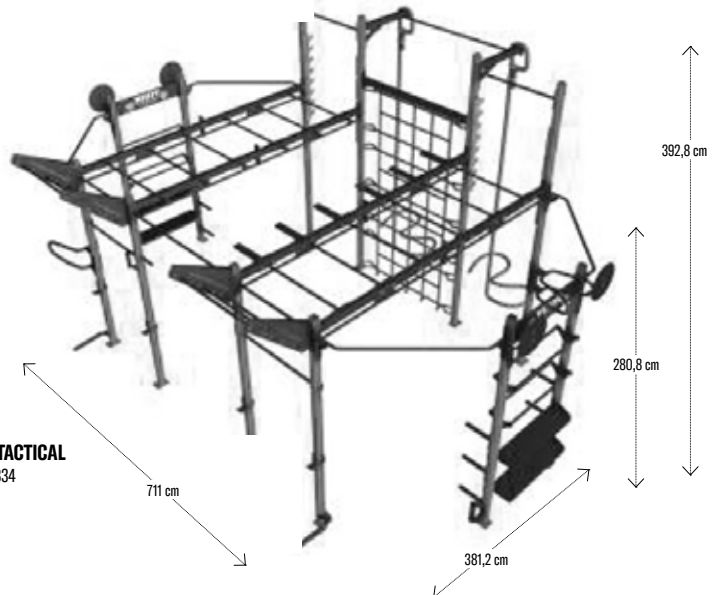
OCTORIG TACTICAL
SKU: 30-02455

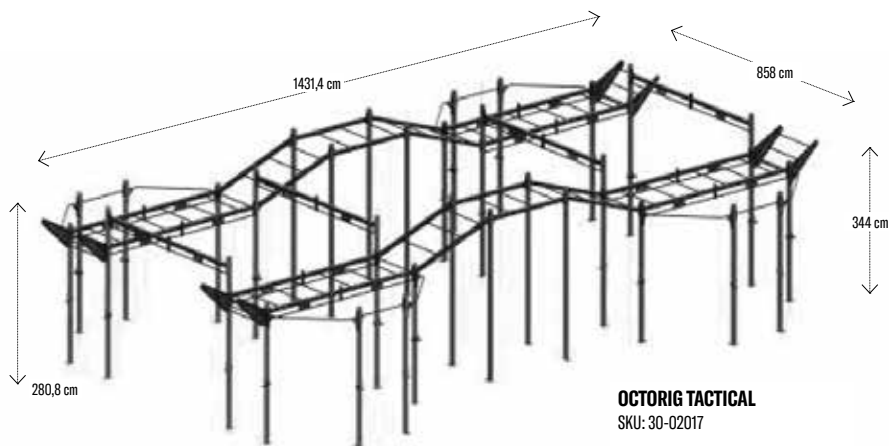
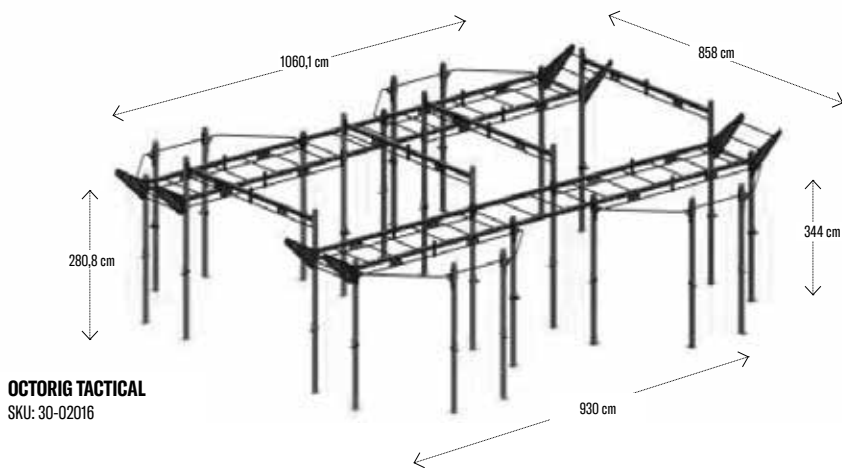
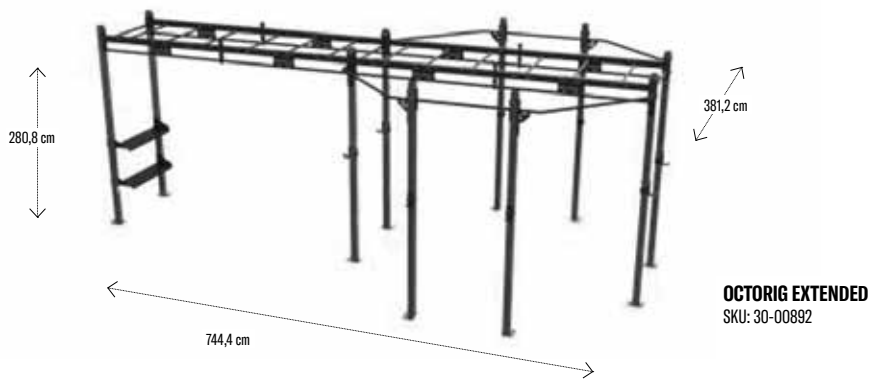


OCTORIG TACTICAL
SKU: 30-02007



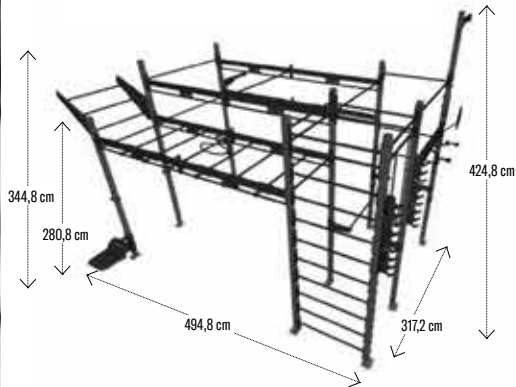
OCTORIG TACTICAL
SKU: 30-03834



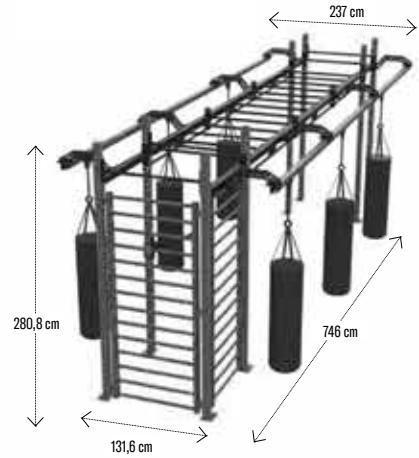


COMBINED CROSS TRAINING RIGS

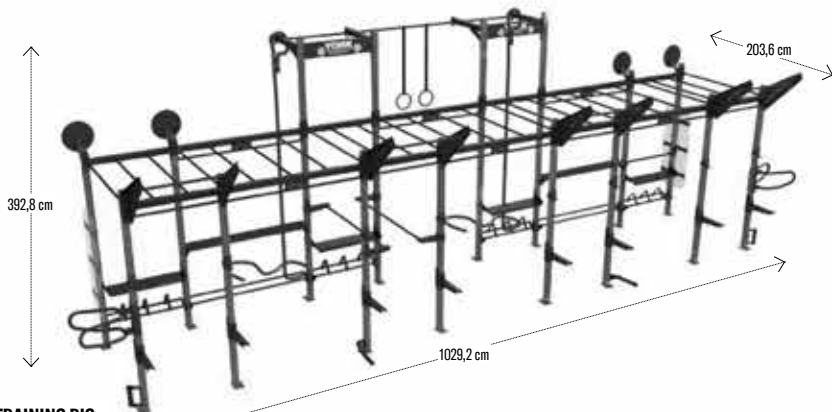
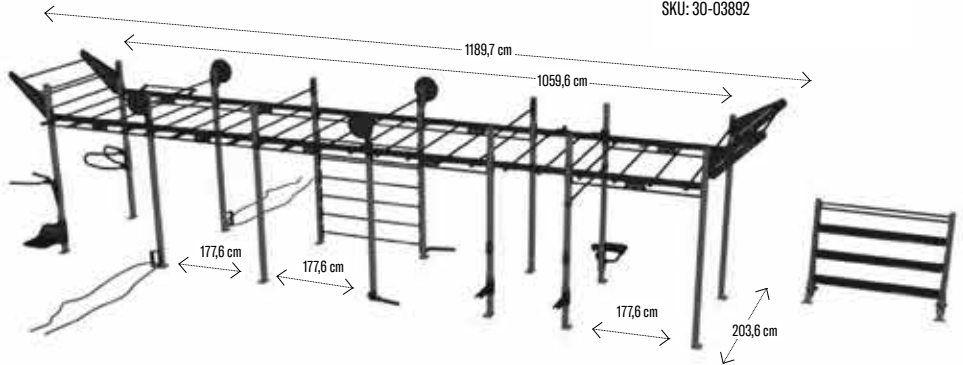
FUNCTIONAL TRAINING RIG
SKU: 30-03219_Gr



BRIDGE WITH BOXING RAIL
SKU: 30-05444A01

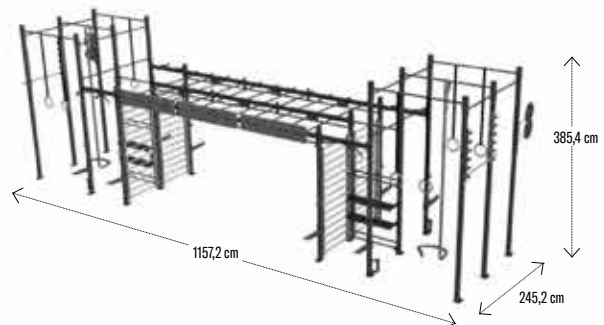


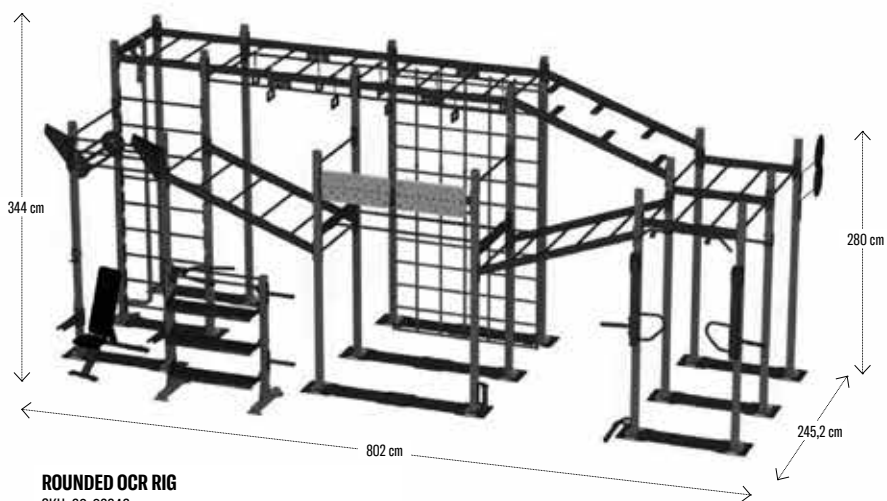
BRIDGE AND STORAGE SET
SKU: 30-03892



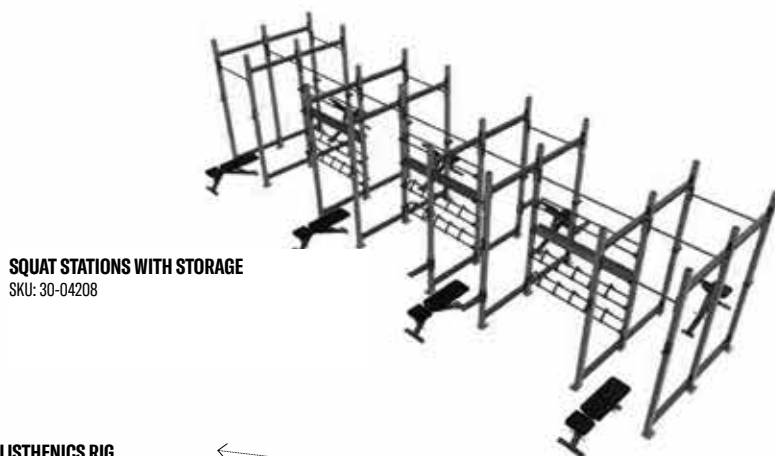
FUNCTIONAL TRAINING RIG
SKU: 30-03835

FUNCTIONAL TRAINING RIG
SKU: 30-05839

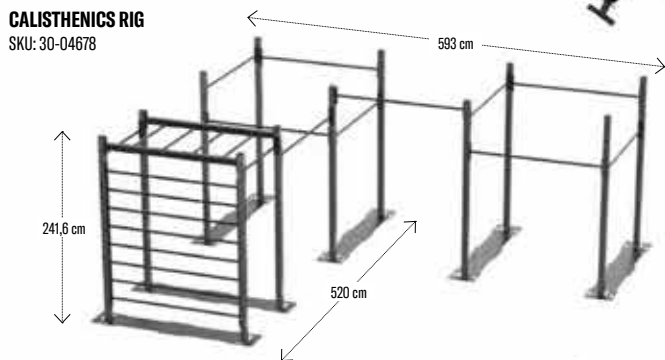




ROUNDED OCR RIG
SKU: 30-03946



SQUAT STATIONS WITH STORAGE
SKU: 30-04208



CALISTHENICS RIG
SKU: 30-04678



CUSTOM OCR RIG
SKU: 30-04187_01





STORAGE ATTACHMENTS



STORAGE SHELF 1,77M
SKU: 20-02717



STORAGE SHELF
SKU: 10-01098



BAR HOLDER
SKU: 20-02840



DISC STORAGE PIN
SKU: 20-00276



HORIZONTAL BAR HOLDER
SKU: 10-02560



DUMBBELL SHELF 1,77M
SKU: 20-05664



**EF STORAGE SHELF
FOR MEDICINE BALLS**
SKU: EF-20-02812A



**BALANCE BALL HOLDER
(max 8kg)**
20-06908

PLATE STORAGE TREE
20-06927



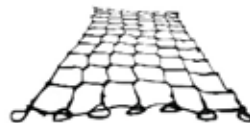
OCR/NINJA ATTACHMENTS



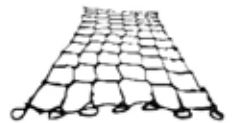
**REVOLVER
PULL-UP BAR**
SKU: 20-03484



**OBSTACLE COURSE RACING
TRAINER NUNCHUCKS**
SKU: 10-03243



CLIMBING CARGO NET
3,5M x 1,7M
SKU: 00-04621



CLIMBING CARGO NET
3,5M x 3,5M
SKU: 00-04622

OCR/NINJA ATTACHMENTS



CLIMBING ROPE 50MM, 4,5M
SKU: 00-05002



WOODEN GYMNASTIC RINGS WITH BELTS
SKU: 00-03954



GRIP TRAINING ROPE 38MM, 45CM HEMP
SKU: 00-03951



CLIMBING ROPE 50MM, 4,5M HEMP
SKU: 00-03949



CLIMBING WALL ROPE 20MM, 4M
SKU: 00-03952



SALMON LADDER SET
SKU: 20-05151



GRIP TRAINING ROPE 38MM, 45CM
SKU: 00-03950



OBSTACLE COURSE RACING TRAINER HANDLE
SKU: 20-03239



ON BEAM STAIRWAY
SKU: 20-03271



ON BEAM STAIRWAY L
SKU: 20-03267



ON BEAM STAIRWAY R
SKU: 20-03265



UNSTABLE BRIDGE FOR OBSTACLE COURSE RACING
SKU: 20-03275



PEG BOARD
SKU: 10-04183



OBSTACLE COURSE RACING TRAINER HALF PINCH
SKU: 10-03240



OBSTACLE COURSE RACING TRAINER PINCH
SKU: 20-03246





FUNCTIONAL TRAINING ATTACHMENTS



WALL BALL TARGET
SKU: 20-00475



HALF SAFETY BARS (pair)
SKU: 20-05806



DIP BARS FOR RACKS
SKU: 20-04119



BATTLE ROPE CONNECTION WL BAR HOLDER
SKU: 20-01097



CUSTOM LOGO PLATE
SKU: 10-03327



PREMIUM J CUPS
SKU: 20-03025



PLYO PLATFORM
SKU: 20-03522A



REMOVABLE PULL UP BAR
SKU: 20-02986



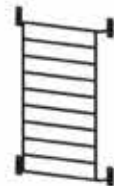
ON BEAM ANCHORING POINT
SKU: 10-01730



WALL BALL TARGET ADDITIONAL
SKU: 20-00507



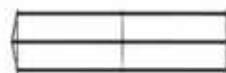
OUTBOARD ATTACHMENT
SKU: 20-03016



LADDER FRAME
SKU: 20-00993



REMOVABLE DIP BARS PAIR
SKU: 20-03005



MULTI LEVEL PULL UP BAR
SKU: 20-00512



MULTI GRIP BAR
SKU: 20-00130



HANDSTAND PUSH UP SHIELD
SKU: 20-02881



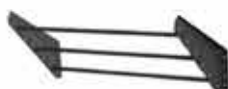
WIDE ON BEAM PULL UP BAR WITH SPHERES
SKU: 20-02789



ON BEAM ATTACHABLE SPHERE
SKU: 20-02494



CORE TRAINER
SKU: 20-00959A



WIDE FLYING PULL UP BAR 1,77M
SKU: 20-01524A



FLYING PULL UP BAR 1,05M
SKU: 20-01062A



WOODEN LADDER
SKU: 10-05144



WIDE ON BEAM PULL UP BAR
SKU: 20-01728



BASIC J CUPS
SKU: 20-03026



PREMIUM DIP BARS
SKU: 20-01692



FOOT PLATE FOR LONG STEP
SKU: 10-03037



BASIC CUPS
SKU: 20-00293



MOTUS
Waasmunster (BE)

TURF: Custom tufted Turf
Rubber: Straight edge rubber





KEISER

The only thing that can make a STRIDE gym even better, is Keiser Equipment. Our partner in crime has revolutionized fitness with their pneumatic training systems and indoor cycles, and is therefore the perfect addition to your gym.

For prices, please contact

HELLO@STRIDEEUROPE.COM

FUNCTIONAL TRAINER



AIR350 CHEST PRESS



M3 INDOOR BIKE



AIR250 LEG PRESS





M3I TBT



M5I STRIDER



AIR300 RUNNER



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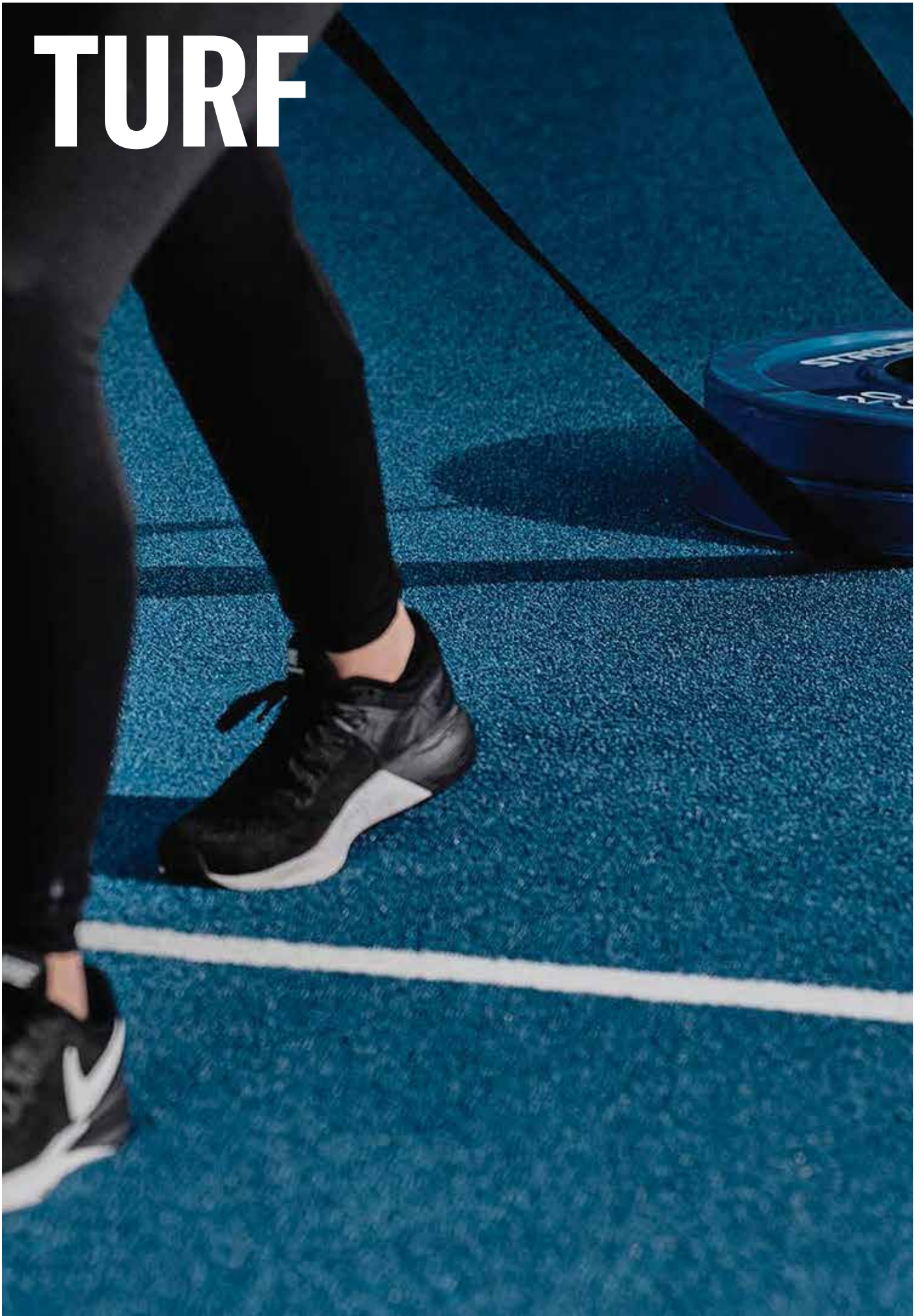
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FLOORING





TURF



3 TYPES OF TURF

A sprint track is the eye-catcher of a gym. It provides a clear and recognizable identity for your business, while offering many training possibilities. A decent sprint track not only serves as a floor for running, but can also be used for “hands-down” exercises, mobility and stretching, decreasing the need for exercise mats.

SHOCKPAD UNDERLAY



THICKNESS
5mm - 1-2cm



ROLL
20m x 50m



COLOR
White/gray color



Glueing required



Only for **INDOOR**

1 PLAY TURF



THICKNESS
12mm



ROLL
2m x 25m
4m x 25m

DTEX: 7200
STITCHES: 29.400/m²
DENSITY: 1.946 gr/m²



COLOR
Combination of colors possible, no markings



Glueing required



INDOOR AND OUTDOOR

2 CUSTOM IN-LAID TURF



THICKNESS
12mm



DIMENSIONS
Anything possible depending on design

DTEX: 7200
STITCHES: 29.400/m²
DENSITY: 1.946 gr/m²



COLOR
Combination of colors possible, basic markings



Glueing required



INDOOR AND OUTDOOR

3 CUSTOM TUFTED TURF



THICKNESS
12mm



ROLL
width 2m or 4m
length 10m, 15m or 20m
Other dimensions are possible but cutting losses will be charged.

DTEX: 5500
STITCHES: 81.900/m²
DENSITY: 1.850 gr/m²



COLOR
Combination of colors, markings and logos possible



Glueing recommended (on shockpad or floor)



INDOOR AND OUTDOOR

POSSIBLE COLORS IN-LAID



POSSIBLE COLORS TUFTED



BLACK, YELLOW, BLUE, WHITE, RED AND GREEN.

RUBBER

1 INTER-LOCKING



SIZE
100x100cm

THICKNESS
- 10mm

- COLOR**
- Base color Black SBR Rubber with 0-10-30% Fleck in EPDM color
 - Mixed EPDM color flecks possible
 - 'Jointless' look

No glueing required

Only for INDOOR

Not fit for heavy lifting

**SHOCKPAD
SUBLAYER**
possible

6 TYPES OF RUBBER

Tiles can be combined with 1cm or 2cm of SHOCKPAD SUBLAYER for extra shock absorption.

2 INTER-CONNECTING



SIZE
100x100cm (20mm)
100x50cm (30mm)

THICKNESS
- 20mm
- 30mm

- COLOR**
- Vulcanized rubber topcoating for easy cleaning
 - Multiple colors available
 - Beveled edge

No glueing required

Only for INDOOR

Fit for heavy lifting

SHOCKPAD SUBLAYER possible

3 STRAIGHT EDGE



SIZE
100x100cm

THICKNESS
See product page for details

- COLOR**
- See product page for details
 - High Density for easy cleaning
 - 'Jointless' look

Glueing recommended

Only for INDOOR

Fit for heavy lifting depending on height

SHOCKPAD SUBLAYER possible

4 RUBBER ON ROLL



ROLL
120cmx2m

THICKNESS
- 8mm
- 10mm

- COLOR**
- Pure SBR Black or with EPDM Fleck
 - 'Jointless' look

Glueing required

Only for INDOOR

Not fit for heavy lifting

SHOCKPAD SUBLAYER not possible

5 STANDARD RUBBER



SIZE
100x100cm

THICKNESS
- 15mm
- 20mm

- COLOR**
- Black 100% SBR
 - Fine granulate

Glueing advised

INDOOR and OUTDOOR

Fit for heavy lifting

SHOCKPAD SUBLAYER possible

6 OUTDOOR RUBBER



SIZE
100x100cm

THICKNESS
- 30mm

- COLOR**
- Pure SBR
 - Beveled edge
 - Connector system
 - Black, green, sand, anthracite, red

No glueing required

OUTDOOR

Fit for heavy lifting

SHOCKPAD SUBLAYER not possible

1 INTERLOCKING RUBBER TILES

The STRIDE Interlocking tile is an ideal rubber floor product for spaces where glueing is not allowed or possible. With a base of recycled black SBR rubber, or add extra 10% or 30% EPDM color fleck. As with any rubber product, the price goes up when more color is required.



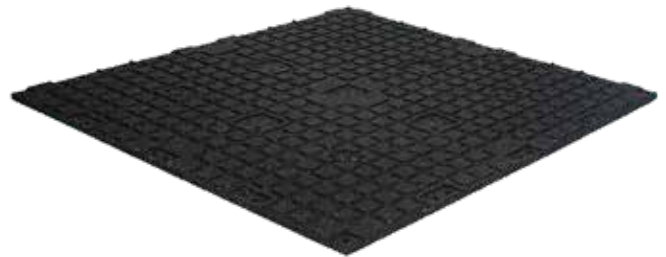
Thickness	100% Black SBR	Black SBR + 10% EPDM Fleck	Black SBR + 30% EPDM Fleck
10mm	€27,70	€ 37,40	€ 42,90

Prices depend on the amount of flecks and height.

2 INTERCONNECTING RUBBER TILES

The STRIDE Connector Tiles are without a doubt our most popular rubber flooring product. Their vulcanized top layer makes for a very strong, durable and especially easy to clean tile. Due to its patented backside impact design it absorbs more shock and vibration than a normal flat rubber tile. Therefore it's suited for weight lifting. For even more sound, shock and vibration absorption we can combine this tile with a sublayer of shockpad.

Because this tile comes with a smart connector system, it doesn't need to be glued down. The connectors also prevent joints to become wider after time as a result of intense usage and temperature differences. Besides that this connector system makes for an easy installation using a stanley knife for cutting.



The connector make sure that the tiles stick together without glue.

3 COLOR OPTIONS

1 CONNECTOR TILE PURE BLACK

Thickness:
20mm (100x100cm)
30mm (100x50cm)

Size:
100x100cm or 100x50cm

Tolerance:
Length & width $\pm 1.5\%$,
Thickness $\pm 2\text{mm}$

Color:
Black base

Density Toplayer:
1400kg/m³

Density Sublayer:
1000kg/m³

Shock absorbtion: 61%

Vertical deformation:
5.0mm



€47,15/m²

2 CONNECTOR TILE 15%

Thickness:
20mm

Size:
100x100cm

Tolerance:
Length & width $\pm 1.5\%$,
Thickness $\pm 2\text{mm}$

Color:
Black base with 15% light gray,
dark gray, blue, green and
red fleck

Density Toplayer:
1400kg/m³

Density Sublayer:
1000kg/m³

Shock absorbtion: 61%

Vertical deformation:
5.0mm



€47,15/m²

3 CONNECTOR STONE

Thickness:
20mm

Size:
100x100cm

Tolerance:
Length & width $\pm 1.5\%$,
Thickness $\pm 2\text{mm}$

Color:
Black base with 70% Dark/
Light Gray fleck

Density Toplayer:
1100kg/m³

Density Sublayer:
1000kg/m³

Shock absorbtion: 61%

Vertical deformation:
5.0mm

€49,45/m²



Light Stone

Dark Stone



3 STRAIGHT EDGE RUBBER TILES

Our Straight Edge Rubber tiles are ideal for clubs that are looking for a clean and tight looking floor. Although they are not meant for heavy weight dropping, they are suited for heavy lifts. The goal here is to decrease the amount of visible obvious joints one has when laying tiles next to each other and get a "jointless" look. Due to the straight edge these tiles

align perfect with each other, under the condition that the subfloor is smooth and flattened out before putting down this type of tile. All sub-floor irregularities will translate and be noticeable in the top floor! This tile has no connector system and preferably is glued for the best result.

1 Straight Edge Black Budget

Thickness: 20mm (€28/m ²) 30mm (€38/m ²)	Tolerance: Length & width ±1.5%, Thickness ±2mm	Density Toplayer: 1000kg/m ³
Size: 100x100cm	Color: Black SBR rubber	Shock absorbtion: 45%
		Vertical deformation: 3.0mm

€28/m²
€38/m²



2 Straight Edge Rubslic

Unparalleled quality and color options – from homogenous tones to any shade mix, giving the flooring an individual and unique character. This cover is made of new EPDM rubber granules, compressed into a very dense mat that provides high wear-resistance and easy floor care. These dense mats are perfect for the floor of a fitness center or multifunctional gym, adjusting their thickness to the intended load up to 15 mm. The flooring is glued to

the base and its design makes the floor look homogeneous and seamless by making the joints between the mats almost invisible. This product is a great alternative to rubber rolls as when laid out the mats don't tend to roll up, keeping a smooth surface without bumps for longer.

€51-65 /m²



Thickness: 20mm	Color: Vulcanized Black	Shock absorbtion: 61%
Size: 20x1000x1000mm	Density Toplayer: 1400kg/m ³	Vertical deformation: 5.0mm
Tolerance: Length & width ±1.5%, Thickness ±2mm	Density Sublayer: 1000kg/m ³	



4 RUBBER ON ROLL

Rubber on roll can be an interesting product if you have a big space to cover with flooring. It's ideal for functional training surfaces and as flooring for cardio zones. Important to take into account with this flooring product is that it always has to be glued down in order to avoid bumps and tears. That being said, it's definitely the hardest rubber product to install. This because rolls weigh at least 80kg and cutting them and putting them in place is certainly not the easiest thing to do. That's why we avoid this product in spaces with a lot of corners and/or columns.

Even though this product is quite cheap on its own, having to glue it down makes the installation more intense and elevates the cost because of the extra expense of the glue that you have to take into account. Therefore we rarely advise this product to clients unless they have good installation skills.

Rubber on roll

Thickness:

8mm or 10mm

Color:

SBR full black or with color fleck

Shock absorbtion: 6mm

15,7%

8mm: 174%

10mm: 18,5%

12mm: 21%

Size:

120cm x 10m

Density Toplayer:

980kg/m³

Tolerance:

Length & width ±5%

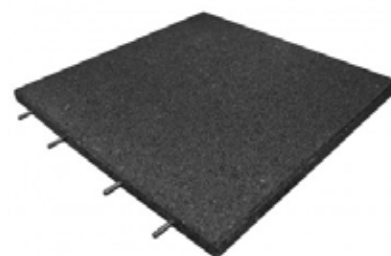


€32-38
/m²

5 OUTDOOR RUBBER

The STRIDE Outdoor Rubber Tiles are ideal for outside training zones because they are water permeable. Available in 5 colors they will spice up your garden gym!

BLACK - GREEN - SAND - ANTHRACITE - RED



€28/m²

Outdoor rubber

Thickness:

30 mm

Color:

SBR Base full black or with fleck or Full EPDM in any color

Shock absorbtion: 6mm

15,7%

8mm: 174%

10mm: 18,5%

12mm: 21%

Size:

1000x1000x30mm

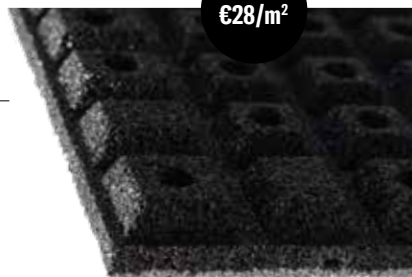
Density Toplayer:

980kg/m³

Tolerance:

Length & width ±5%

No glue connector system



LAMINATE



€26,99
/m²

We only offer one color of Laminate which we tend to use for physio cabinets, group training spaces like yoga or Zumba and walking paths. The reason we only have this one is because it's a high quality one that just looks very nice and warm when it's put down. Although the cost of Laminate per square meter is quite low, it's important to understand that it comes with a much higher installation cost. This because it takes a while to install it properly and requires custom measured plinths.

Click low-noise Subfloor:
€6/m²

Woodlook Laminate:
€26,99/m² (incl 10% waste)

White Plinth:
€14,85/m



Resistance class 32
for commercial use.

BOXING & MMA FLOOR



Contact us
for more
info!

Thickness: different sizes available

Color: multi-color available

LIQUID



1 LIQUID EPOXY

€80/m²

Epoxy is a very nice seamless floor which we can provide in any RAL Color. We use Epoxy mostly in hallways, toilets, waiting rooms and physio cabinets.

This because it's one of the easiest floors to clean and it has a very hygienic look and feel to it because it doesn't have joints like any other product above. It speaks for itself this product is not fit for training spaces as its would crack upon the impact of a kettlebell for example. Combining colors to get a base color with fleck or combining two separate colors in one room are both possible with this product. However it's important to take into account Epoxy has the tendency to change color a bit in places with lots of sunlight.

In order to make it less slippery we can add more sand to it to give it more grip. This might be interesting for football team hallways for example. As the process to put down an Epoxy liquid floor is quite intensive and requires a lot of expertise it comes with a higher price. For Epoxy at least 3 layers have to be put down.



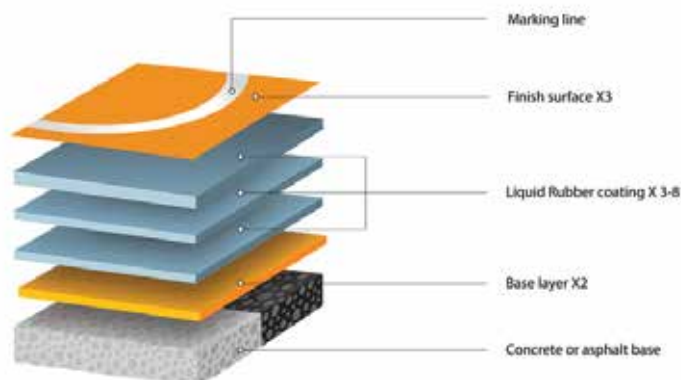
2 LIQUID PU

€125 /m²

In comparison to Epoxy liquid flooring, Liquid PU is perfect for indoor sports. This because it has an underlay subfloor of rubber on roll for optimal shock absorption.

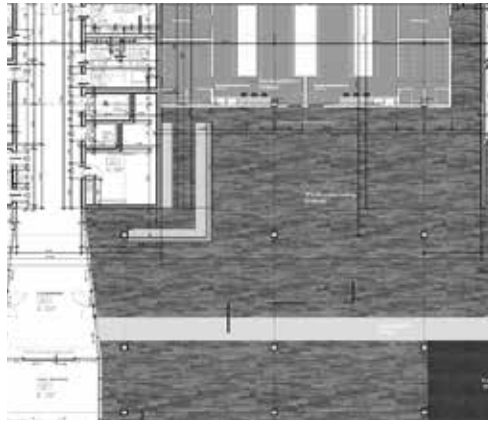
That is, absorption for bodyweight movement and functional training, not for weightlifting. Therefore it's ideal for all teamsport spaces and physio spaces.

Just like Epoxy liquid flooring, liquid PU too is very easy in maintenance and it's available in all possible RAL colors with different levels of anti slip R-value (sand content). Because this floor needs a rubber subfloor and 5 layers of Poly Urethaan pulled on top of that, it comes with a high price per square meter.



The perfect design in only 3 steps

1.



Consultation, measurement and advice

Tell us your ideas, dreams and demands. We measure your space, advise and calculate what's possible within your budget. Due to our experience, most of the time in this stage we also help you with business-specific questions.



GYM DESIGN

2.



Visualization and implementation strategy

Our facility design experts make a 3D-visualization of your space and discuss with you how the delivery, building and implementation will go. In this stage we also fine-tune the budget and expectations.



3.

Building and completion of the project

Our team guarantees a perfect installation and finishing of your functional training space so you are ready to open and kick some ass. Working with Perform Better also means continuous support after-sales and option to have business consulting.



3 WAYS TO BUILD YOUR GYM



1 SELF
INSTALL

2 INSTALLATION
CONSULTANT

3 FULL
OPTION

1

3 WAYS
TO BUILD
YOUR GYMSELF
INSTALL

Tell us what you need, we deliver accordingly, and you install everything exactly the way you want it.

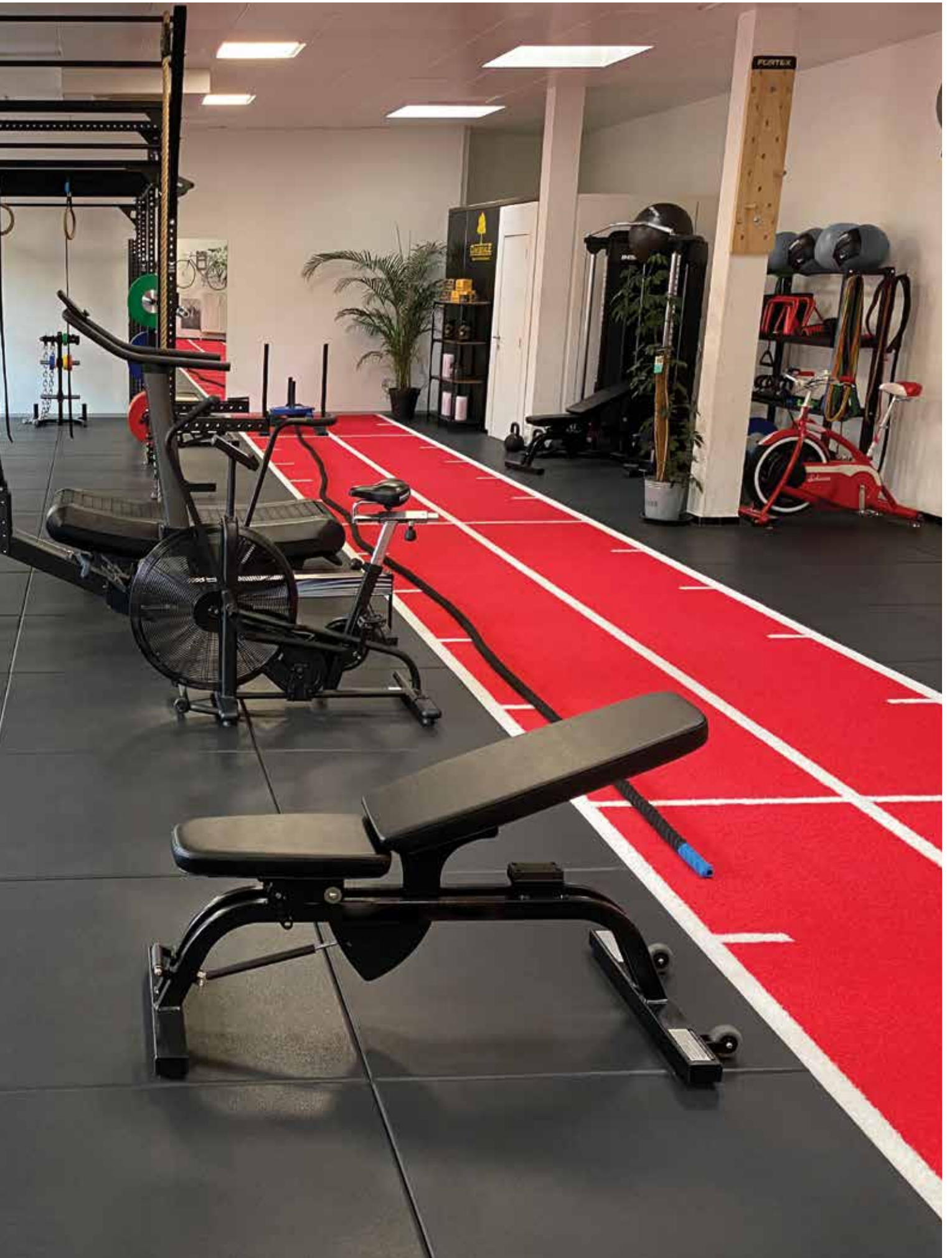
Use our manuals and instruction videos to help you with it.

Optionally you can add a basic flooring installation equipment kit so you have all the tools needed to get started.

KIT INCLUDES

-  Würth stanley knife
-  Spare knives
-  Cutting profile
-  Glue gun
-  Gloves









2

3 WAYS TO BUILD
YOUR GYM

INSTALLATION CONSULTANT

We guide you through the process of designing your ultimate gym and deliver what is required to do so, but the installation is still in your hands.

A project consultant comes over on the first day of installation with a van with all the tools needed to ensure a proper installation in the best conditions.

The project consultation costs €600 excl. VAT, excl. the cost of transportation (€0,34/km).

THIS EXISTS OF

Pre-installation
Q&A + guidelines

8h on site help
by project consultant

1 day rent of
all measuring and
installation equipment
(comes with project
consultant)

3

3 WAYS TO BUILD
YOUR GYM

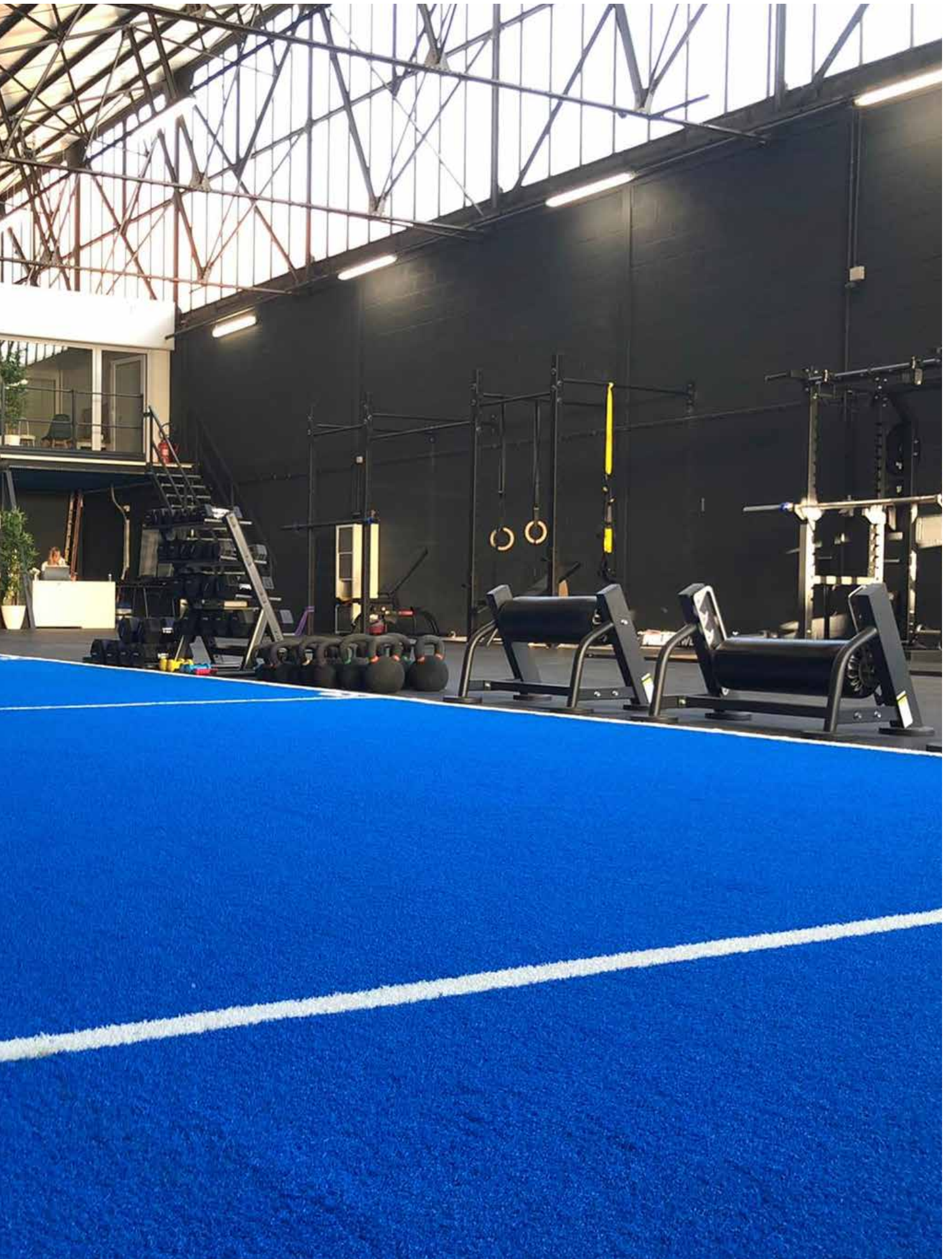
FULL OPTION

We have full control over the installation so you can relax and watch your gym being built for you, all the way from rough idea to finishing touch.

We take care of load-in and load-out, drilling, measuring, glueing, waste management, after-cleaning.

Our offer comes with an estimated amount of installation hours which will be adjusted accordingly after the actual installation.



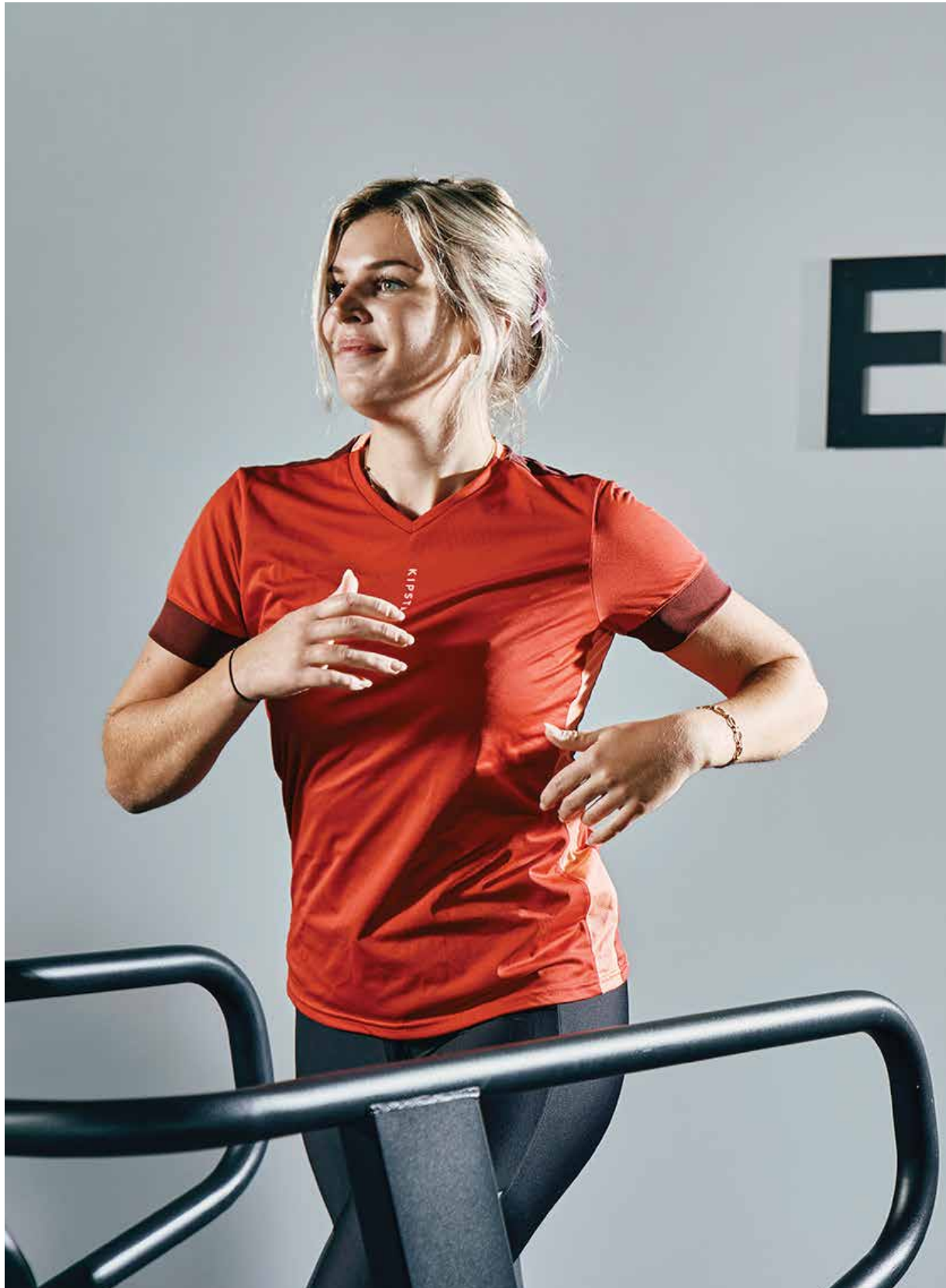


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PARTNERSHIP

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WWW.GYMVISUALS.BE



**Do you need a logo or a new website?
We can help you!**

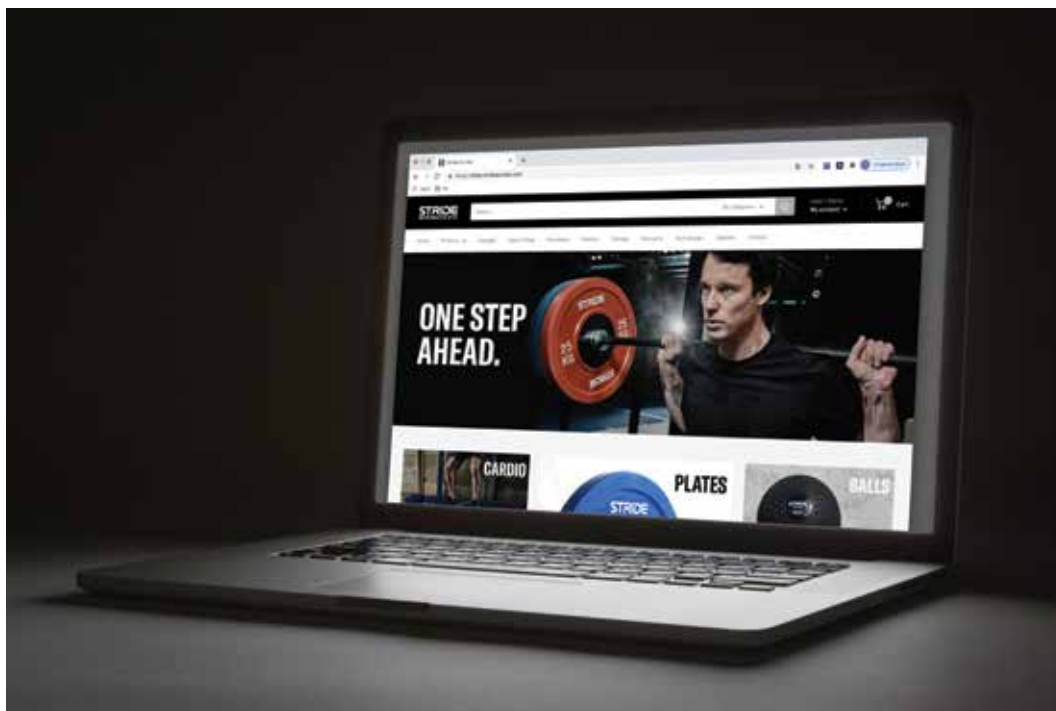
Gym Visuals is a Belgian branding studio with more than 10 years of experience. We design the best logo's and powerful websites only for gyms, physio's and personal trainers.

Don't hesitate to contact us about pricing or deadlines. We are here to help you from start to finish. Visit our website for more projects and leave a message, we'd love to meet you!

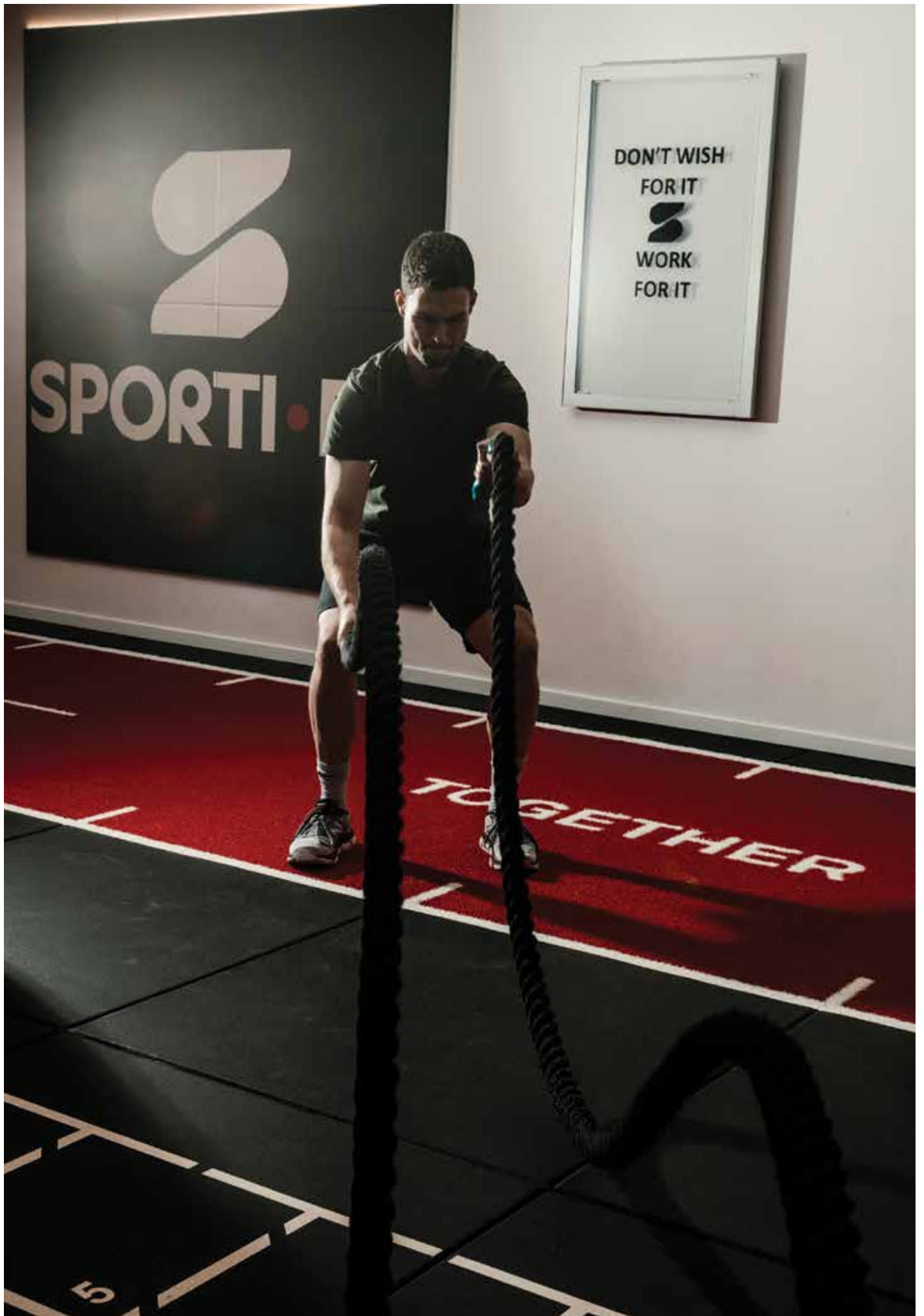


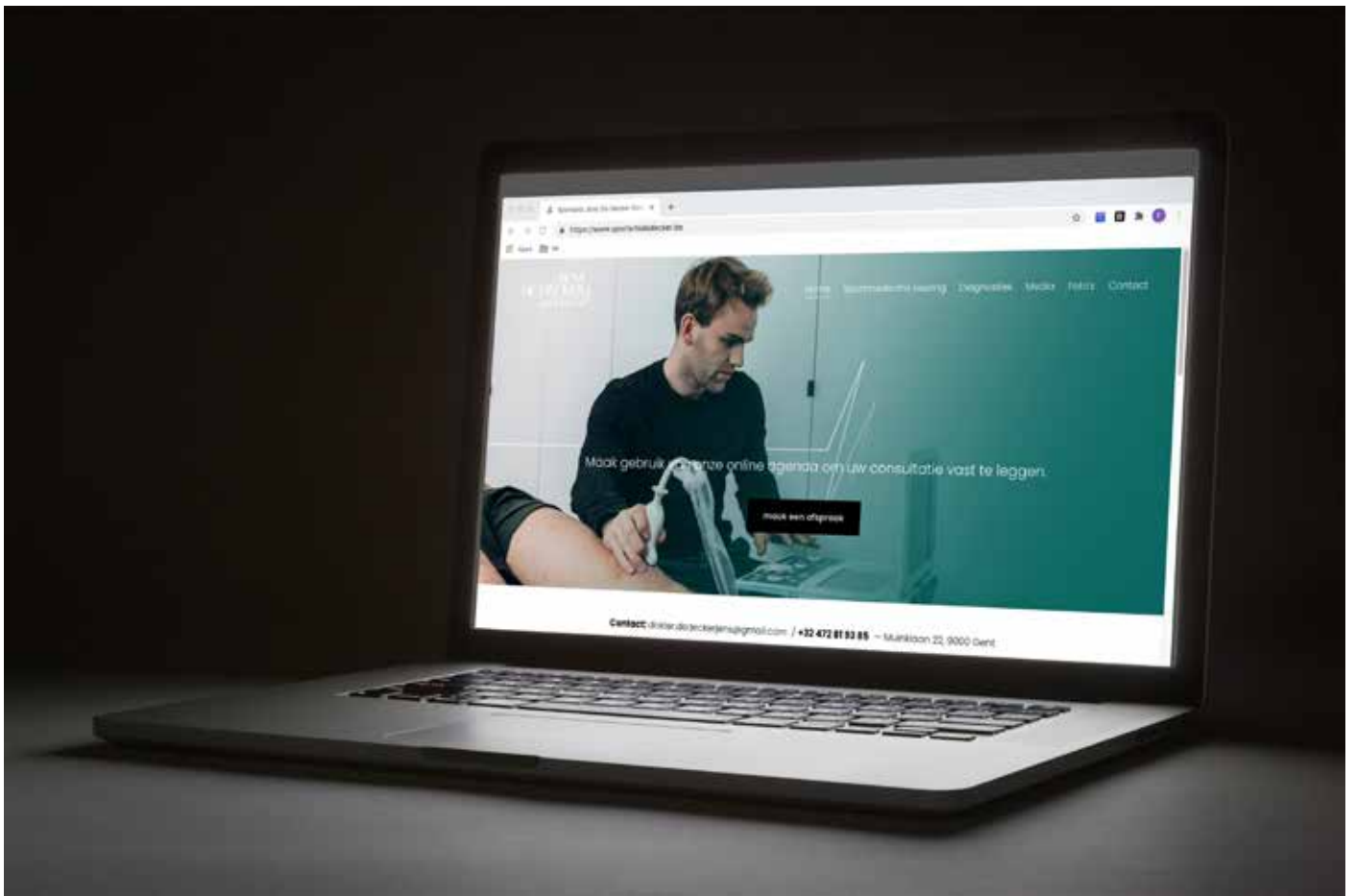
CLIPSE





GYM VISUALS
LET'S THINK DIFFERENTLY
ABOUT DESIGN.





**LOGO
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STEP AHEAD.

STRIDE



WE DESIGN FUNCTIONAL TR



KICK-ASS TRAINING SPACES.

STRIDE
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