KEISER STRENGTH

A350 SEATED BUTTERFLY

Model 2235



OPTIMIZE WITH FULL RANGE OF MOTION

The chest contains one of the largest muscle groups in the body. As such, it is important to train these muscles in a variety of ways. The Seated Butterfly adds that variety and is a great addition to one of our chest presses. We've added multiple adjustments to this machine to optimize your workout and minimize the stress on your shoulders. The independent arms allow you to cross over your chest to exercise through the full range of motion. The adjustable seat enhances the ability to work the upper and lower pectoral muscles.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth Keiser *Dynamic* Variable Resistance
- Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 72" / 1829 mm **WIDTH:** 50" / 1270 mm **DEPTH:** 63" / 1600 mm **WEIGHT:** 225 lbs / 102 kg **RESISTANCE RANGE:** 0 - 129 lbs / 0 - 59 kg

