

CATALOGUE 2021

ALL PRICES EXCLUDE VAT

**STRIDE**

**WWW.KEISER.NL | ONE STEP AHEAD**

**KEISER®**

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# ABOUT US





# ONE STEP AHEAD.

STRIDE is a European brand providing the finest gym equipment and building high-end training facilities. After 5 years of being your reliable one-stop-shop under the wings of our global Perform Better network, we decided we wanted more flexibility in product design and efficiency in our logistics. With this independence we can move faster and get closer to the customer.

So we changed our name, and we will step up your game.



**AFC AJAX**  
THE NETHERLANDS



**FYENOORD**  
THE NETHERLANDS



**CLUB BRUGGE**  
BELGIUM



**RSC. ANDERLECHT**  
BELGIUM



**RFC. ANTWERP**  
BELGIUM

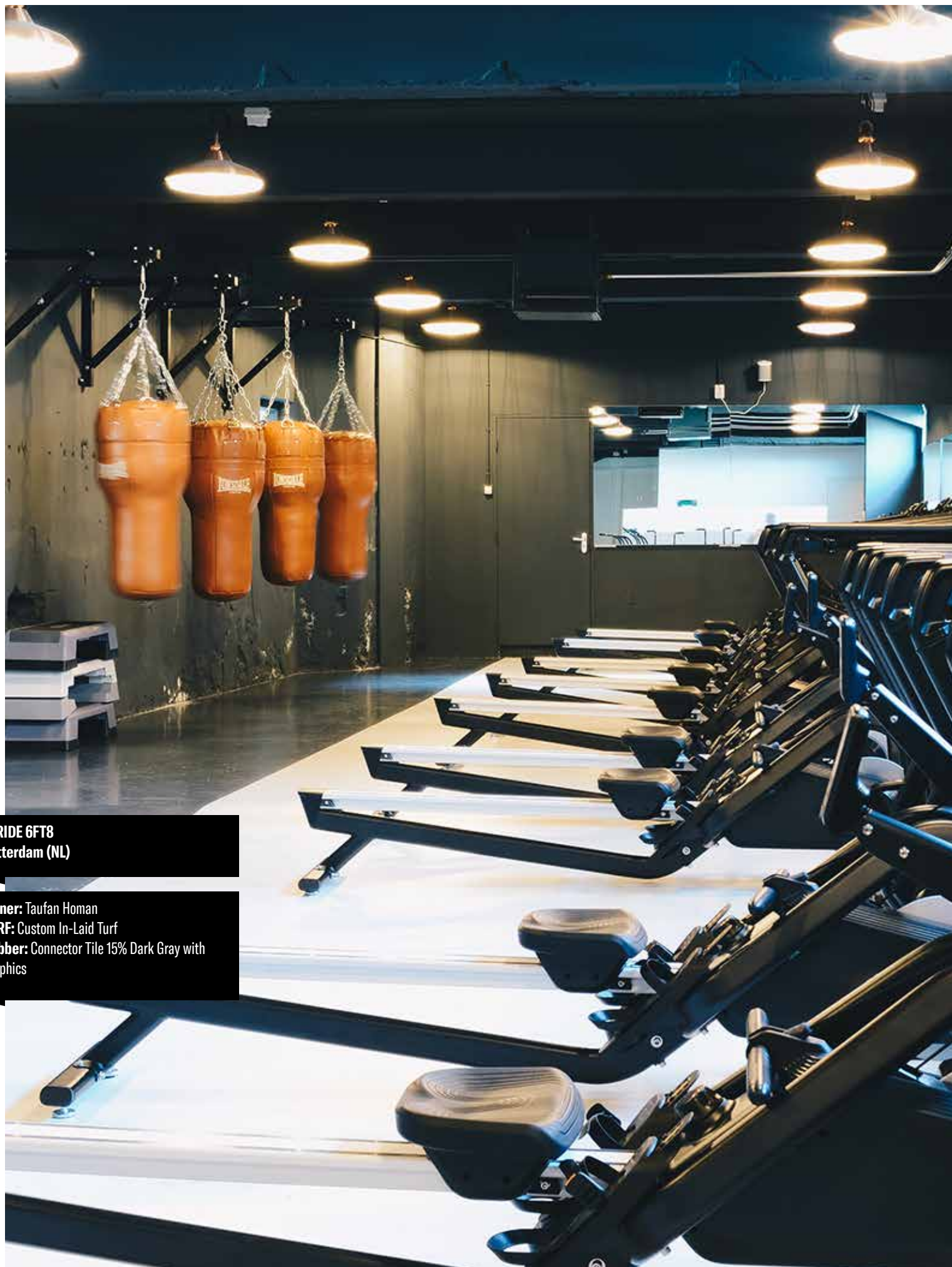


**KV MECHELEN**  
BELGIUM



**KVC WESTERLO**  
BELGIUM





**STRIDE 6FT8**  
**Rotterdam (NL)**

**Owner:** Taufan Homan  
**TURF:** Custom In-Laid Turf  
**Rubber:** Connector Tile 15% Dark Gray with Graphics







  
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# MOBILITY





## DUOBALL

| Art. Nr.    | Item                    | Price   |
|-------------|-------------------------|---------|
| STR-DUOBALL | STRIDE Duo Massage Ball | € 13,87 |



## LACROSSE BALL

| Art. Nr. | Item                                            | Price  |
|----------|-------------------------------------------------|--------|
| LACROSSE | Lacrosse ball in 3 colors (black, yellow, blue) | € 4,53 |



## DEEP ROLLER

| Art. Nr.     | Item               | Price   |
|--------------|--------------------|---------|
| STR-DEEPROLL | STRIDE Deep Roller | € 26,36 |





## BALANCE PAD

| Art. Nr.   | Item               | Price   |
|------------|--------------------|---------|
| STR-BALPAD | STRIDE Balance Pad | € 41,00 |



## YOGA BRICK

| Art. Nr.      | Item              | Price   |
|---------------|-------------------|---------|
| STR-YOGABRICK | STRIDE Yoga Brick | € 17,59 |



## EXERCISE MAT

| Art. Nr.    | Item                | Price   |
|-------------|---------------------|---------|
| STR-EXMAT   | STRIDE Exercise Mat | € 27,45 |
| STR-MATHOLD | STRIDE Mat Holder   | € 38,90 |



## AB MAT

| Art. Nr.  | Item          | Price   |
|-----------|---------------|---------|
| STR-ABMAT | STRIDE Ab Mat | € 19,80 |



## ADJUSTABLE WOODEN SLANT BOARD

| Art. Nr.       | Item                                 | Price    |
|----------------|--------------------------------------|----------|
| STR-ADJWDSLANT | STRIDE Adjustable Wooden Slant Board | € 101,20 |



## SLIDING DISCS

| Art. Nr.       | Item                 | Price   |
|----------------|----------------------|---------|
| STR-SLIDEDISCS | STRIDE Sliding Discs | € 19,40 |



# 3 IN 1 DEEP ROLLER

| Art. Nr.         | Item                      | Price   |
|------------------|---------------------------|---------|
| STR-DEEPROLL3IN1 | STRIDE 3 in 1 Deep Roller | € 46,26 |

## SPECS

Size: 45cm x 16cm  
Material: EVA + PVC



## BALANCE BALL

| Art. Nr.    | Item                   | Price   |
|-------------|------------------------|---------|
| STR-BALBALL | STRIDE Balance Ball    | € 25,58 |
| EF-BALHOLD  | EF Balance ball holder | €27,60  |



BALANCE  
BALL HOLDER  
PAGE 70

## BALANCE DOME

| Art. Nr.    | Item                     | Price    |
|-------------|--------------------------|----------|
| STR-BALDOME | STRIDE AVEC Balance Dome | € 184,80 |















**The ZOO**  
**Mol (BE)**

**Owner:** Greg Giraerts  
**Turf:** Custom Tufted Turf  
With Shockpad and Markings  
**Rubber:** Connector  
Tile Light Stone



  
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# MOVEMENT



## WOODEN PLYO BOX

| Art. Nr.      | Item                                        | Price    |
|---------------|---------------------------------------------|----------|
| STR-PLYOWOODS | STRIDE Wooden Plyo Box small (30x40x45cm)   | € 69,00  |
| STR-PLYOWOODR | STRIDE Wooden Plyo Box regular (41x51x61cm) | € 119,90 |



## SOFT 3-IN-1 PLYO BOX

| Art. Nr.         | Item                        | Price    |
|------------------|-----------------------------|----------|
| STR-PLYOSOFT3IN1 | STRIDE Soft 3-in-1 Plyo Box | € 175,87 |



## SOFT PLYO BOX SET

| Art. Nr.        | Item                                           | Price    |
|-----------------|------------------------------------------------|----------|
| STR-PLYOSOFTSET | STRIDE Soft Plyo Box SET (15, 30, 45 and 61cm) | € 439,89 |





# STRIDE RESISTANCE BANDS

| Art. Nr.     | Item                              | Weight       | Price   |
|--------------|-----------------------------------|--------------|---------|
| STR-BAND6XXS | STRIDE Resistance Band XXS Orange | 6kg; 6,4mm   | € 3,80  |
| STR-BAND9XS  | STRIDE Resistance Band XS Red     | 9kg; 13mm    | € 7,55  |
| STR-BAND20S  | STRIDE Resistance Band S Black    | 20kg; 22mm   | € 11,90 |
| STR-BAND225M | STRIDE Resistance Band M Purple   | 22,5kg; 32mm | € 18,15 |
| STR-BAND24L  | STRIDE Resistance Band L Green    | 24kg; 45mm   | € 25,40 |
| STR-BAND28XL | STRIDE Resistance Band XL Blue    | 28kg; 64mm   | € 36,70 |
| STR-BANDSET  | STRIDE Resistance Band Set        |              | € 93,15 |



## PERFORM BETTER MINI BANDS SETS

| Art. Nr.      | Item                                       | Price   |
|---------------|--------------------------------------------|---------|
| PB-MINIBYEL10 | PB Mini Band Yellow (light) SET OF 10      | € 33,61 |
| PB-MINIBGRE10 | PB Mini Band Green (medium) SET OF 10      | € 37,82 |
| PB-MINIBBLU10 | PB Mini Band Blue (heavy) SET OF 10        | € 42,02 |
| PB-MINIBBLA10 | PB Mini Band Black (extra heavy) SET OF 10 | € 46,22 |



## SAFETY TUBE

| Art. Nr.    | Item                             | Price   |
|-------------|----------------------------------|---------|
| STR-SAFTUBL | STRIDE Safety Tube Blue (Light)  | € 13,20 |
| STR-SAFTUBM | STRIDE Safety Tube Red (Medium)  | € 15,40 |
| STR-SAFTUBH | STRIDE Safety Tube Black (Heavy) | € 17,60 |



## AB WHEEL

| Art. Nr.    | Item            | Price   |
|-------------|-----------------|---------|
| STR-ABWHEEL | STRIDE Ab Wheel | € 52,95 |



## TACTICAL VEST

| Art. Nr.       | Item                 | Weight | Price    |
|----------------|----------------------|--------|----------|
| STR-TACTVEST55 | STRIDE Tactical Vest | 5,5kg  | € 123,20 |
| STR-TACTVEST75 | STRIDE Tactical Vest | 7,5kg  | € 133,65 |
| STR-TACTVEST95 | STRIDE Tactical Vest | 9,5kg  | € 141,57 |



## ROTATING PUSH UP HANDLES

| Art. Nr.   | Item                            | Price   |
|------------|---------------------------------|---------|
| STR-PUHAND | STRIDE Rotating Push Up Handles | € 20,53 |



## WATER POWER BAG

| Art. Nr.     | Item                   | Price    |
|--------------|------------------------|----------|
| STR-WATERBAG | STRIDE Water Power Bag | € 112,31 |





## WOODEN RINGS

| Art. Nr.     | Item                           | Price   |
|--------------|--------------------------------|---------|
| STR-WOODRING | STRIDE Wooden Gym Rings (pair) | € 68,20 |



## SUSPENSION TRAINER

| Art. Nr.      | Item                      | Price    |
|---------------|---------------------------|----------|
| STR-SUSPTRAIN | STRIDE Suspension Trainer | € 163,90 |



## SUSPENSION ANCHOR

| Art. Nr.     | Item                     | Price   |
|--------------|--------------------------|---------|
| STR-SUSPANCH | STRIDE Suspension Anchor | € 36,03 |







# ONE SLAM



# AHEAD.

## SLAM BALL

| Art. Nr.       | Item             | Weight | Price   |
|----------------|------------------|--------|---------|
| STR-SLAMBALL4  | STRIDE Slam Ball | 4kg    | € 18,00 |
| STR-SLAMBALL6  | STRIDE Slam Ball | 6kg    | € 21,00 |
| STR-SLAMBALL8  | STRIDE Slam Ball | 8kg    | € 24,00 |
| STR-SLAMBALL10 | STRIDE Slam Ball | 10kg   | € 27,00 |
| STR-SLAMBALL12 | STRIDE Slam Ball | 12kg   | € 33,00 |
| STR-SLAMBALL15 | STRIDE Slam Ball | 15kg   | € 48,00 |
| STR-SLAMBALL20 | STRIDE Slam Ball | 20kg   | € 69,00 |



## SLAM BALL SET

| Art. Nr.         | Item                          | Weight     | Price    |
|------------------|-------------------------------|------------|----------|
| STR-SLAMBALLSET1 | STRIDE Wall Ball SET 1 (5pcs) | 4kg - 12kg | € 114,80 |
| STR-SLAMBALLSET2 | STRIDE Wall Ball SET 2 (7pcs) | 4kg - 20kg | € 224,00 |

## WALL BALL

| Art. Nr.       | Item             | Weight | Price    |
|----------------|------------------|--------|----------|
| STR-WALLBALL3  | STRIDE Wall Ball | 3kg    | € 60,50  |
| STR-WALLBALL4  | STRIDE Wall Ball | 4kg    | € 66,00  |
| STR-WALLBALL5  | STRIDE Wall Ball | 5kg    | € 70,40  |
| STR-WALLBALL6  | STRIDE Wall Ball | 6kg    | € 75,90  |
| STR-WALLBALL7  | STRIDE Wall Ball | 7kg    | € 80,30  |
| STR-WALLBALL8  | STRIDE Wall Ball | 8kg    | € 85,80  |
| STR-WALLBALL9  | STRIDE Wall Ball | 9kg    | € 90,20  |
| STR-WALLBALL10 | STRIDE Wall Ball | 10kg   | € 94,60  |
| STR-WALLBALL11 | STRIDE Wall Ball | 11kg   | € 97,90  |
| STR-WALLBALL12 | STRIDE Wall Ball | 12kg   | € 100,10 |



## WALL BALL SET

| Art. Nr.        | Item                 | Weight        | Price    |
|-----------------|----------------------|---------------|----------|
| STR-WALLBALLSET | STRIDE Wall Ball SET | 3, 5, 7 & 9kg | € 290,00 |

## SLAM WALL

| Art. Nr.    | Item                     | Price      |
|-------------|--------------------------|------------|
| STR-LEDW2x2 | STRIDE Slam Wall 2m x 2m | € 967,00   |
| STR-LEDW2x3 | STRIDE Slam Wall 2m x 3m | € 1.234,00 |

**SPECS**  
**depth:** 3 cm  
**dimensions:**  
 2x2m or 3x2m  
 with custom logo

**Watch out:** This led wall is not  
 anti vibrating.  
 No noise or vibration  
 reduction guaranteed.

NEW!  
 LED WALL  
 WITH INDIRECT  
 LIGHT





## PLOW SLED

| Art. Nr.     | Item             | Price    |
|--------------|------------------|----------|
| STR-PLOWSLED | STRIDE Plow Sled | € 273,11 |

## SPECS

Size: 118cm x 83cm

Weight: 30kg







## AGILITY GRID SYSTEM

| Art. Nr.     | Item                       | Price   |
|--------------|----------------------------|---------|
| STR-AGILGRID | STRIDE Agility Grid System | € 42,81 |



## AGILITY LADDER

| Art. Nr.    | Item                  | Price   |
|-------------|-----------------------|---------|
| STR-AGILLAD | STRIDE Agility Ladder | € 35,28 |

### PRODUCT DETAILS

· Length: 4m



## BANANA SPEED HURDLES

| Art. Nr.     | Item                            | Weight | Price  |
|--------------|---------------------------------|--------|--------|
| STR-HURDLE6  | STRIDE Banana Speed Hurdles 6"  | 6"     | €9,00  |
| STR-HURDLE9  | STRIDE Banana Speed Hurdles 9"  | 9"     | €11,00 |
| STR-HURDLE12 | STRIDE Banana Speed Hurdles 12" | 12"    | €13,00 |
| STR-HURDLE15 | STRIDE Banana Speed Hurdles 15" | 15"    | €16,00 |



## TRAINING CONE

| Art. Nr.           | Item                               | Price   |
|--------------------|------------------------------------|---------|
| STR-TRAINCONERED   | STRIDE Training Cone RED (6pcs)    | € 38,28 |
| STR-TRAINCONEGREEN | STRIDE Training Cone GREEN (6 pcs) | € 38,28 |



## STEP UP

| Art. Nr.   | Item           | Price   |
|------------|----------------|---------|
| STR-STEPUP | STRIDE Step Up | € 95,70 |



EACH STEP CAN BE ADJUSTED TO 3 HEIGHTS

# STRIDE TACTICAL BAG ONE STEP AHEAD

| Art. Nr.    | Item                | Price   |
|-------------|---------------------|---------|
| STR-TACTBAG | STRIDE TACTICAL BAG | € 89,00 |





  
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# STRENGTH





# ADJUSTABLE LAT BUILDER

| Art. Nr.     | Item                                 | Price    |
|--------------|--------------------------------------|----------|
| STR-LATBUILD | STRIDE Double Adjustable Lat Builder | € 130,90 |



# LOCK COLLAR

| Art. Nr.   | Item                                      | Price   |
|------------|-------------------------------------------|---------|
| STR-LOCKBL | STRIDE Black Lock Collar for 50mm barbell | € 36,34 |





# BLACK IRON KETTLEBELL

| Art. Nr.       | Item                                        | Weight      | Price    |
|----------------|---------------------------------------------|-------------|----------|
| STR-BLACKKB4   | STRIDE Black Iron Kettlebell                | 4kg         | € 15,00  |
| STR-BLACKKB6   | STRIDE Black Iron Kettlebell                | 6kg         | € 22,50  |
| STR-BLACKKB8   | STRIDE Black Iron Kettlebell                | 8kg         | € 30,00  |
| STR-BLACKKB12  | STRIDE Black Iron Kettlebell                | 12kg        | € 45,00  |
| STR-BLACKKB16  | STRIDE Black Iron Kettlebell                | 16kg        | € 60,00  |
| STR-BLACKKB20  | STRIDE Black Iron Kettlebell                | 20kg        | € 72,50  |
| STR-BLACKKB24  | STRIDE Black Iron Kettlebell                | 24kg        | € 87,50  |
| STR-BLACKKB28  | STRIDE Black Iron Kettlebell                | 28kg        | € 102,50 |
| STR-BLACKKB32  | STRIDE Black Iron Kettlebell                | 32kg        | € 117,50 |
| STR-BLACKKBSET | STRIDE Black Iron Kettlebell (set of 9 pcs) | 4kg - 32 kg | € 530,40 |



**KETTLEBELL  
RACK**  
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# COMPETITION KETTLEBELL

| Art. Nr.     | Item                                        | Weight     | Price    |
|--------------|---------------------------------------------|------------|----------|
| STR-COMPKB6  | STRIDE Competition Kettlebell               | 6kg        | € 32,50  |
| STR-COMPKB8  | STRIDE Competition Kettlebell               | 8kg        | € 42,50  |
| STR-COMPKB10 | STRIDE Competition Kettlebell               | 10kg       | € 52,50  |
| STR-COMPKB12 | STRIDE Competition Kettlebell               | 12kg       | € 65,00  |
| STR-COMPKB16 | STRIDE Competition Kettlebell               | 16kg       | € 85,00  |
| STR-COMPKB20 | STRIDE Competition Kettlebell               | 20kg       | € 105,00 |
| STR-COMPKB24 | STRIDE Competition Kettlebell               | 24kg       | € 127,50 |
| STR-COMPKB28 | STRIDE Competition Kettlebell               | 28kg       | € 147,50 |
| STR-COMPKB32 | STRIDE Competition Kettlebell               | 32kg       | € 170,00 |
| STR-COMPSET  | STRIDE Competition Kettlebell (set of 9pcs) | 6kg - 32kg | € 794,40 |
| STR-COMPSET2 | STRIDE Competition Kettlebell (set of 5pcs) | 8kg - 24kg | € 408,00 |



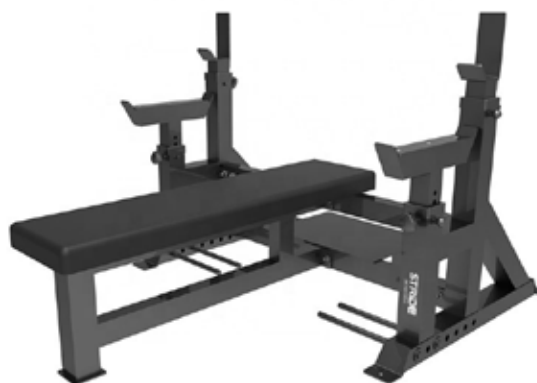






## BENCH PRESS

| Art. Nr.       | Item               | Price    |
|----------------|--------------------|----------|
| STR-BENCHPRESS | STRIDE Bench Press | € 757,25 |



# INCLINE/DECLINE BENCH

| Art. Nr.  | Item                         | Price    |
|-----------|------------------------------|----------|
| STR-BENCH | STRIDE Incline/Decline Bench | € 479,00 |









## BATTLE ROPE

| Art. Nr.    | Item               | Price    |
|-------------|--------------------|----------|
| STR-BATROPE | STRIDE Battle Rope | € 116,60 |



## BATTLE ROPE HOLDER

| Art. Nr.     | Item                      | Price   |
|--------------|---------------------------|---------|
| STR-ROPEHOLD | STRIDE Battle Rope Holder | € 39,47 |



## BATTLE ROPE ANCHOR

| Art. Nr.     | Item                      | Price   |
|--------------|---------------------------|---------|
| STR-ROPEANCH | STRIDE Battle Rope Anchor | € 21,13 |





# HEX RUBBER DUMBBELL

| Art. Nr.     | Item                              | Weight | Price    |
|--------------|-----------------------------------|--------|----------|
| STR-HEXDB10  | STRIDE Hex Rubber Dumbbell (pair) | 1kg    | € 9,00   |
| STR-HEXDB20  | STRIDE Hex Rubber Dumbbell (pair) | 2kg    | € 20,00  |
| STR-HEXDB25  | STRIDE Hex Rubber Dumbbell (pair) | 2,5kg  | € 17,50  |
| STR-HEXDB30  | STRIDE Hex Rubber Dumbbell (pair) | 3kg    | € 27,50  |
| STR-HEXDB40  | STRIDE Hex Rubber Dumbbell (pair) | 4kg    | € 37,50  |
| STR-HEXDB50  | STRIDE Hex Rubber Dumbbell (pair) | 5kg    | € 31,25  |
| STR-HEXDB60  | STRIDE Hex Rubber Dumbbell (pair) | 6kg    | € 55,00  |
| STR-HEXDB70  | STRIDE Hex Rubber Dumbbell (pair) | 7kg    | € 65,00  |
| STR-HEXDB75  | STRIDE Hex Rubber Dumbbell (pair) | 7,5kg  | € 47,50  |
| STR-HEXDB80  | STRIDE Hex Rubber Dumbbell (pair) | 8kg    | € 75,00  |
| STR-HEXDB90  | STRIDE Hex Rubber Dumbbell (pair) | 9kg    | € 86,00  |
| STR-HEXDB100 | STRIDE Hex Rubber Dumbbell (pair) | 10kg   | € 62,50  |
| STR-HEXDB125 | STRIDE Hex Rubber Dumbbell (pair) | 12,5kg | € 80,00  |
| STR-HEXDB150 | STRIDE Hex Rubber Dumbbell (pair) | 15kg   | € 95,00  |
| STR-HEXDB175 | STRIDE Hex Rubber Dumbbell (pair) | 17,5kg | € 110,00 |
| STR-HEXDB200 | STRIDE Hex Rubber Dumbbell (pair) | 20kg   | € 125,00 |
| STR-HEXDB225 | STRIDE Hex Rubber Dumbbell (pair) | 22,5kg | € 142,50 |
| STR-HEXDB250 | STRIDE Hex Rubber Dumbbell (pair) | 25kg   | € 157,50 |
| STR-HEXDB275 | STRIDE Hex Rubber Dumbbell (pair) | 27,5kg | € 167,50 |
| STR-HEXDB300 | STRIDE Hex Rubber Dumbbell (pair) | 30kg   | € 167,50 |



HEX  
DUMBBELL  
RACK  
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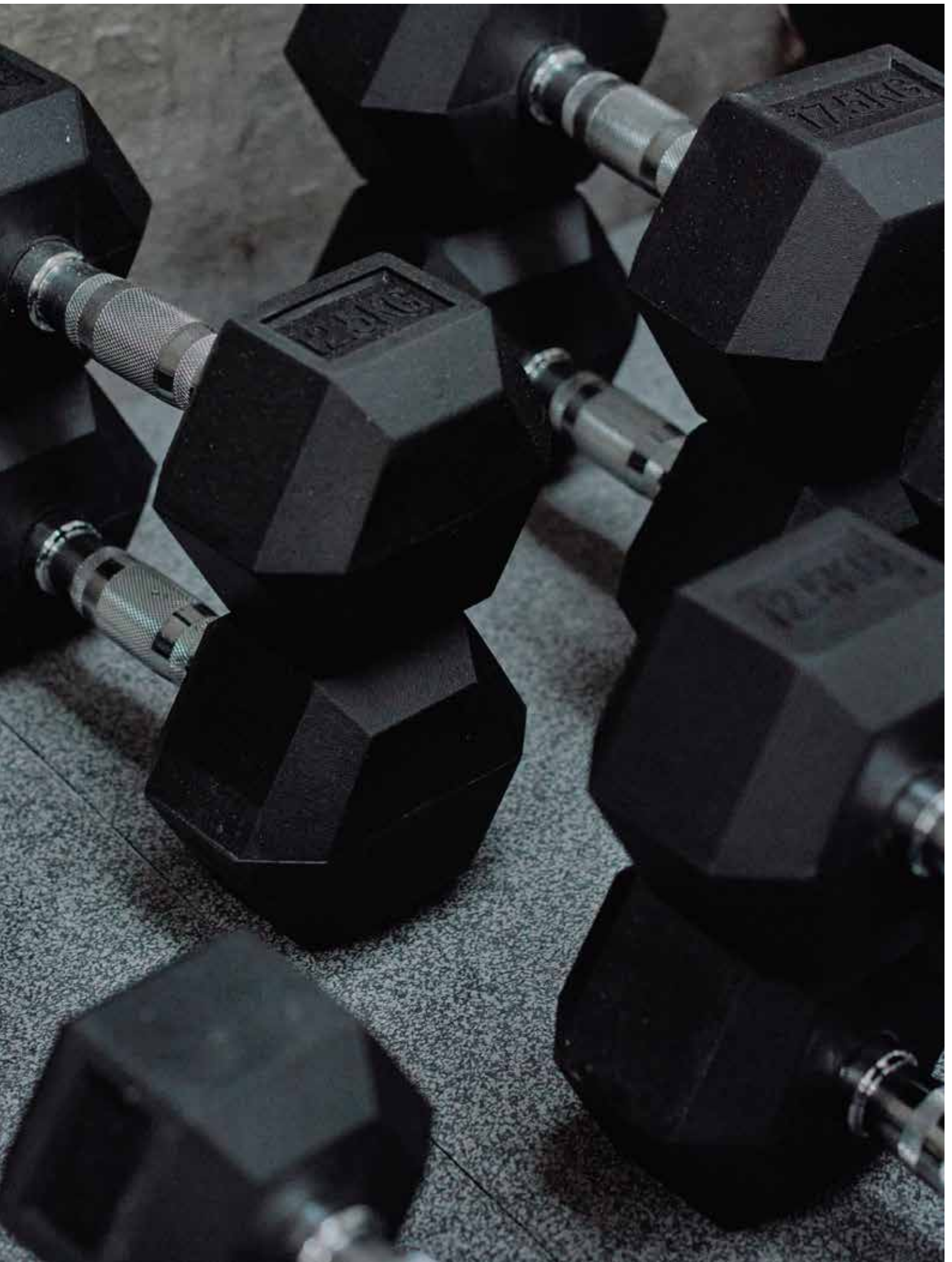
## HEX RUBBER DUMBBELL SET

| Art. Nr.      | Item                                               | Weight       | Price     |
|---------------|----------------------------------------------------|--------------|-----------|
| STR-HEXDBSET1 | STRIDE Hex Rubber Dumbbell SET 1 (set of 10 pairs) | 1kg - 10kg   | € 449,04  |
| STR-HEXDBSET2 | STRIDE Hex Rubber Dumbbell SET 2 (set of 8 pairs)  | 2,5kg - 20kg | € 546,00  |
| STR-HEXDBSET3 | STRIDE Hex Rubber Dumbbell SET 3 (set of 12 pairs) | 2,5kg - 30kg | € 1174,80 |

## ADJUSTABLE DUMBBELL (PAIR)

| Art. Nr.     | Item                                      | Price    |
|--------------|-------------------------------------------|----------|
| STR-DBADJUST | STRIDE Adjustable Dumbbell pair (2-32 kg) | € 699,00 |









## LANDMINE SINGLE

| Art. Nr.     | Item                   | Price    |
|--------------|------------------------|----------|
| STR-LANDMINE | STRIDE Landmine Single | € 181,18 |



## LANDMINE PLATFORM

| Art. Nr.         | Item                     | Price    |
|------------------|--------------------------|----------|
| STR-LANDMINEPLAT | STRIDE Landmine Platform | € 316,92 |





## FAT GRIP

| Art. Nr.    | Item             | Price   |
|-------------|------------------|---------|
| STR-FATGRIP | STRIDE Fat Grips | € 23,84 |



## GLOBE GRIP

| Art. Nr.      | Item               | Price   |
|---------------|--------------------|---------|
| STR-GLOBEGRIP | STRIDE Globe Grips | € 36,48 |



## V TRUNK BLASTER

| Art. Nr.   | Item                   | Price   |
|------------|------------------------|---------|
| STR-VTRUNK | STRIDE V Trunk Blaster | € 43,89 |



## PLATE TREE STORAGE

| Art. Nr.      | Item                      | Price    |
|---------------|---------------------------|----------|
| STR-PLATETREE | STRIDE Plate Tree Storage | € 259,00 |





## OLYMPIC MEN'S & WOMEN'S BARBELL

| Art. Nr.       | Item                           | Weight | Price    |
|----------------|--------------------------------|--------|----------|
| STR-BARMEN20   | STRIDE Olympic Men's Barbell   | 20kg   | € 245,30 |
| STR-BARWOMEN15 | STRIDE Olympic Women's Barbell | 15kg   | € 225,50 |



## STRIDE BLACK BEAST

| Art. Nr.     | Item               | Weight | Price    |
|--------------|--------------------|--------|----------|
| STR-BEASTBAR | STRIDE Black Beast | 20kg   | € 343,20 |



## BUDGET OLYMPIC BARBELL

| Art. Nr.      | Item                                 | Price    |
|---------------|--------------------------------------|----------|
| STR-BUDGBAR20 | STRIDE Budget Olympic Barbell (20kg) | € 148,50 |



## MONSTER HEX BARBELL

| Art. Nr.          | Item                       | Price    |
|-------------------|----------------------------|----------|
| STR-HEXBARMONSTER | STRIDE Monster Hex Barbell | € 398,20 |



## EZ BARBELL

| Art. Nr.  | Item              | Price   |
|-----------|-------------------|---------|
| STR-EZBAR | STRIDE EZ Barbell | € 72,60 |



## SAFETY SQUAT BARBELL

| Art. Nr.     | Item                        | Price    |
|--------------|-----------------------------|----------|
| STR-SAFSQBAR | STRIDE Safety Squat Barbell | € 262,00 |



## OLYMPIC HEX FARM BARBELL

| Art. Nr.       | Item                            | Price    |
|----------------|---------------------------------|----------|
| STR-HEXBARFARM | STRIDE Olympic Hex Farm Barbell | € 202,40 |



## MULTI GRIP TRAP BARBELL

| Art. Nr.       | Item                           | Price    |
|----------------|--------------------------------|----------|
| STR-HEXBARTRAP | STRIDE Multi Grip Trap Barbell | € 232,10 |



## BULGARIAN SQUAT BARBELL

| Art. Nr.       | Item                           | Price    |
|----------------|--------------------------------|----------|
| STR-HEXBARBULG | STRIDE Bulgarian Squat Barbell | € 247,50 |



**SPECS**  
Size: 1,2m  
Weight: 11,4kg

## TECHNIQUE BAR

| Art. Nr.    | Item                 | Price    |
|-------------|----------------------|----------|
| STR-TECHBAR | STRIDE Technique Bar | € 122,45 |



**SPECS**  
Weight: 7,5kg

## OPEN HEX BARBELL

| Art. Nr.       | Item                    | Price    |
|----------------|-------------------------|----------|
| STR-HEXBAROPEN | STRIDE Open Hex Barbell | € 183,70 |



**SPECS**  
Size: 2,23m  
Weight: 22,5kg

## MULTI GRIP SWISS BARBELL

| Art. Nr.          | Item                            | Price    |
|-------------------|---------------------------------|----------|
| STR-MULTISWISSBAR | STRIDE Multi Grip Swiss Barbell | € 191,40 |



**SPECS**  
Size: 2,2m  
Weight: 20kg

## OLYMPIC HEX BARBELL

| Art. Nr.        | Item                       | Price    |
|-----------------|----------------------------|----------|
| STR-HEXBAROLYMP | STRIDE Olympic Hex Barbell | € 149,60 |



**SPECS**  
Size: 1,42m  
Weight: 22,5kg

## NECK PAD

| Art. Nr.    | Item            | Price   |
|-------------|-----------------|---------|
| STR-NECKPAD | STRIDE Neck Pad | € 30,80 |







## COMPETITION RUBBER BUMPER PLATES

| Art. Nr.       | Item                                              | Weight     | Price     |
|----------------|---------------------------------------------------|------------|-----------|
| STR-COMPLATE5  | STRIDE Black Rubber Bumper Plate (Black, pair)    | 5kg        | € 97,50   |
| STR-COMPLATE10 | STRIDE Black Rubber Bumper Plate (Green, pair)    | 10kg       | € 192,50  |
| STR-COMPLATE15 | STRIDE Black Rubber Bumper Plate (Yellow, pair)   | 15kg       | € 287,50  |
| STR-COMPLATE20 | STRIDE Black Rubber Bumper Plate (Blue, pair)     | 20kg       | € 382,50  |
| STR-COMPLATE25 | STRIDE Black Rubber Bumper Plate (Red, pair)      | 25kg       | € 480,00  |
| STR-COMPLATE5  | STRIDE Black Rubber Bumper Plate (set of 5 pairs) | 5kg - 25kg | € 1382,40 |



## BLACK RUBBER BUMPER PLATE

| Art. Nr.        | Item                                              | Weight     | Price    |
|-----------------|---------------------------------------------------|------------|----------|
| STR-BUMPLATE5   | STRIDE Black Rubber Bumper Plate (pair)           | 5kg        | € 39,00  |
| STR-BUMPLATE10  | STRIDE Black Rubber Bumper Plate (pair)           | 10kg       | € 78,00  |
| STR-BUMPLATE15  | STRIDE Black Rubber Bumper Plate (pair)           | 15kg       | € 97,50  |
| STR-BUMPLATE20  | STRIDE Black Rubber Bumper Plate (pair)           | 20kg       | € 148,50 |
| STR-BUMPLATE25  | STRIDE Black Rubber Bumper Plate (pair)           | 25kg       | € 162,50 |
| STR-BUMPLATESET | STRIDE Black Rubber Bumper Plate (set of 5 pairs) | 5kg - 25kg | € 468,00 |



## FRACTIONAL PLATE

| Art. Nr.         | Item                                     | Weight        | Price    |
|------------------|------------------------------------------|---------------|----------|
| STR-FRACPLATE5   | STRIDE Fractional Plate (pair)           | 0,5kg         | € 15,00  |
| STR-FRACPLATE10  | STRIDE Fractional Plate (pair)           | 1kg           | € 30,00  |
| STR-FRACPLATE15  | STRIDE Fractional Plate (pair)           | 1,5kg         | € 45,00  |
| STR-FRACPLATE20  | STRIDE Fractional Plate (pair)           | 2kg           | € 60,00  |
| STR-FRACPLATE25  | STRIDE Fractional Plate (pair)           | 2,5kg         | € 75,00  |
| STR-FRACPLATESET | STRIDE Fractional Plate (set of 5 pairs) | 0,5kg - 2,5kg | € 210,00 |



# TIRE FLIP 180

| Art. Nr.     | Item                 | Price      |
|--------------|----------------------|------------|
| STR-TIREFLIP | STRIDE Tire Flip 180 | € 1.225,71 |



## GLUTE HAM BUILDER

| Art. Nr.     | Item                     | Price     |
|--------------|--------------------------|-----------|
| STR-GLUTEHAM | STRIDE Glute Ham Builder | € 1088,76 |





# HIP THRUSTER

| Art. Nr.   | Item                | Price    |
|------------|---------------------|----------|
| STR-HIPTHR | STRIDE Hip Thruster | € 302,74 |







**ECLIPSE GYM**  
**Hedel (NL)**

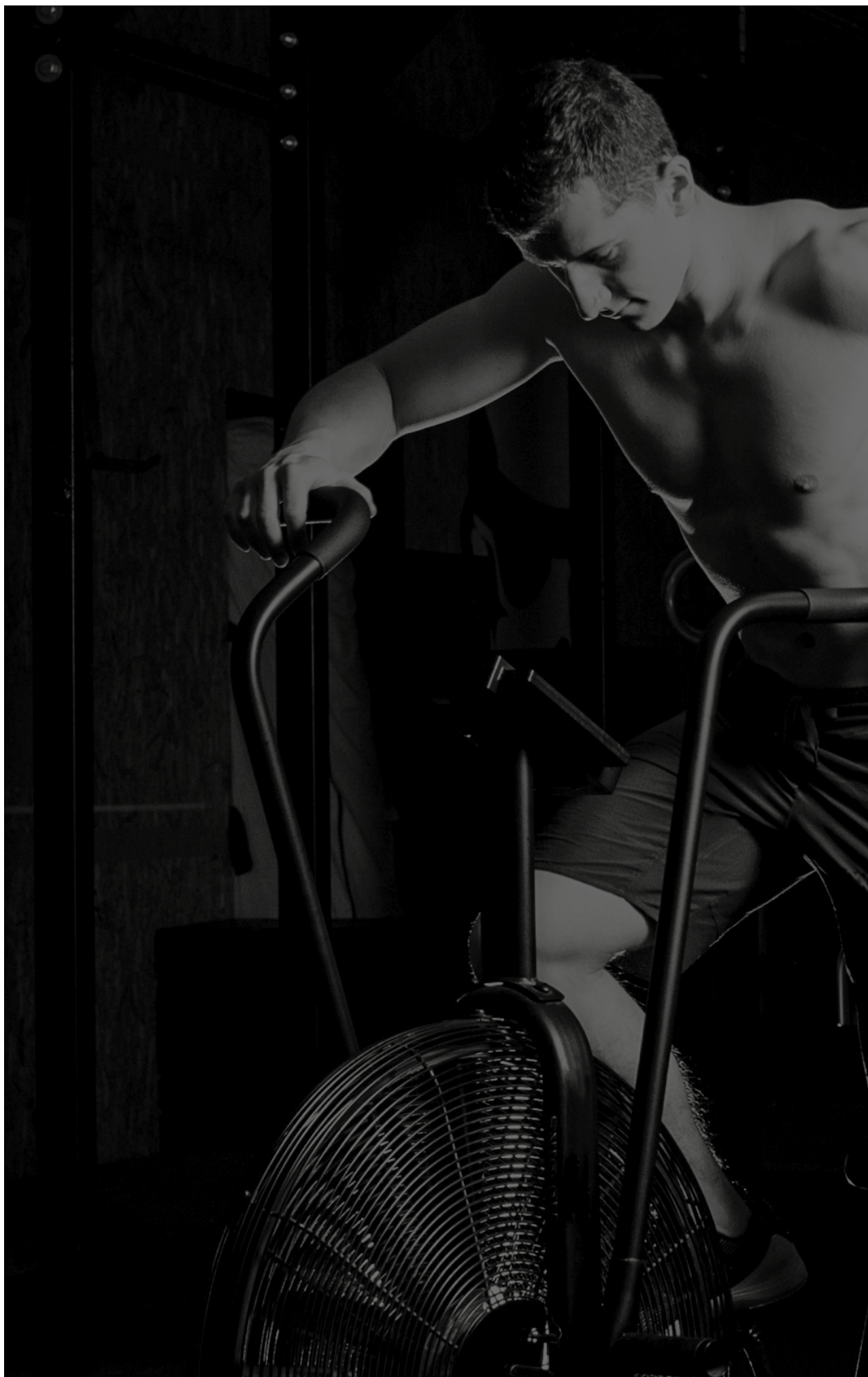
**Owner:** Oskar Kubicki  
**Turf:** Custom Tufted Turf  
With Shockpad and Markings  
**Rubber:** Connector  
Tile Dark Stone





  
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# CARDIO





## INTERVAL TIMER

| Art. Nr.  | Item                  | Price    |
|-----------|-----------------------|----------|
| STR-TIMER | STRIDE Interval Timer | € 212,00 |



## JUMP ROPE

| Art. Nr.        | Item                         | Price   |
|-----------------|------------------------------|---------|
| STR-JUMPROPEALU | STRIDE Jump Rope (aluminium) | € 17,18 |





## STRIDE ROWER

| Art. Nr.  | Item         | Price    |
|-----------|--------------|----------|
| STR-ROWER | STRIDE Rower | € 899,00 |

## DC ATHLETICS TRAIL BLAZER

| Art. Nr.     | Item                                | Price      |
|--------------|-------------------------------------|------------|
| DC-TREADMILL | DC ATHLETICS trail blazer treadmill | € 2.800,00 |







# STRIDE SKI TRAINER

| Art. Nr.     | Item                                 | Price    |
|--------------|--------------------------------------|----------|
| STR-SKITRAIN | STRIDE SKI TRAINER (With Floorstand) | € 988,90 |

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# BOXING







# STRIDE BOXING BAG

| Art. Nr.        | Item                                     | Price    |
|-----------------|------------------------------------------|----------|
| STR-BOXBAGSTAND | STRIDE boxing Bag 180 cm (standard logo) | € 205,00 |
| STR-BOXBAGCUST  | STRIDE boxing Bag 180 cm (custom logo)   | € 350,00 |



# STRIDE SENSEI

| Art. Nr.           | Item                                 | Price     |
|--------------------|--------------------------------------|-----------|
| STR-BOXMASPROPLATE | STRIDE Sensei with steel floor plate | € 1375,00 |







All boxings and octagons can be customised with a single color logo.



## BASIC BOXING RING (ON FLOORLEVEL)

| Art. Nr.     | Item                    | Square Meter | Price     |
|--------------|-------------------------|--------------|-----------|
| STR-BOXRING4 | Basic Boxing Ring Floor | 4x4          | € 2600,00 |
| STR-BOXRING5 | Basic Boxing Ring Floor | 5x5          | € 2800,00 |
| STR-BOXRING6 | Basic Boxing Ring Floor | 6x6          | € 3100,00 |
| STR-BOXRING7 | Basic Boxing Ring Floor | 7x7          | € 3400,00 |
| STR-BOXRING8 | Basic Boxing Ring Floor | 8x8          | € 3700,00 |

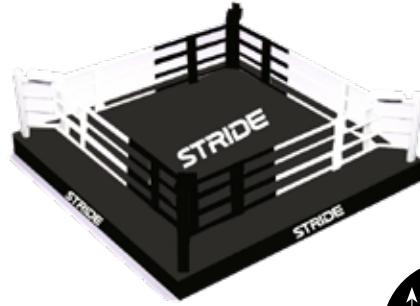


POSSIBLE COLORS THAT CAN BE  
COMBINED FOR RING AND FLOOR



## BOXING RING ELEVATED (40CM HEIGHT)

| Art. Nr.         | Item                       | Square Meter | Price     |
|------------------|----------------------------|--------------|-----------|
| STR-BOXRINGELEV4 | Basic Boxing Ring Elevated | 4x4          | € 3499,00 |
| STR-BOXRINGELEV5 | Basic Boxing Ring Elevated | 5x5          | € 3899,00 |
| STR-BOXRINGELEV6 | Basic Boxing Ring Elevated | 6x6          | € 4299,00 |
| STR-BOXRINGELEV7 | Basic Boxing Ring Elevated | 7x7          | € 4599,00 |
| STR-BOXRINGELEV8 | Basic Boxing Ring Elevated | 8x8          | € 5399,00 |



POSSIBLE COLORS THAT CAN BE  
COMBINED FOR RING AND FLOOR



40 CM  
PLATFORM  
HEIGHT

## OCTAGON CAGE (ON FLOORLEVEL)

| Art. Nr.     | Item                      | Square Meter | Price     |
|--------------|---------------------------|--------------|-----------|
| STR-BOXCAGE4 | STRIDE Octagon Cage Floor | 4x4          | € 3499,00 |
| STR-BOXCAGE5 | STRIDE Octagon Cage Floor | 5x5          | € 3899,00 |
| STR-BOXCAGE6 | STRIDE Octagon Cage Floor | 6x6          | € 4299,00 |
| STR-BOXCAGE7 | STRIDE Octagon Cage Floor | 7x7          | € 4599,00 |
| STR-BOXCAGE8 | STRIDE Octagon Cage Floor | 8x8          | € 5399,00 |



POSSIBLE COLORS THAT CAN BE  
COMBINED FOR RING AND FLOOR



## OCTAGON CAGE ELEVATED (40CM HEIGHT)

| Art. Nr.         | Item                         | Square Meter | Price     |
|------------------|------------------------------|--------------|-----------|
| STR-BOXCAGEELEV4 | STRIDE Octagon Cage Elevated | 4x4          | € 3899,00 |
| STR-BOXCAGEELEV5 | STRIDE Octagon Cage Elevated | 5x5          | € 4199,00 |
| STR-BOXCAGEELEV6 | STRIDE Octagon Cage Elevated | 6x6          | € 4599,00 |
| STR-BOXCAGEELEV7 | STRIDE Octagon Cage Elevated | 7x7          | € 4899,00 |
| STR-BOXCAGEELEV8 | STRIDE Octagon Cage Elevated | 8x8          | € 5699,00 |



POSSIBLE COLORS THAT CAN BE  
COMBINED FOR RING AND FLOOR



40 CM  
PLATFORM  
HEIGHT



  
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# STORAGE





## HEX DUMBBELL RACK

| Art. Nr.      | Item                     | Price    |
|---------------|--------------------------|----------|
| STR-HEXDBRACK | STRIDE Hex Dumbbell Rack | € 246,40 |



### PRODUKTDDETAILS

- Size: 150cm x 60cm x 16cm
- Weighth: 35kg

## KETTLEBELL RACK

| Art. Nr.   | Item                                      | Price    |
|------------|-------------------------------------------|----------|
| STR-KBRACK | STRIDE Budget Kettlebell Rack (2 shelves) | € 215,55 |
| STR-KBRACK | STRIDE Kettlebell Rack (3 shelves)        | € 299,09 |



### PRODUKTDDETAILS

- Size: 137cm x 61cm x 91cm  
(3 shelves)



## BARBELL HORIZONTAL GUN RACK

| Art. Nr.       | Item                                          | Price   |
|----------------|-----------------------------------------------|---------|
| STR-BARGUNRACK | STRIDE Barbell Horizontal Gun Rack (for 8pcs) | € 93,78 |

### PRODUKTDDETAILS

- Holder 8 pieces
- Length: 140cm
- Weight: 14kg



## BAND AND TUBE RACK

| Art. Nr.     | Item                      | Price   |
|--------------|---------------------------|---------|
| STR-BANDRACK | STRIDE Band and Tube Rack | € 55,37 |

### PRODUKTDDETAILS

- Holder 10 pieces
- Length: 60cm
- Weight: 4,5kg







## BALLS AND BELLS RACK

| Art. Nr.      | Item                        | Price    |
|---------------|-----------------------------|----------|
| STR-COMBORACK | STRIDE Balls and Bells Rack | € 935,00 |



## BARBELL HOLDER

| Art. Nr.    | Item                             | Price    |
|-------------|----------------------------------|----------|
| STR-BARHOLD | STRIDE Barbell Holder (for 9pcs) | € 160,00 |



### PRODUKTDDETAILS

- Size: 53cm x 52,5cm x 17cm
- Weight: 15kg

## MAT HOLDER

| Art. Nr.    | Item              | Price   |
|-------------|-------------------|---------|
| STR-MATHOLD | STRIDE Mat Holder | 38,90 € |



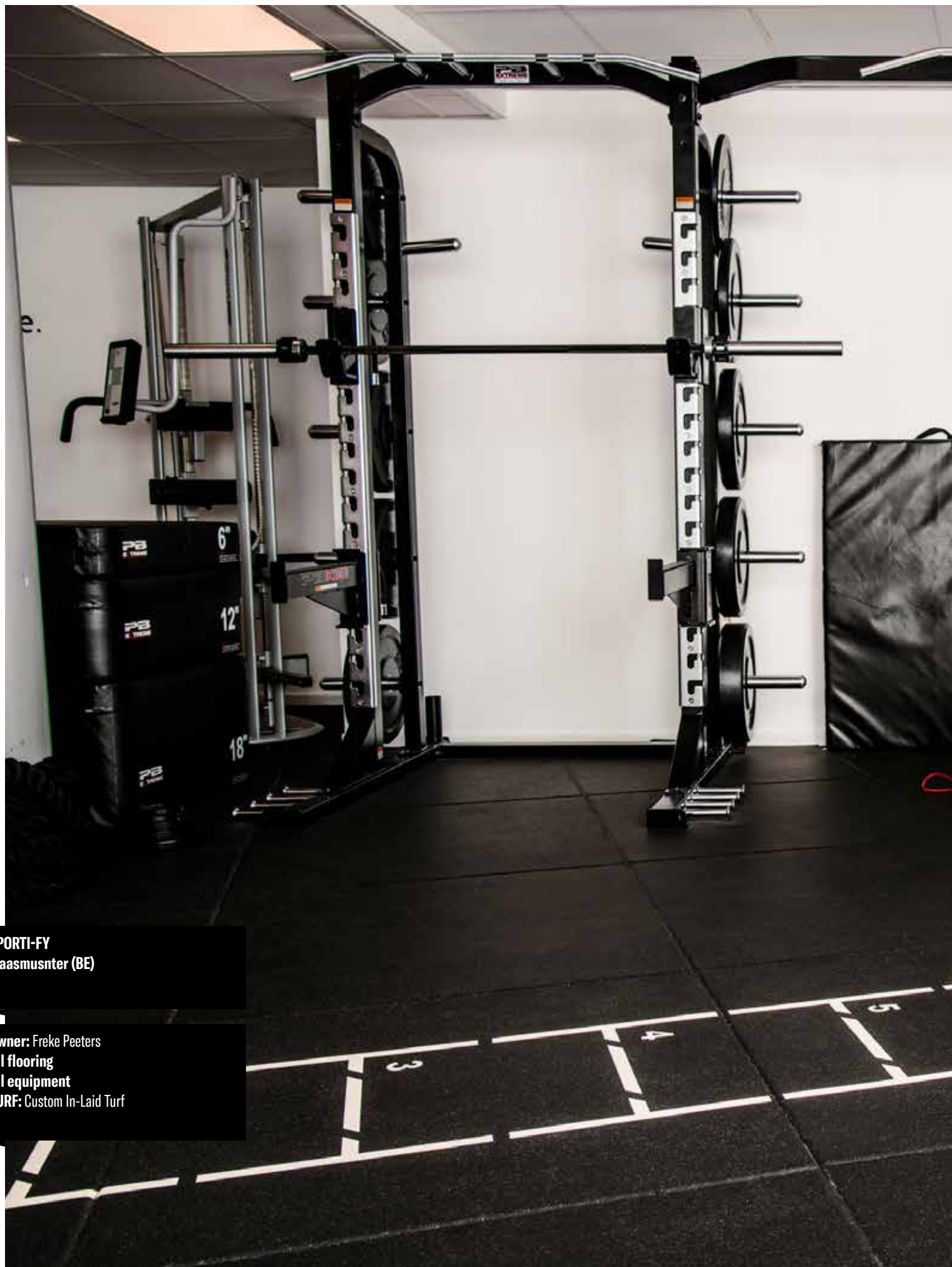
## MEDICINE BALL RACK

| Art. Nr.         | Item                               | Price    |
|------------------|------------------------------------|----------|
| STR-MEDBALLBRACK | STRIDE Rollable Medicine Ball Rack | € 192,02 |

### PRODUKTDDETAILS

- Size: 152cm x 52cm x 96cm
- Main tube: 50cm
- Weight: 13,5kg





**SPORTI-FY**  
**Waasmusnter (BE)**

**Owner:** Freke Peeters  
**All flooring**  
**All equipment**  
**TURF:** Custom In-Laid Turf





  
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# RACKS & RIGS







## MULTI GRIP PULL UP BAR

| Art. Nr.        | Item                          | Price   |
|-----------------|-------------------------------|---------|
| STR-PULLUPMULTI | STRIDE Multi Grip Pull Up Bar | €160,60 |



### PRODUKTDDETAILS

- Length: 110cm
- Width: 28cm
- Weight: 15kg

## UPCLIMB PULL UP BAR

| Art. Nr.        | Item                       | Price   |
|-----------------|----------------------------|---------|
| STR-PULLUPCLIMB | STRIDE Upclimb Pull Up Bar | €198,00 |



### PRODUKTDDETAILS

- Length: 108cm



# WALL MOUNT HD CROSS TRAINING RIGS



**WALL-MOUNT HD  
CROSS TRAINING RIG 1-0**  
SKU: 30-03843  
**€626,75**



**WALL-MOUNT HD  
CROSS TRAINING RIG 1-1**  
SKU: 30-03844  
**€930,35**



**WALL-MOUNT HD  
CROSS TRAINING RIG 2-1**  
SKU: 30-03845  
**€1327,10**



**WALL-MOUNT HD  
CROSS TRAINING RIG 3-2**  
SKU: 30-03846  
**€2026,30**



**WALL-MOUNT HD  
CROSS TRAINING RIG 4-3**  
SKU: 30-03847  
**€2726,65**



# SUSPENSION BELT FRAME



**SUSPENSION BELT FRAME 1,5M**

SKU: 20-00567

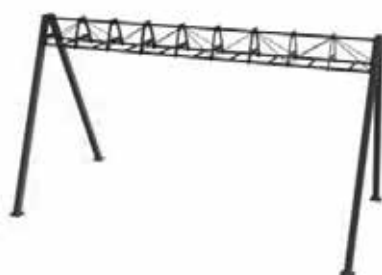
€1354,70



**SUSPENSION BELT FRAME 3,0M**

SKU: 20-00104

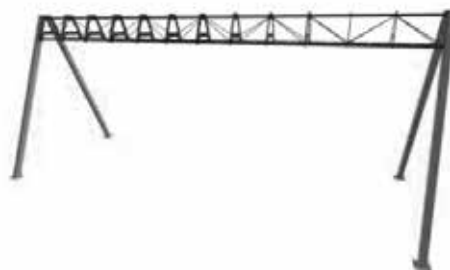
€1749,15



**SUSPENSION BELT FRAME 4,5M**

SKU: 20-00568

€ 2142,45



**SUSPENSION BELT FRAME 6,0M**

SKU: 20-00569

€2535,75



**SUSPENSION BELT FRAME 9,0M**

SKU: 20-00128

€3323,50



**SUSPENSION BELT FRAME BEAM 1,45M**

SKU: 20-00102

393,30





# POWER RACKS & SQUAT RACKS



**POWER RACK WITH SHELVES**

SKU: 30-03030

€5.660,00



**SQUAT RACK BASIC**

SKU: 30-05040

€515,20



**SQUAT RACK PRO**

SKU: 30-04554

€782,00



# HD CROSS TRAINING RIGS



**HD CROSS TRAINING RIG 1-0**

SKU: 30-03849

€1107,45



**HD CROSS TRAINING RIG 1-1**

SKU: 30-03851

€1642,2



**HD CROSS TRAINING RIG 2-1**

SKU: 30-03852

€2360,95



**HD CROSS TRAINING RIG 3-2**

SKU: 30-03853

€3614,45



**HD CROSS TRAINING RIG 4-3**

SKU: 30-03854

€4867,95



**HD CROSS TRAINING RIG 4-1**

SKU: 30-03848

€3306,25



**TRAINING RIG**

SKU: 30-03428

€4230,85



# HOME & BACKYARD GYM



**BACKYARD FUNCTIONAL TRAINING RIG**  
SKU: 30-03979  
€3248,75



**BACKYARD FUNCTIONAL TRAINING RIG  
W/O FLOOR MOUNT**  
SKU: 30-05518  
€2543,8



**BACKYARD FUNCTIONAL TRAINING RIG  
W/O FLOOR MOUNT**  
SKU: 30-05624  
€3967,5



**HOME TRAINING RIG**  
SKU: 30-05626  
€2817,50



**HOME TRAINING RIG WITH STORAGE**  
SKU: 30-05557  
€4625,30







**MOBILE SQUAT STAND**  
20-04198A  
€434,7



**BALANCE BALL HOLDER**  
(max 8kg)  
20-06908  
€27,60



**PLATE STORAGE TREE**  
20-06927  
€298,99

# OCTORIG SYSTEM



**OCTORIG STANDARD**  
SKU: 30-00736  
€4278,00



**OCTORIG EXTENDED**  
SKU: 30-00892  
€5704,00



**OCTORIG TACTICAL**  
SKU: 30-02455  
€10570,80



**OCTORIG TACTICAL**  
SKU: 30-02016  
€17039,55



**OCTORIG TACTICAL**  
SKU: 30-02007  
€8454,80



**OCTORIG TACTICAL**  
SKU: 30-02017  
€21369,3



**OCTORIG TACTICAL**  
SKU: 30-03834  
€12489,00



**OCTORIG TACTICAL**  
SKU: 30-04406  
€6591,80



# COMBINED CROSS TRAINING RIGS



**FUNCTIONAL TRAINING RIG**  
SKU: 30-03219\_Gr  
€10539,75



**BRIDGE WITH BOXING RAIL**  
SKU: 30-05444A01  
€7084,00



**BRIDGE AND STORAGE SET**  
SKU: 30-03892  
€13678,10



**FUNCTIONAL TRAINING RIG**  
SKU: 30-03835  
€15720,50



**FUNCTIONAL TRAINING RIG**  
SKU: 30-05839  
€16970,55





**ROUNDED OCR RIG**  
SKU: 30-03946  
**€13.731,00**



**SQUAT STATIONS WITH STORAGE**  
SKU: 30-03946  
**€12834,00**



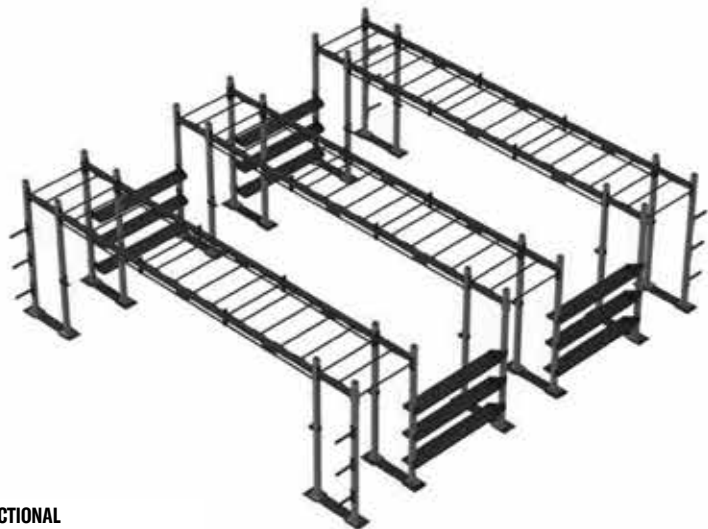
**CALISTHENICS RIG**  
SKU: 30-04378  
**€5732,75**



**CUSTOM OCR RIG**  
SKU: 30-04187\_01  
**call us for details**



# CROSS-TRAINING BRIDGES



**TRIPLE FUNCTIONAL  
TRAINING BRIDGE**  
SKU: 30-03051  
€18451,75



**DOUBLE FUNCTIONAL  
TRAINING BRIDGE**  
SKU: 30-03050  
€12259,00



**FUNCTIONAL  
TRAINING BRIDGE**  
SKU: 30-03049  
€5096,80





**STORAGE PERIMETER**

SKU: 30-04662

**€9064,3**



**DUMBBELL RACK**

SKU: 20-04912

**€570,4**



**HEAVY DUTY RACK 1,77M**

SKU: 30-03983

**€924,00**



**HEAVY DUTY RACK 1,05M**

SKU: 20-03745

**€590,00**



**DOUBLE DUMBBELL RACK**

SKU: 20-04912-2

**€920,00**







# OUTDOOR FITNESS STATIONS



SKU: 30-01076  
€5.165,00



SKU: 30-03820-A-0001  
€1.136,00



SKU: 30-03870-D-0001  
€5.760,00

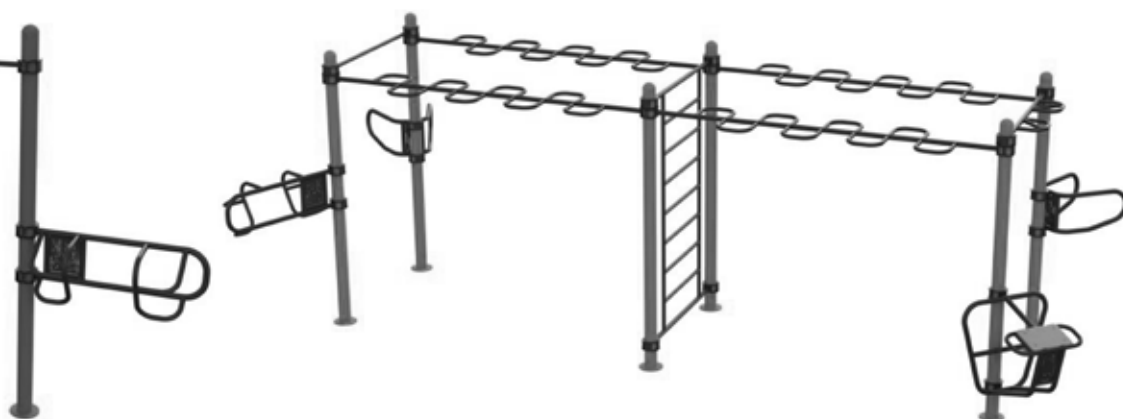


SKU: 30-03870-D-0004  
€6.947,00



SKU: 30-03850-C-0002  
€5.770,00

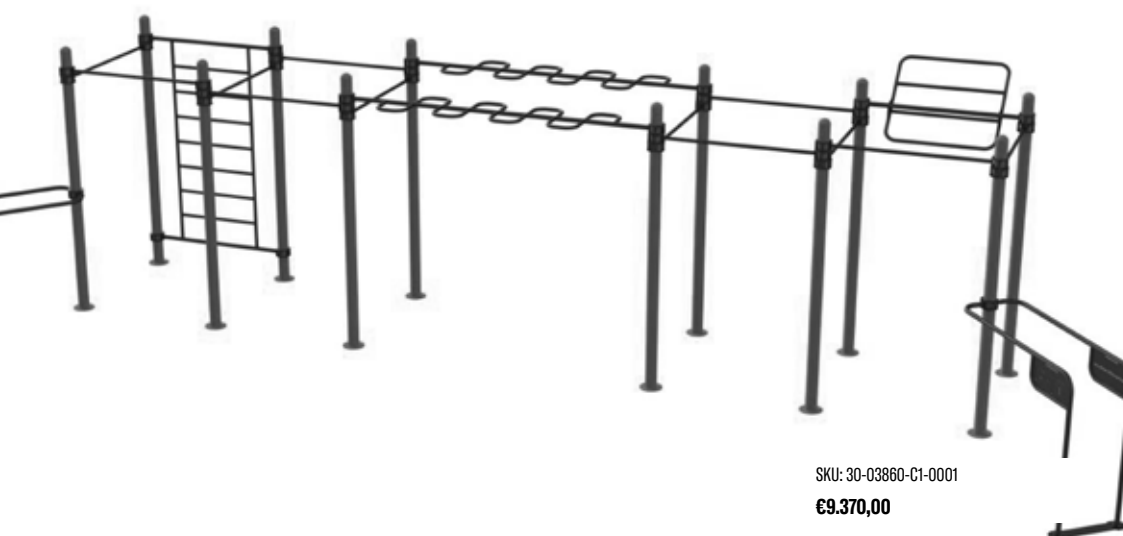




SKU: 30-03850-C-0003A01  
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SKU: 30-03840-B-0001  
€3.203,00



SKU: 30-03860-C1-0001  
€9.370,00



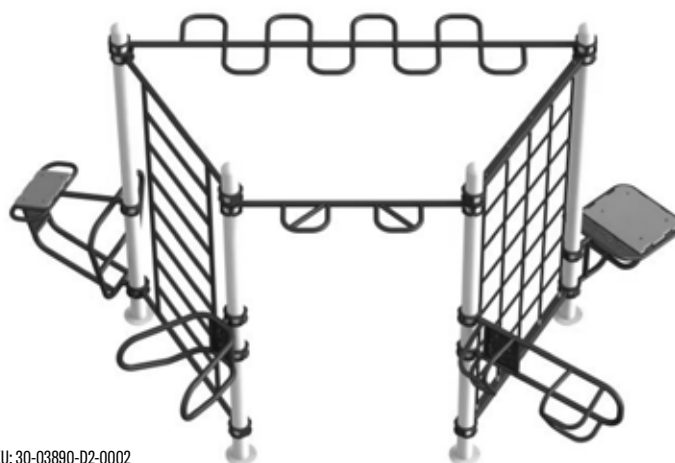


# OUTDOOR FITNESS STATIONS



SKU: 30-03880-D1-0001

€7.219,00



SKU: 30-03890-D2-0002

€6.109,00



SKU: 30-03860-C1-0003

€7.050,00





SKU: 30-03840-B-0002

€2.326,00



SKU: 30-03850-C-0001

€5.146,00



SKU: 30-03880-C-0001

€12.211,00



SKU: 30-03890-D2-0001

€4.038,00





# OUTDOOR FREE STANDING ELEMENTS



**FLAT BALANCE BEAM**  
SKU: 20-04256  
€492,00



**UNSTABLE  
FLAT BALANCE BEAM**  
SKU: 20-04533  
€648,00



**RUNNING CURVE**  
SKU: 30-06000A00  
€2312,00



**UP AND DOWN**  
SKU: 30-05122  
€536,00



**LONG RUNNING CURVE**  
SKU: 30-05476A00  
€3468,00

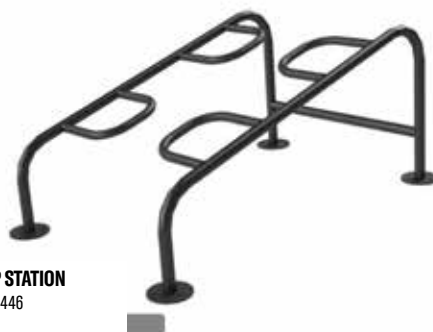


**BALANCE COURSE**  
SKU: 30-05998A00  
€1632,00

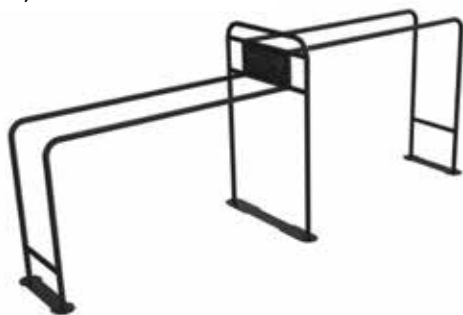
# OUTDOOR GROUND OBSTACLES



**MULTI-LEVEL PLYO PLATFORM**  
40-50-60  
SKU: 20-00400B  
€998,00



**PUSH-UP STATION**  
SKU: 20-00446  
€436,00



**DIP BARS**  
SKU: 20-02442-0  
€1198,00



**NINJA STEPS**  
SKU: 30-05202A00  
€4624,00

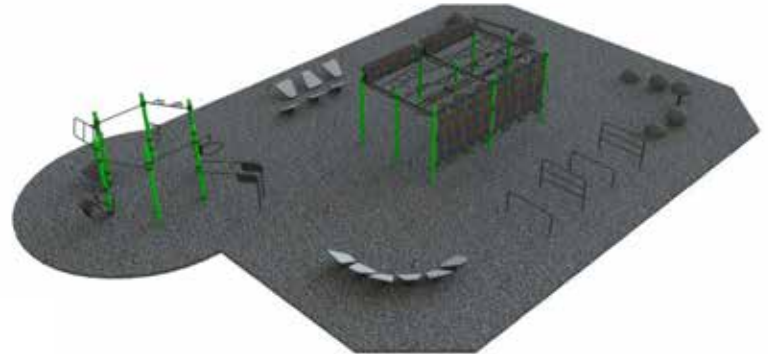


**ROUND BALANCE BEAM SET**  
SKU: 30-02343-43  
€972,00





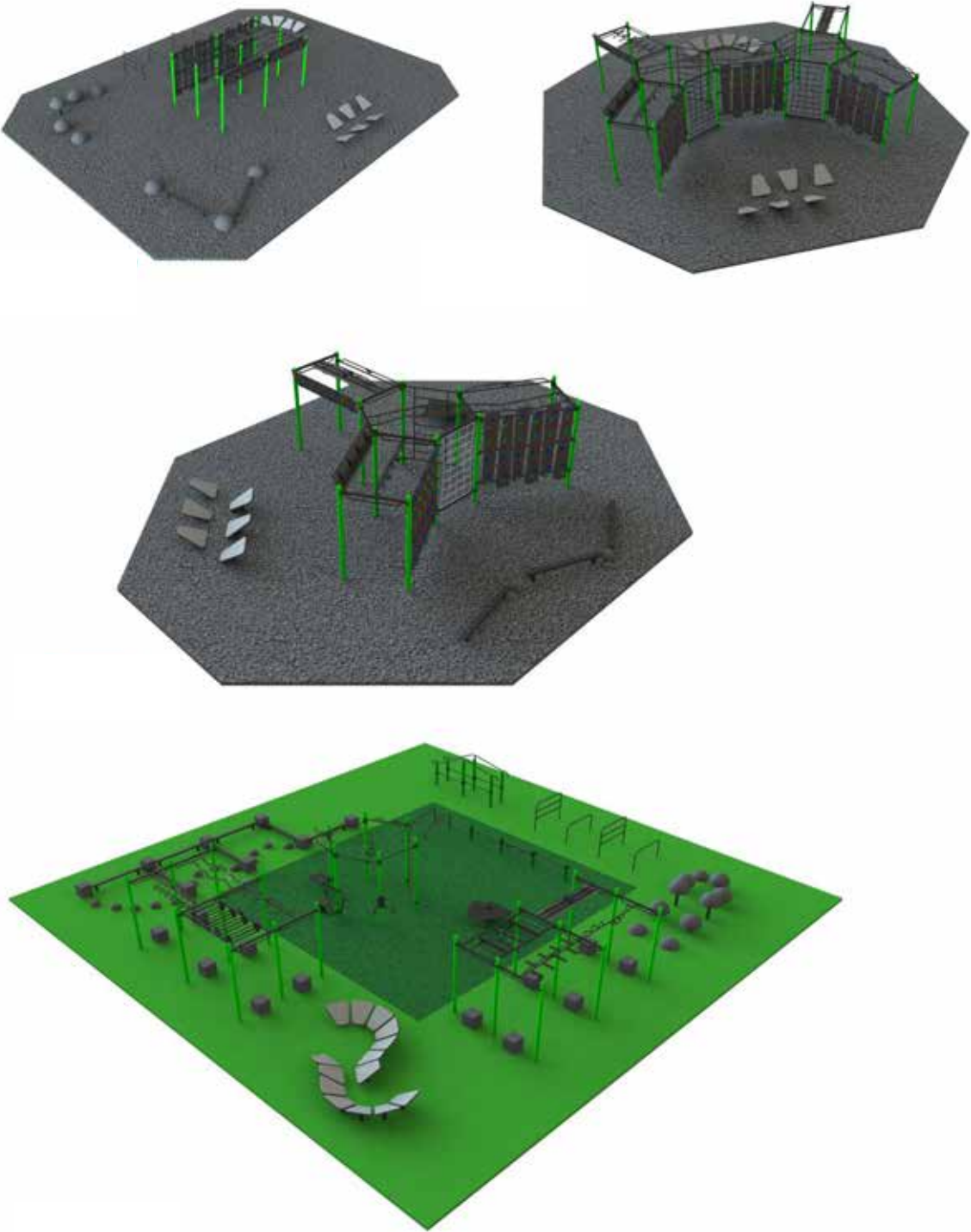
# OUTDOOR FITNESS PLAYGROUNDS



SKU: 30-05878  
**€8911,00**



SKU: 30-05678A00-1  
**€15.387,00**



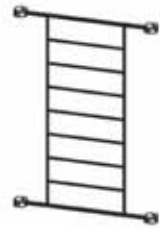




# OUTDOOR FUNCTIONAL TRAINING STATION



**MULTI GRIP BAR**  
20-00695  
€259,00



**LADDER**  
20-00943  
€742,00



**MONKEY BAR**  
20-00355  
€460,00



**V-SHAPE DIP BARS**  
20-00520  
€428,00



**CHALKBOARD**  
20-01639  
€614,00



**FLYING PULL UP BAR**  
20-01268  
€464,00



**BOARD FOR STANDING PUSH UPS**  
20-02339  
€425,00



**PLYO PLATFORM**  
20-01201  
€512,00



**SIT UP PUSH UP GHD**  
20-01201  
€547,00



30-03870-D-0001  
€5.760,00



ROW PUSH UP DIP BAR  
ASSISTED SQUAT  
20-01065  
€435,00



SHELF  
20-06023  
€160,00



LONG DIP BARS  
20-03206  
€876,00





# OUTDOOR OBSTACLE TRAINING ELEMENTS

## ATTACHABLE OUTDOOR DOUBLE SPHERES

20-05672

€86,00



## SWINGING BEAM

20-05130

€553,00



## MONKEY BAR

20-05107

€393,00

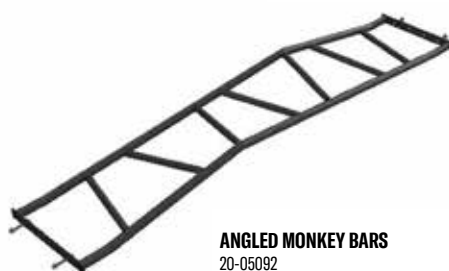


**VORTEX**  
20-06021  
€992,00



**OUTDOOR CLIMBING NET**  
20-06021  
€2.173,00

**REVOLVER PULLUP BAR SET**  
20-05966  
€2.124,00



**ANGLED MONKEY BARS**  
20-05092  
€387,00



**SWINGING MONKEY BARS**  
20-05966  
€1.772,00



**CURVED BRIDGE**  
20-05875  
€989,00



**MONKEY BAR H**  
20-05104  
€486,00







## STORAGE ATTACHMENTS



**STORAGE SHELF 1,77M**

SKU: 20-02717

€259,9



**STORAGE SHELF**

SKU: 10-01098

€96,6



**BAR HOLDER**

SKU: 20-02840

€221,95



**DISC STORAGE PIN**

SKU: 20-00276

€66,7



**HORIZONTAL BAR HOLDER**

SKU: 10-02560

€55,2



**DUMBBELL SHELF 1,77M**

SKU: 20-05664

€264,5



**EF STORAGE SHELF  
FOR MEDICINE BALLS**

SKU: EF-20-02812A

€131,1

## OCR/NINJA ATTACHMENTS



**REVOLVER  
PULL-UP BAR**

SKU: 20-03484

€430,00



**OBSTACLE COURSE RACING  
TRAINER NUNCHUCKS**

SKU: 10-03243

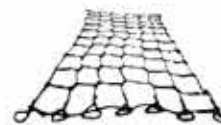
€18,00



**CLIMBING CARGO NET  
3,5M x 1,7M**

SKU: 00-04621

€374,00



**CLIMBING CARGO NET  
3,5M x 3,5M**

SKU: 00-04622

€643,00

# OCR/NINJA ATTACHMENTS



**CLIMBING ROPE 50MM, 4,5M**  
SKU: 00-05002  
**€89,7**



**WOODEN GYMNASTIC RINGS  
WITH BELTS**  
SKU: 00-03954  
**€38,00**



**GRIP TRAINING ROPE  
38MM, 45CM HEMP**  
SKU: 00-03951  
**€28,75**



**CLIMBING ROPE  
50MM, 4,5M HEMP**  
SKU: 00-03949  
**€94,3**



**CLIMBING WALL ROPE  
20MM, 4M**  
SKU: 00-03952  
**€48,3**



**SALMON LADDER SET**  
SKU: 20-05151  
**€287,5**



**GRIP TRAINING ROPE  
38MM, 45CM**  
SKU: 00-03950  
**€28,75**



**OBSTACLE COURSE  
RACING TRAINER HANDLE**  
SKU: 20-03239  
**€43,7**



**ON BEAM STAIRWAY**  
SKU: 20-03271  
**€43,7**



**ON BEAM STAIRWAY L**  
SKU: 20-03267  
**€43,7**



**ON BEAM STAIRWAY R**  
SKU: 20-03265  
**€43,7**



**UNSTABLE BRIDGE  
FOR OBSTACLE COURSE RACING**  
SKU: 20-03275  
**€455,4**



**PEG BOARD**  
SKU: 10-04183  
**€193,2**



**OBSTACLE COURSE RACING  
TRAINER HALF PINCH**  
SKU: 10-03240  
**€18,4**



**OBSTACLE COURSE RACING  
TRAINER PINCH**  
SKU: 20-03246  
**€27,6**



# FUNCTIONAL TRAINING ATTACHMENTS



**WALL BALL TARGET**  
SKU: 20-00475  
**€94,3**



**HALF SAFETY BARS (pair)**  
SKU: 20-05806  
**€211,6**



**DIP BARS FOR RACKS**  
SKU: 20-04119  
**€209,3**



**BATTLE ROPE CONNECTION WL BAR HOLDER**  
SKU: 20-01097  
**€94,3**



**CUSTOM LOGO PLATE**  
SKU: 10-03327  
**€193,2**



**PREMIUM J CUPS**  
SKU: 20-03025  
**€98,9**



**PLYO PLATFORM**  
SKU: 20-03522A  
**€317,40**



**REMOVABLE PULL UP BAR**  
SKU: 20-02986  
**€142,6**



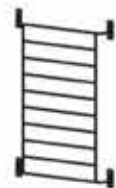
**ON BEAM ANCHORING POINT**  
SKU: 10-01730  
**€18,4**



**WALL BALL TARGET ADDITIONAL**  
SKU: 20-00507  
**€94,30**



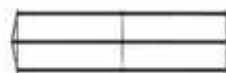
**OUTBOARD ATTACHMENT**  
SKU: 20-03016  
**€201,25**



**LADDER FRAME**  
SKU: 20-00993  
**€606,05**



**REMOVABLE DIP BARS PAIR**  
SKU: 20-03005  
**€552,0**



**MULTI LEVEL PULL UP BAR**  
SKU: 20-00512  
**€218,00**



**MULTI GRIP BAR**  
SKU: 20-00130  
**€250,70**




**HANDSTAND PUSH UP SHIELD**

SKU: 20-02881

**€285,2**

**WIDE ON BEAM PULL UP BAR WITH SPHERES**

SKU: 20-02789

**€193,2**

**ON BEAM ATTACHABLE SPHERE**

SKU: 20-02494

**€51,75**

**CORE TRAINER**

SKU: 20-00959A

**€94,3**

**WIDE FLYING PULL UP BAR**
**1,77M**

SKU: 20-01524A

**€371,45**

**FLYING PULL UP BAR**
**1,05M**

SKU: 20-01062A

**€333,50**

**WOODEN LADDER**

SKU: 10-05144

**€204,70**

**WIDE ON BEAM PULL UP BAR**

SKU: 20-01728

**€128,8**

**BASIC J CUPS**

SKU: 20-03026

**€79,35**

**PREMIUM DIP BARS**

SKU: 20-01692

**€317,4**

**FOOT PLATE FOR LONG STEP**

SKU: 10-03037

**€235,75**

**BASIC CUPS**

SKU: 20-00293

**€104,65**


# KEISER

The only thing that can make a STRIDE gym even better, is Keiser Equipment. Our partner in crime has revolutionized fitness with their pneumatic training systems and indoor cycles, and is therefore the perfect addition to your gym.

For prices, please contact  
[info@strideeurope.com](mailto:info@strideeurope.com)

## M3 INDOOR BIKE



## AIR350 CHEST PRESS



## AIR250 LEG PRESS



# FUNCTIONAL TRAINER



M3I TBT



M5I STRIDER



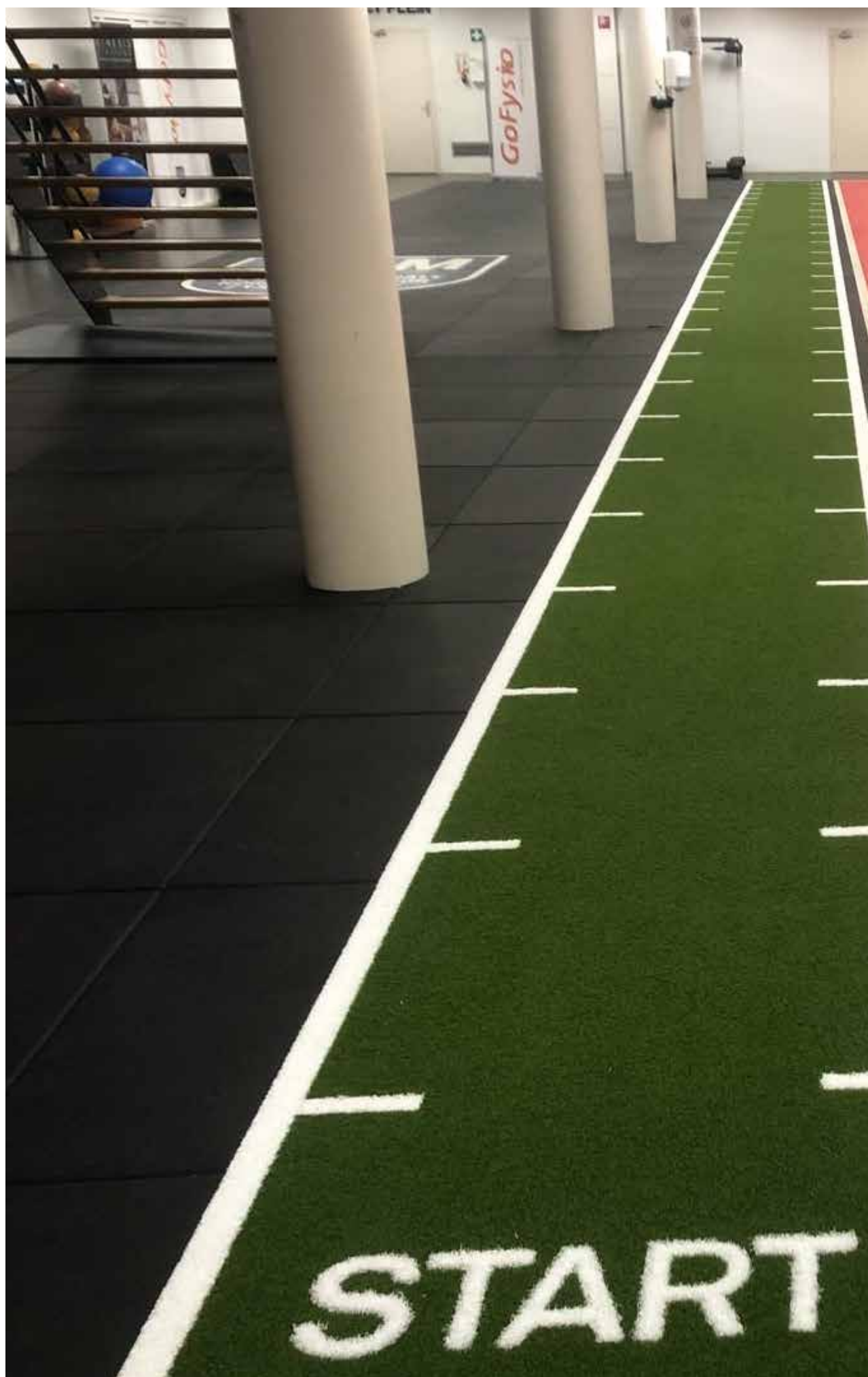
AIR300 RUNNER





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# FLOORING







# TURF





# 3 TYPES OF TURF

## SHOCKPAD UNDERLAY



**THICKNESS**  
5mm - 1-2cm



**ROLL**  
20m x 50m



**COLOR**  
White/gray color



**Glueing required**



Only for  
**INDOOR**

## 1 PLAY TURF



**THICKNESS**  
12mm



**ROLL**  
2m x 25m  
4m x 25m



**DTEX**  
9000

**COLOR**  
Combination of colors possible, no markings



**Glueing required**



**INDOOR and OUTDOOR**

## 2 CUSTOM IN-LAID TURF



**THICKNESS**  
12mm



**DIMENSIONS**  
Anything possible depending on design



**DTEX**  
6500

**COLOR**  
Combination of colors possible, basic markings



**Glueing required**



**INDOOR and OUTDOOR**

## 3 CUSTOM TUFTED TURF



**THICKNESS**  
12mm



**ROLL**  
width 1m - 4m  
length 1m - 30m  
Rolls can be combined for bigger surfaces



**DTEX**  
6500

**COLOR**  
Combination of colors, markings and logos possible



**Glueing recommended (on shockpad or floor)**



**INDOOR**

Possible colors:  
black, yellow, blue,  
white, red and  
green.



A sprint track is the eye-catcher of a gym. It provides a clear and recognizable identity for your business, while offering many training possibilities. A decent sprint track not only serves as a floor for running, but can also be used for “hands-down” exercises, mobility and stretching, decreasing the need for exercise mats.

# RUBBER



# 5 TYPES OF RUBBER

| 1 INTER-LOCKING                                                                                                                                                                                                                                                                            | 2 INTER-CONNECTING                                                                                                                                                                                                                                               | 3 STRAIGHT EDGE                                                                                                                                                                                                                                         | 4 RUBBER ON ROLL                                                                                                                                                                                                    | 5 OUTDOOR RUBBER                                                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                           |                                                                                                                                                                                 |                                                                                                                                                                        |                                                                                                                                   |                                                                                                                                                                                 |
|  <b>SIZE</b><br>100x100cm                                                                                                                                                                                 |  <b>SIZE</b><br>100x100cm (20mm)<br>100x50cm (30mm)                                                                                                                             |  <b>SIZE</b><br>100x100cm                                                                                                                                              |  <b>ROLL</b><br>120cmx2m                                                                                                          |  <b>SIZE</b><br>100x100cm                                                                                                                                                       |
|  <b>THICKNESS</b><br>- 10mm                                                                                                                                                                               |  <b>THICKNESS</b><br>- 20mm<br>- 30mm                                                                                                                                           |  <b>THICKNESS</b><br>See product page for details                                                                                                                      |  <b>THICKNESS</b><br>- 8mm<br>- 10mm                                                                                              |  <b>THICKNESS</b><br>- 30mm                                                                                                                                                     |
|  <b>COLOR</b> <ul style="list-style-type: none"> <li>• Base color Black SBR Rubber with 0-10-30% Fleck in EPDM color</li> <li>• Mixed EPDM color flecks possible</li> <li>• 'Jointless' look</li> </ul> |  <b>COLOR</b> <ul style="list-style-type: none"> <li>• Vulcanized rubber topcoating for easy cleaning</li> <li>• Multiple colors available</li> <li>• Beveled edge</li> </ul> |  <b>COLOR</b> <ul style="list-style-type: none"> <li>• See product page for details</li> <li>• High Density for easy cleaning</li> <li>• 'Jointless' look</li> </ul> |  <b>COLOR</b> <ul style="list-style-type: none"> <li>• Pure SBR Black or with EPDM Fleck</li> <li>• 'Jointless' look</li> </ul> |  <b>COLOR</b> <ul style="list-style-type: none"> <li>• Pure SBR</li> <li>• Beveled edge</li> <li>• Connector system</li> <li>• Black, green, sand, anthracite, red</li> </ul> |
|  <b>No glueing required</b>                                                                                                                                                                             |  <b>No glueing required</b>                                                                                                                                                   |  <b>Glueing recommended</b>                                                                                                                                          |  <b>Glueing required</b>                                                                                                        |  <b>No glueing required</b>                                                                                                                                                   |
|  <b>Only for INDOOR</b>                                                                                                                                                                                 |  <b>Only for INDOOR</b>                                                                                                                                                       |  <b>Only for INDOOR</b>                                                                                                                                              |  <b>Only for INDOOR</b>                                                                                                         |  <b>OUTDOOR</b>                                                                                                                                                               |
|  <b>Not fit for heavy lifting</b>                                                                                                                                                                       |  <b>Fit for heavy lifting</b>                                                                                                                                                 |  <b>Fit for heavy lifting depending on height</b>                                                                                                                    |  <b>Not fit for heavy lifting</b>                                                                                               |  <b>Fit for heavy lifting</b>                                                                                                                                                 |
|  <b>SHOCKPAD SUBLAYER possible</b>                                                                                                                                                                      |  <b>SHOCKPAD SUBLAYER possible</b>                                                                                                                                            |  <b>SHOCKPAD SUBLAYER possible</b>                                                                                                                                   |  <b>SHOCKPAD SUBLAYER not possible</b>                                                                                          |  <b>SHOCKPAD SUBLAYER not possible</b>                                                                                                                                        |

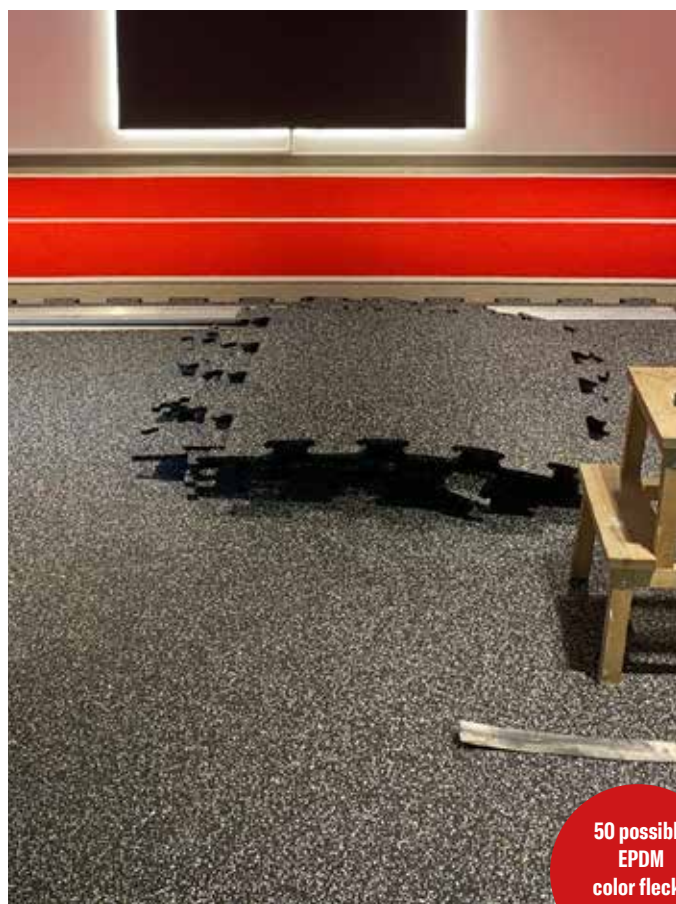
Tiles can be combined with 1cm or 2cm of SHOCKPAD SUBLAYER for extra shock absorption.



# 1 INTERLOCKING RUBBER TILES

The STRIDE Interlocking tile is an ideal rubber floor product for spaces where glueing is not allowed or possible. With a wide range of available thicknesses and color options, it's also one of our cheaper floor products.

With a base of recycled black SBR rubber, or add extra 10% or 30% EPDM color fleck. As with any rubber product, the price goes up when more color is required.



50 possible  
EPDM  
color flecks  
available

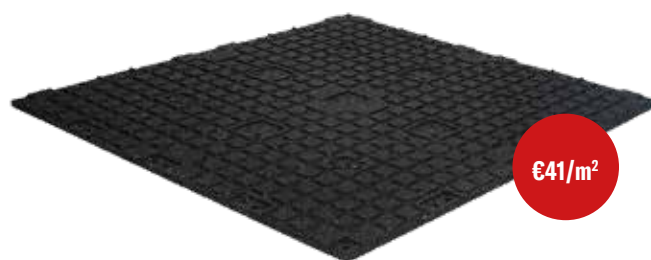


| Thickness | 100% Black SBR | Black SBR + 10% EPDM Fleck | Black SBR + 30% EPDM Fleck |
|-----------|----------------|----------------------------|----------------------------|
| 10mm      | €27,00         | € 34,00                    | € 39,0                     |

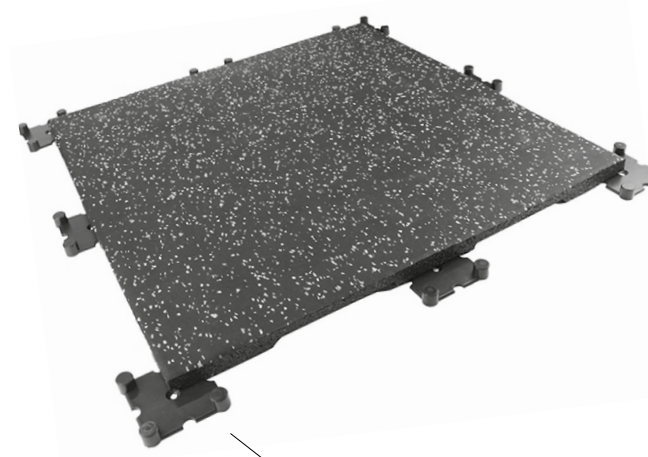
Prices depend on the amount of flecks and height.

# 2 INTERCONNECTING RUBBER TILES

The STRIDE Connector Tiles are without a doubt our most popular rubber flooring product. Their vulcanized top layer makes for a very strong, durable and especially easy to clean tile. Due to its patented backside impact design it absorbs more shock and vibration than a normal flat rubber tile. Therefore it's suited for weight lifting. For even more sound, shock and vibration absorption we can combine this tile with a sublayer of shockpad. Because this tile comes with a smart connector system, it doesn't need to be glued down. The connectors also prohibit joints to become wider after time as a result of intense usage and temperature differences. Besides that this connector system makes for an easy installation using a Stanley knife for cutting.



€41/m<sup>2</sup>



Connector makes sure tiles stick together without glue.

# 3 COLOR OPTIONS

## 1

### CONNECTOR TILE PURE BLACK

**Thickness:**  
20mm (100x100cm)  
30mm (100x50cm)

**Size:**  
100x100cm or 100x50cm

**Tolerance:**  
Length & width  $\pm 1.5\%$ ,  
Thickness  $\pm 2\text{mm}$

**Color:**  
Black base

**Density Toplayer:**  
1400kg/m<sup>3</sup>

**Density Sublayer:**  
1000kg/m<sup>3</sup>

**Shock absorbtion:** 61%

**Vertical deformation:**  
5.0mm

€41/m<sup>2</sup>



## 2

### CONNECTOR TILE 15%

**Thickness:**  
20mm

**Size:**  
100x100cm

**Tolerance:**  
Length & width  $\pm 1.5\%$ ,  
Thickness  $\pm 2\text{mm}$

**Color:**  
Black base with 15% light gray,  
dark gray, blue, green and  
red fleck

**Density Toplayer:**  
1400kg/m<sup>3</sup>

**Density Sublayer:**  
1000kg/m<sup>3</sup>

**Shock absorbtion:** 61%

**Vertical deformation:**  
5.0mm

€41/m<sup>2</sup>



## 3

### CONNECTOR STONE

**Thickness:**  
20mm

**Size:**  
100x100cm

**Tolerance:**  
Length & width  $\pm 1.5\%$ ,  
Thickness  $\pm 2\text{mm}$

**Color:**  
Black base with 70% Dark  
Gray fleck

**Density Toplayer:**  
1100kg/m<sup>3</sup>

**Density Sublayer:**  
1000kg/m<sup>3</sup>

**Shock absorbtion:** 61%

**Vertical deformation:**  
5.0mm

€43/m<sup>2</sup>



Light Stone

Dark Stone



# 3 STRAIGHT EDGE RUBBER TILES

Our Straight Edge Rubber tiles are ideal for clubs that are looking for a clean and tight looking floor. although they are not meant for heavy weight dropping, they are suited for heavy lifts. The goal here is to decrease the amount of visible obvious joints one has when laying tiles next to each other and get a "jointless" look. Due to the straight edge these tiles align

perfect with each other. That is, when the subfloor is nicely smooth and flattened out before putting down this type of tile. All subfloor irregularities will translate and be noticeable in the top floor! This tile has no connector system and preferably needs glueing for the best result.

## 1 Black Budget

**Thickness:**

 20mm (€28/m<sup>2</sup>)

 30mm (€38/m<sup>2</sup>)

**Size:**

100x100cm

**Tolerance:**

Length &amp; width ±1.5%,

Thickness ±2mm

**Color:**

Black SBR rubber

**Density Toplayer:**

 1000kg/m<sup>3</sup>
**Shock absorbtion:** 45%

**Vertical deformation:**

3.0mm

 €28/m<sup>2</sup>

 €38/m<sup>2</sup>


## 2 Extreme Black

The top layer is made from extremely fine rubber granules and therefore even easier to clean. The surface is less porous and gives a smoother look and feel.

**Thickness:**

 15mm (€37/m<sup>2</sup>)

 20mm (€39/m<sup>2</sup>)

 30mm (€46/m<sup>2</sup>)

**Size:**

100x100cm

**Tolerance:**

Length &amp; width ±1.5%, Thickness

±2mm

**Density Toplayer:**

 1400kg/m<sup>3</sup>
**Density Sublayer:**

 1000kg/m<sup>3</sup>
**Shock absorbtion:**

61%

**Vertical deformation:**

5.0mm

 €37/m<sup>2</sup>

 €39/m<sup>2</sup>

 €46/m<sup>2</sup>


## 3 Rubslice

Unparalleled quality and color options – from homogenous tones to any shade mix, giving the flooring an individual and unique character. This cover is made of new EPDM rubber granules, compressed into a very dense mat that provides high wear-resistance and easy floor care. These dense mats are perfect for the floor of a fitness center or multifunctional gym, adjusting their

thickness to the intended load up to 15 mm. The flooring is glued to the base and its design makes the floor look homogeneous and seamless by making the joints between the mats almost invisible. This product is a great alternative to rubber rolls as when laid out the mats don't tend to roll up, keeping a smooth surface without bumps for longer.

**Thickness:**

20mm

**Color:**

Vulcanized Black

**Shock absorbtion:**

61%

**Size:**

20x1000x1000mm

**Density Toplayer:**

 1400kg/m<sup>3</sup>
**Vertical deformation:**

5.0mm

**Tolerance:**

Length &amp; width ±1.5%,

Thickness ±2mm

**Density Sublayer:**

 1000kg/m<sup>3</sup>

€51-65

 /m<sup>2</sup>




## 4 RUBBER ON ROLLS

Rubber on roll can be interesting product if you have a big space to cover with flooring. It's ideal for functional training surfaces and as flooring for cardio zones. Important to take into account with this flooring product is that it always has to be glued down in order to avoid bumps and tears.

That being said, it's definitely the hardest rubber product to install. This because rolls weigh at least 80kg's and cutting them and putting them in place is certainly not the easiest thing to do. That's why we totally avoid this product in spaces with a lot of corners and/or columns. Even though this product is quite cheap on its own, having

to glue it down makes installation more intense and elevates the cost because of the extra expense of the glue that you have to take into account. Therefore we rarely advise clients on this product unless they have good installation skills.

### Rubber on rolls

**Thickness:**

8mm or 10mm

**Color:**

SBR full black or with color fleck

**Shock absorption:** 6mm

15,7%

8mm: 174%

10mm: 18,5%

12mm: 21%

**Size:**

120cm x 10m

**Density Toplayer:**

980kg/m<sup>3</sup>

**Tolerance:**

Length & width ±5%

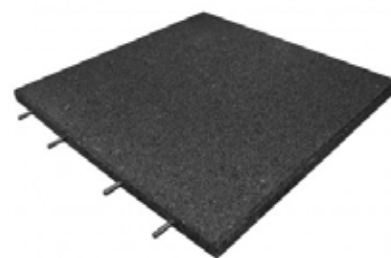


€32-38  
/m<sup>2</sup>

## 5 OUTDOOR RUBBER

The STRIDE Outdoor Rubber Tiles are ideal for outside training zones because they are water permeable. Available in 5 colors they will spice up your garden gym!

BLACK - GREEN - SAND - ANTHRACITE - RED



### Outdoor rubber

**Thickness:**

30 mm

**Color:**

SBR Base full black or with fleck or Full EPDM in any color

**Shock absorption:** 6mm

15,7%

8mm: 174%

10mm: 18,5%

12mm: 21%

**Size:**

1000x1000x30mm

**Density Toplayer:**

980kg/m<sup>3</sup>

**Tolerance:**

Length & width ±5%

No glue connector system



€28/m<sup>2</sup>

# LAMINATE



€26,99  
/m<sup>2</sup>

We only offer one color of Laminate which we tend to use for physio cabinets, group training spaces like yoga or Zumba and walking paths. The reason we only have this one is because it's a high quality one that just looks very nice and warm when it's put down.

Although the cost of Laminate per square meter is quite low, it's important to understand that it comes with a much higher installation cost. This because it takes a while to install it properly and requires custom measured plinths.

**Click low-noise Subfloor:**  
€6/m<sup>2</sup>

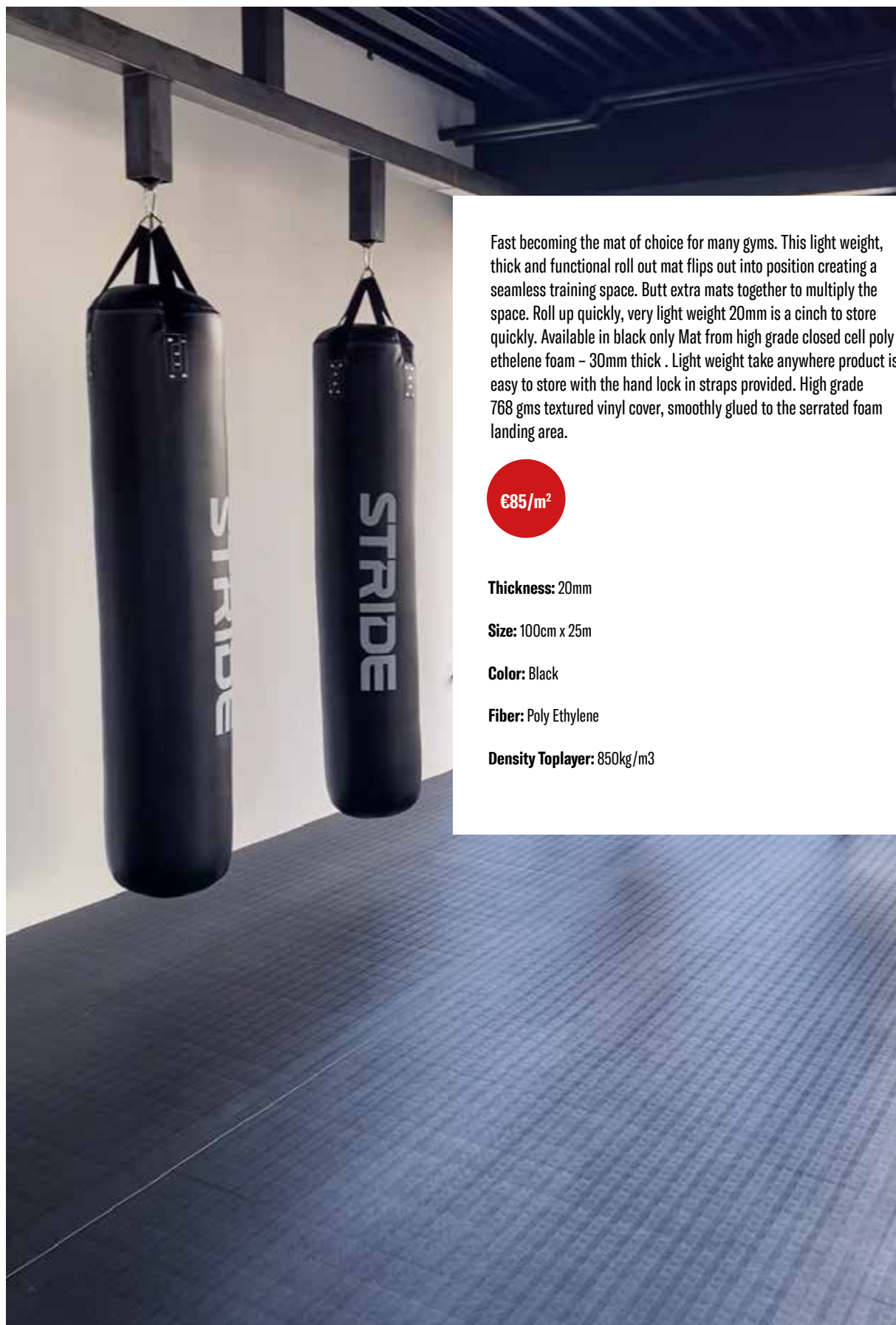
**Woodlook Laminate:**  
€26,99/m<sup>2</sup> (incl 10% waste)

**White Plinth:**  
€14,85/m



Resistance class 32  
for commercial use.

# BOXING & MMA FLOOR



Fast becoming the mat of choice for many gyms. This light weight, thick and functional roll out mat flips out into position creating a seamless training space. Butt extra mats together to multiply the space. Roll up quickly, very light weight 20mm is a cinch to store quickly. Available in black only Mat from high grade closed cell poly ethelene foam - 30mm thick . Light weight take anywhere product is easy to store with the hand lock in straps provided. High grade 768 gms textured vinyl cover, smoothly glued to the serrated foam landing area.

€85/m<sup>2</sup>

**Thickness:** 20mm

**Size:** 100cm x 25m

**Color:** Black

**Fiber:** Poly Ethylene

**Density Toplayer:** 850kg/m<sup>3</sup>



# LIQUID



# 1 LIQUID EPOXY

€80/m<sup>2</sup>

Epoxy is a very nice seamless floor which we can provide in any RAL Color. We use Epoxy mostly in hallways, toilets, waiting rooms and physic cabinets.

This because it's one of the easiest floors to clean and it has a very hygienic look and feel to it because it doesn't have joints like any other product above. It speaks for itself this product is not fit for training spaces as its would crack upon the impact of a kettlebell for example.

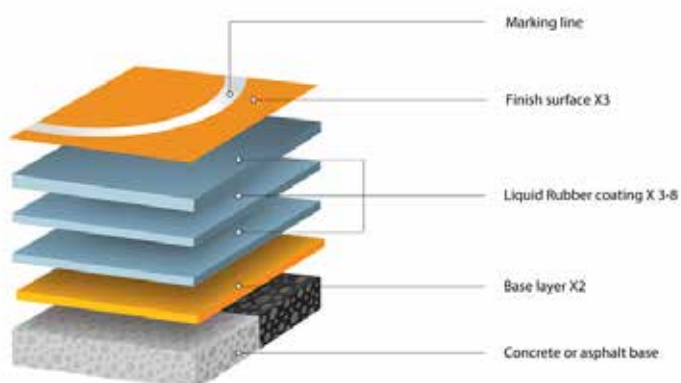
Combining colors to get a base color with fleck or combining two separate colors in one room are both possible with this product. However it's important to take into account Epoxy has the tendency to change color a bit in places with lots of sunlight. In order to make it less slippery we can add more sand to it to give it more grip. This might be interesting for football team hallways for example. As the proces to put down an Epoxy liquid floor is quit intensive and requires a lot of expertise it comes with a higher price. For Epoxy at least 3 layers have to be put down.



# 2 LIQUID PU

€125 /m<sup>2</sup>

In comparison to Epoxy liquid flooring, Liquid PU is perfect for indoor sports. This because it has an underlay subfloor of rubber on roll for optimal shock absorption. That is, absorption for bodyweight movement and functional training, not for weightlifting. Therefore it's ideal for all teamsport spaces and physic spaces. Just like Epoxy liquid flooring, liquid PU too is very easy in maintenance and it's available in all possible RAL colors with different levels of anti slip R-value (sand content). Because this floor needs a rubber subfloor and 5 layers of Poly Urethaan pulled on top of that, it comes with a high price per square meter.



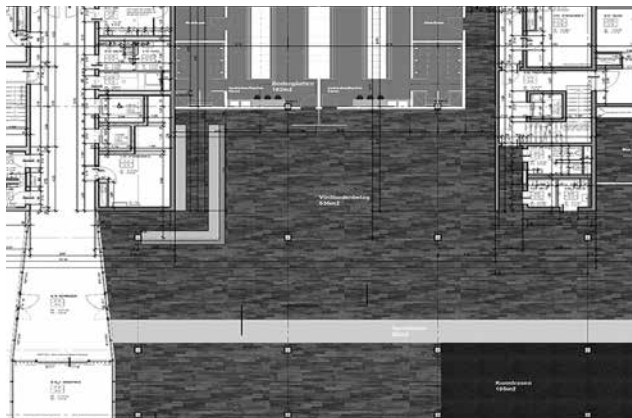


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GYM DESIGN

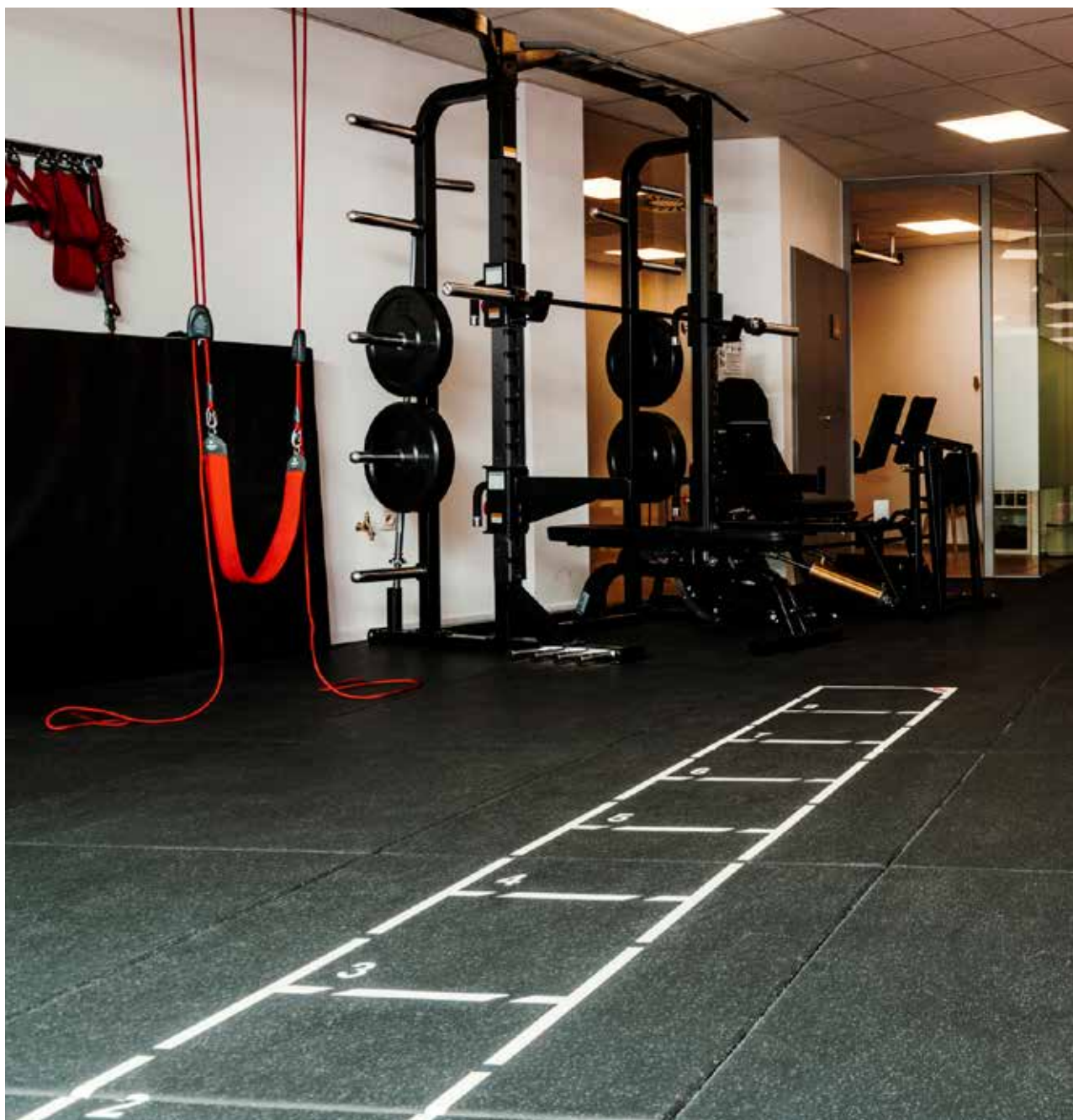
# The perfect design in only 3 steps

1.



## Consultation, measurement and advice

Tell us your ideas, dreams and demands. We measure your space, advise and calculate what's possible within your budget. Due to our experience, most of the time in this stage we also help you with business-specific questions.





## 2.

**Visualization and implementation strategy**

Our facility design experts make a 3D-visualization of your space and discuss with you how the delivery, building and implementation will go. In this stage we also fine-tune the budget and expectations.

## 3.

**Visualization and implementation strategy**

Our facility design experts make a 3D-visualization of your space and discuss with you how the delivery, building and implementation will go. In this stage we also fine-tune the budget and expectations.









# 3 WAYS TO BUILD YOUR GYM



**1** SELF  
INSTALL

**2** INSTALLATION  
CONSULTANT

**3** FULL  
OPTION



# 1

## 3 WAYS TO BUILD YOUR GYM

### SELF INSTALL

- Tell us what you need, we deliver accordingly, and you install everything exactly the way you want it.
- Use our manuals and instruction videos to help you with it.
- Optionally you we can add a basic flooring installation equipment kit so you have all the tools needed to get started.

#### KIT INCLUDES

-  Würth stanley knife
-  Spare knives
-  Cutting profile
-  Glue gun
-  Gloves











## 2

3 WAYS TO BUILD  
YOUR GYM

## INSTALLATION CONSULTANT

- We guide you through the process of designing your ultimate gym and deliver what is required to do so, but the installation is still in your hands.
- A project consultant comes over on the first day of installation with a van with all the tools needed to ensure a proper installation in the best conditions.
- The project consultation costs €600 excl. VAT, excl. the cost of transportation (€0,34/km).

### THIS EXISTS OF

- Pre-installation Q&A + guidelines
- 8h on site help by project consultant
- 1 day rent of all measuring and installation equipment (comes with project consultant)

# 3

3 WAYS TO BUILD  
YOUR GYM

## FULL OPTION

- We have full control over the installation so you can relax and watch your gym being built for you, all the way from rough idea to finishing touch.
- We take care of load-in and load-out, drilling, measuring, glueing, waste management, after-cleaning.
- Our offer comes with an estimated amount of installation hours which will be adjusted accordingly after the actual installation.









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PARTNERSHIP

# GYM VISUALS



We are a Belgian creative studio with more than 15 years of experience. We design strong visualizations and graphic identities exclusively for gyms, sports clubs and sporting events.

We are also responsible for all the artwork of STRIDE.

Are you thinking about rebranding or do you need a fresh

website? Together with STRIDE we can change your gym into the hottest club in town. Let's beat that competition.



**elevate**  
fitness

**liever**<sup>+</sup>  
fit.

**ECLIPSE**  
GYM

**SPORTI•FY**

**Switch**  
Gym®

**Gymini**  
fitness club

**STRIDE**

**CrossFit**  
**ENDGAME**









**LET'S THINK  
DIFFERENTLY  
ABOUT DESIGN.**



A large-scale construction project is shown at night. A massive black banner is suspended across the site, featuring the text 'STEP AHEAD.' in large, bold, white capital letters, and 'STRIDE' in smaller, bold, white capital letters below it. The background is filled with the complex metal scaffolding of a building under construction, illuminated by various construction lights. The scene conveys a sense of progress and forward movement.

**STEP AHEAD.**  
**STRIDE**





# WE DESIGN FUNCTIONAL TR



# I KICK-ASS TRAINING SPACES.

**STRIDE**  
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