

**KEISER CARDIO**

CARDIO MACHINES



**BORN BY POPULAR DEMAND**

# **M3i *lite*** **INDOOR BIKE**

Model 5502

**PUSHING THE LIMITS OF HUMAN PERFORMANCE**

At Keiser, we're constantly innovating to reach the next level of human performance. We're never satisfied with the status quo. Even if it's our status quo. Because... Strong can be stronger. Fast can be faster. Power can be more powerful. Because science is on our side. **Because... 'Good Enough' Isn't.**

**KEISER**

# KEISER CARDIO

**SIMPLICITY IS THE ULTIMATE SOPHISTICATION.** In 1996 Keiser set out to create a bike that would exceed the demands of Indoor Group Cycling Classes. The M3 Indoor Bike not only exceeded expectations, but changed Indoor Cycling Bikes forever by introducing many industry firsts including magnetic resistance, V-shaped frames and rear-flywheel design. All of our M Series Cardio Products are made to Keiser's exacting standards to give you the finest in quality, service and performance. In addition, Keiser Integrated Technology uses Bluetooth® connectivity to record and track progress using our M Series Apps.

## CARDIO MACHINES **M3i *lite*** **INDOOR BIKE**

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### POWERED BY TECHNOLOGY

The popularity of our Integrated Technology, introduced in our M3i Bike, drove us to offer it on one of our lower models. The M3i lite features everything you get in our M3 Bike, plus all the benefits of our Integrated Technology. Keiser's M3i lite and M3i Bikes are the only group cycling bikes on the market that can transmit to multiple Bluetooth® devices at once.

### PUSHING PAST INDUSTRY LIMITS KEISER M SERIES BIKE PEDAL

With our game-changing bike pedal, Keiser has again revolutionized indoor cycling down to the last detail. New pedal features include:

- Stronger bearings tested for static and dynamic loads
- Cage integrated into pedal design, not just added on
- Ramped barbs for secure and simple foot placement
- Curvature eliminating pressure points on the rider's foot

▶ Visit [keiser.com](https://www.keiser.com) to learn more.



## FEATURES

- V-shape frame to accommodate riders of all body shapes and sizes
- Rear-wheel design for protection from sweat and corrosion
- Revolutionary re-designed Keiser Bike Pedal
- Magnetic-resistance technology for greater repeatability and reduced wear
- Quiet, reliable and low-maintenance single-belt drive train
- Compact aluminum flywheel for lightweight portability
- Standard computer displaying power output in Watts
- Bluetooth wireless signal with open API for tablets and smartphones
- EN957-10 certification for power accuracy, safety and environmental friendliness
- Includes four-way adjustable seat, two-way adjustable handlebars, water bottle holder, and stretch pads
- Keiser education and certifications available

## SPECIFICATIONS

**HEIGHT:** 44" / 1118 mm

**DEPTH:** 51" / 1296 mm

**WIDTH:** 26" / 661 mm

**WEIGHT:** 87 lbs / 40 kg

**KEISER**® | BECAUSE...  
**'GOOD ENOUGH' ISN'T.™**

**CONTACT A SALES REP TODAY**

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# KEISER INTERACTIVE CYCLING

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## KEISER IS TAKING INDOOR CYCLING TO THE NEXT LEVEL

ENHANCE YOUR RIDE & INSTRUCTION WITH FTP TRAINING AND MORE FROM KEISER'S INDOOR CYCLING APPS AND GROUP CLASS SYSTEM



### M SERIES APP

With the free Keiser M Series app, indoor group cycling riders can easily track and log every detail of their rides on Keiser M3i bikes to see their progress.



### M SERIES GROUP APP

With the free Keiser M Series group app, indoor group cycling class instructors can ignite competition to inspire riders and keep them coming back for more.



### M SERIES INSTRUCTOR APP

Instructors can view all the Keiser M3i indoor bikes in a group cycling class in a single list, with options to sort and view live data.

## COMPATIBLE INDIVIDUAL CYCLING APPS



# INTRODUCING MULTI-APP COMPATIBILITY WITH THE M SERIES CONVERTER

Your indoor cycling workouts can now take on all new terrain. The M Series Converter with Bluetooth Smart wireless technology enables in-home riders to connect to the road virtually with cycling apps previously unavailable to indoor cycling bikes. Programming includes workout plans and road courses that mimic the intensity of outdoor riding.

The M Series Converter connects Keiser's M3i and M5i Bluetooth Smart technology into standard Power Profile data for use with apps designed for indoor trainers. This provides additional multi-level applications and exercise programs that mimic the feel and intensity of road cycling.



**COMPATIBLE**  
**CYCLING APPS**  
with the  
**M SERIES CONVERTER**

my  Training

 PELOTON

 ROUVY  
POWERED BY VIRTUALTRAINING

 THE SUFFERFEST

 ZWIFT

 Kinomap

 PAINCAVE

 FULGAZ

 TRAINERROAD

 RGT