

KEISER®

EXERCISE EQUIPMENT ENGINEERED
FOR ACTIVE AGING - AND ANY FACILITY

BETTER SCIENCE
FASTER RESULTS
SAFER RESISTANCE



Keiser strength and cardio machines are designed to help older adults safely build the everyday functional strength and endurance they need for greater independence and quality of life. And featuring small footprints as the industry's most versatile and portable solutions, they're built to be part of any facility.

By abandoning iron resistance in favor of pneumatic resistance, our line of strength and functional training equipment is gentle on joints and connective tissues, while enabling users to mimic real-world movement for daily activities. Our industry-leading cardio machines utilize magnetic resistance for smooth, low-impact workouts.

BETTER BENEFITS

WE'RE TRUSTED

Installed in more than 1,000 Senior Housing Facilities across North America, Keiser is widely used.

PROVEN

Used by everyone from pro athletes to rehab patients to Navy SEALs, Keiser equipment helps achieve better outcomes more quickly, efficiently and safely.

EASE OF USE

Keiser equipment is easier to use with simple controls, unique machines for each function and an easy step-in (not up) design.

SAFETY

Through a rigorous focus on biomechanical design combined with groundbreaking pneumatic- and magnetic-resistance technology, Keiser equipment works muscles without over-stressing joints or connective tissue, reducing the risk of injury.

BETTER BUILT

BACKED BY SCIENCE

Keiser engineers industrial-strength fitness machines around the human body. Our equipment is built to be used, delivering long-term functionality for both users and owners.

M7i
WHEELCHAIR-ACCESSIBLE
TOTAL BODY TRAINER



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