

KEISER STRENGTH



INFINITY SERIES

# PERFORMANCE TRAINER

**NOT JUST BETTER MACHINES,  
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

**KEISER®**  
BECAUSE...  
**'GOOD  
ENOUGH'  
ISN'T.™**

# FUNCTIONAL TRAINING

What's the key to Keiser's success with groups like firefighters, NASA, professional athletes and the military? It's an approach built on functional training, which lets them train at the speed they perform their jobs in the real world. True functional training requires training at speed - something you can ONLY do with our machines, as Keiser pneumatic resistance isn't slowed down by gravity.

## INFINITY SERIES

# PERFORMANCE TRAINER

### THE PERFORMANCE TRAINER IS A SINGLE COLUMN, HIGH-LOW PULLEY SYSTEM

It incorporates all the benefits of the Infinity Series. It is designed to be wall mounted or can be used as multiple units in our Infinity Series Six Pack configuration.

Many gyms mount the Performance Trainer units on walls and configure them into individual stations within cable training zones.

### KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

READ MORE:  
[WWW.KEISER.COM](http://WWW.KEISER.COM)



## FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth pneumatic resistance
- Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

## SPECIFICATIONS

HEIGHT  
87" / 2210 mm

WIDTH  
24" / 610 mm

LENGTH  
12" / 305 mm

WEIGHT  
120 lbs / 54 kg

RESISTANCE RANGE  
0 - 80 lbs / 0 - 36 kg

CABLE LENGTH  
108" / 2743 mm

**KEISER**® | BECAUSE...  
**'GOOD ENOUGH' ISN'T.™**

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