

# KEISER RACKS

# HALF RACK



## THE HALF RACK IS A SMALLER VERSION OF THE ORIGINAL POWER RACK

This unit incorporates the same exercises as the POWER Rack but has been designed for space conscious applications. Our Half Rack without Air is also available in these same specs.

## KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

READ MORE:  
[WWW.KEISER.COM](http://WWW.KEISER.COM)

## FEATURES

- Allows training at any speed, from controlled to explosive, for improved power
- Unique hybrid design combines pneumatic and free weight resistance to emphasize not only strength training but also speed and stability training
- All in one system to accomplish more in less space
- Customizable workouts for all users
- A rack to fit every need
- Dual displays to satisfy both user and trainer
- ADA compliant - Section 44 Disabled Access Tax Credit

## SPECIFICATIONS

### HEIGHT

108" / 2743 mm

### WEIGHT

640 lbs / 290 kg

### WIDTH

73" / 1854 mm

### RESISTANCE RANGE

0 - 212 lbs / 0 - 96 kg

### LENGTH

93" / 2362 mm

**CONTACT A SALES REP TODAY**

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**'GOOD ENOUGH' ISN'T.**