

AIR300

AIR300 LEG PRESS



THE COMBINATION OF UNILATERAL/BILATERAL MOVEMENT AND PNEUMATIC TECHNOLOGY MAKES THE AIR300 LEG PRESS A PERFECT FIT FOR DEVELOPING POWER

The fully adjustable seated position protects the lower back, keeping it stabilized and offering a better pre-stretch on the gluteus muscles. Easy entry and a greater range of motion are achieved through a moveable stop which holds the foot plates during entry and exit.

KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

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FEATURES

- Offers unilateral movement - each limb can be trained symmetrically
- Increased resistance range for more intense functional workouts
- Smooth pneumatic resistance
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions

SPECIFICATIONS

HEIGHT

47" / 1194 mm

WEIGHT

350 lbs / 159 kg

WIDTH

37" / 940 mm

RESISTANCE RANGE

0 - 1562 lbs /

0 - 709 kg

LENGTH

69" / 1753 mm

CONTACT A SALES REP TODAY

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KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™